

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female Overall Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	1	Kir Selert Faraud	35	719	1	17:17.9	5:35	1	17:44.3	5:43	35:02.2	5:39/M
2	2	Michelle Parks	38	612	2	17:33.8	5:40	2	17:51.9	5:46	35:25.7	5:43/M
3	3	Courtney Broussard	26	213	3	18:01.3	5:49	3	18:51.2	6:05	36:52.5	5:57/M

Female Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	5	Marina Smit	45	735	1	19:44.2	6:22	1	19:52.2	6:25	39:36.4	6:23/M

Female Grand Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	21	Ruth Ann Gannon	53	367	1	24:24.6	7:52	1	24:11.4	7:48	48:36.1	7:50/M

Female Senior Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	31	Tammy Romero	61	688	1	24:58.4	8:03	1	25:23.7	8:12	50:22.1	8:07/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 10 to 14

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	13	Abby Kate Mendoza	14	559	1	22:41.9	7:19	1	24:42.2	7:58	47:24.2	7:39/M
2 *	46	Amelia Nealy	12	590	3	27:23.9	8:50	2	26:26.4	8:32	53:50.4	8:41/M
3 *	48	Isabella Breaux	12	202	2	27:17.9	8:48	3	26:36.7	8:35	53:54.6	8:42/M
4	106	Neva Garber	13	371	4	29:10.8	9:25	4	30:50.0	9:57	1:00:00.8	9:41/M
5	203	Zoe Vanclave	13	792	5	32:57.5	10:38	5	36:29.9	11:46	1:09:27.4	11:12/M
6	262	Gabrielle St Andre	11	753	6	36:16.0	11:42	6	43:47.1	14:07	1:20:03.1	12:55/M
7	270	Eloise Boagni	11	849	7	36:20.3	11:43	7	44:31.9	14:22	1:20:52.3	13:03/M

Female 15 to 19

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	26	Addie Aucoin	15	128	1	25:26.5	8:12	1	24:09.3	7:48	49:35.9	8:00/M
2 *	58	Isabella Hailey	18	420	2	27:17.7	8:48	2	27:29.4	8:52	54:47.1	8:50/M
3 *	68	Julia Sheridan	17	722	4	28:08.0	9:05	3	28:24.3	9:10	56:32.3	9:07/M
4	70	Teresa Cudihy	18	285	3	28:07.4	9:04	4	28:25.3	9:10	56:32.8	9:07/M
5	113	Emilia Cudihy	15	283	6	29:43.4	9:35	6	30:52.5	9:58	1:00:35.9	9:46/M
6	114	Mary Grace Chopin	17	259	7	29:48.2	9:37	5	30:48.2	9:56	1:00:36.4	9:47/M
7	128	Adeline Nealy	15	589	5	28:18.2	9:08	7	33:14.0	10:43	1:01:32.3	9:56/M
8	202	Katelyn Morvant	19	580	8	32:30.6	10:29	9	36:50.9	11:53	1:09:21.6	11:11/M
9	222	Lana Venable	19	793	9	36:21.2	11:44	8	35:26.6	11:26	1:11:47.8	11:35/M
10	250	Morgan Perry	17	623	10	38:11.3	12:19	10	39:00.6	12:35	1:17:12.0	12:27/M

Female 20 to 24

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	42	Emily Faulk	24	341	1	26:40.3	8:36	1	26:40.5	8:36	53:20.8	8:36/M
2 *	90	Madison Breaux	20	205	2	28:01.7	9:03	4	30:20.0	9:47	58:21.8	9:25/M
3 *	97	Mackenzie Lee	24	511	5	30:35.6	9:52	2	28:27.1	9:11	59:02.8	9:31/M
4	103	Gabrielle Fortier	24	355	3	30:26.0	9:49	3	29:16.0	9:26	59:42.0	9:38/M
5	136	Hailey Daigle	22	287	4	30:29.3	9:50	5	31:39.1	10:13	1:02:08.4	10:01/M
6	158	Alyssa Romero	24	685	6	31:19.6	10:06	6	32:58.7	10:38	1:04:18.3	10:22/M
7	191	Maci Quebedeaux	24	641	7	32:52.3	10:36	7	34:47.5	11:13	1:07:39.8	10:55/M
8	224	Jolie Hubbell	20	445	10	36:28.8	11:46	8	35:31.7	11:28	1:12:00.5	11:37/M
9	245	Abbey Broussard	23	208	8	36:21.6	11:44	9	39:09.7	12:38	1:15:31.4	12:11/M
10	264	Nicole Parker	21	611	11	38:17.1	12:21	10	42:14.6	13:38	1:20:31.7	12:59/M
11	302	Emily Hoskins	22	441	12	51:53.9	16:45	11	48:14.5	15:34	1:40:08.5	16:09/M

*Overall place within gender

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2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 25 to 29

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	4	Hannah Bourque	25	188	1	18:15.4	5:53	1	20:29.1	6:37	38:44.6	6:15/M
2 *	15	Macy Miller	27	566	2	23:50.1	7:41	2	23:44.9	7:40	47:35.1	7:41/M
3 *	27	Kristen Crowley	27	282	3	25:10.9	8:07	3	24:26.1	7:53	49:37.1	8:00/M
4	72	Kate Faulk	28	343	4	29:12.3	9:25	4	27:45.2	8:57	56:57.5	9:11/M
5	91	Kalyn Stephen	25	759	5	29:22.1	9:28	5	28:59.7	9:21	58:21.8	9:25/M
6	99	Chelsea Thibodeaux	28	771	7	29:34.1	9:32	8	29:40.1	9:34	59:14.2	9:33/M
7	104	Marcela Flores	28	350	8	30:07.2	9:43	7	29:36.9	9:33	59:44.1	9:38/M
8	107	Kali Darby	27	288	6	29:32.4	9:32	12	30:34.5	9:52	1:00:07.0	9:42/M
9	111	Kaliee Lyons	26	536	9	30:31.6	9:51	9	29:48.4	9:37	1:00:20.0	9:44/M
10	117	Aidan Foreman	26	354	10	30:32.7	9:51	11	30:15.4	9:46	1:00:48.1	9:48/M
11	118	Lashay Antoine	29	117	11	30:36.8	9:53	10	30:12.0	9:45	1:00:48.9	9:49/M
12	134	Adel Broussard	27	209	14	32:29.5	10:29	6	29:28.4	9:30	1:01:58.0	10:00/M
13	142	Anne Breaux	26	200	12	32:14.1	10:24	13	30:47.9	9:56	1:03:02.0	10:10/M
14	151	Reygan Jagneaux	25	458	16	32:55.2	10:37	14	30:56.2	9:59	1:03:51.5	10:18/M
15	173	Chassidy Menard	27	556	15	32:30.0	10:29	15	33:06.5	10:41	1:05:36.5	10:35/M
16	177	Bethany Lejeune	25	516	13	32:20.8	10:26	17	33:33.3	10:49	1:05:54.2	10:38/M
17	189	Emily Musso	29	583	18	34:03.8	10:59	16	33:32.1	10:49	1:07:35.9	10:54/M
18	201	Adriana Mijares	25	565	19	34:32.9	11:09	19	34:42.8	11:12	1:09:15.7	11:10/M
19	208	Alexandra Leonards	29	525	22	35:32.4	11:28	18	34:22.5	11:05	1:09:54.9	11:17/M
20	211	Megan Duhon	28	321	20	35:08.3	11:20	20	35:18.7	11:23	1:10:27.0	11:22/M
21	223	Amanda Martin	27	542	23	35:40.8	11:31	21	36:07.5	11:39	1:11:48.4	11:35/M
22	230	Aimee Judice	29	464	24	35:51.6	11:34	23	37:09.0	11:59	1:13:00.7	11:47/M
23	240	Tori Willis	29	826	25	36:52.4	11:54	24	38:03.1	12:16	1:14:55.5	12:05/M
24	242	Mia Redd	28	652	21	35:10.5	11:21	26	40:12.1	12:58	1:15:22.6	12:09/M
25	243	Nicole Quebodeaux	27	1000	26	39:04.5	12:36	22	36:21.3	11:44	1:15:25.9	12:10/M
26	298	Dominique George	25	387	28	54:00.1	17:25	25	38:16.8	12:21	1:32:16.9	14:53/M
27	304	Destiny Thompson	29	775	27	48:46.1	15:44	27	52:44.3	17:01	1:41:30.4	16:22/M

Female 30 to 34

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	12	Leah Nickel	32	596	1	23:15.9	7:30	2	23:43.9	7:39	46:59.8	7:35/M
2 *	14	Melinda Martinez	32	545	3	23:26.7	7:34	3	24:00.8	7:45	47:27.5	7:39/M
3 *	17	Skylar Richard	31	668	2	23:26.3	7:34	4	24:11.6	7:48	47:38.0	7:41/M
4	20	Sara Diliberto	33	308	6	25:00.3	8:04	1	23:23.8	7:33	48:24.1	7:48/M
5	22	Mary Catherine Burch	30	230	4	24:28.8	7:54	6	24:28.4	7:54	48:57.2	7:54/M
6	29	Emma Granger	34	399	7	25:31.8	8:14	5	24:12.0	7:48	49:43.9	8:01/M
7	30	Kayla Simon	34	725	5	24:51.5	8:01	7	24:54.4	8:02	49:45.9	8:02/M
8	43	Leigh Deshotels	30	301	8	27:07.0	8:45	8	26:14.4	8:28	53:21.5	8:36/M

*Overall place within gender

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2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
9	59	Randi Duhon	31	323	10	27:28.7	8:52	9	27:35.8	8:54	55:04.6	8:53/M
10	63	Victoria Simoneaux	33	731	11	27:55.9	9:01	10	27:40.3	8:56	55:36.3	8:58/M
11	64	Brooke Krause	33	474	9	27:12.6	8:47	14	28:27.3	9:11	55:40.0	8:59/M
12	67	Elea Doughty	32	313	12	28:07.1	9:04	12	28:03.5	9:03	56:10.6	9:04/M
13	69	Michelle Wolf	34	829	15	28:38.0	9:14	11	27:54.7	9:00	56:32.7	9:07/M
14	73	Lauren Duhon	34	319	14	28:34.8	9:13	13	28:26.2	9:10	57:01.0	9:12/M
15	78	Bailey Billeaudeau	32	156	13	28:18.7	9:08	16	29:02.1	9:22	57:20.8	9:15/M
16	108	Simone Ancelet	33	109	16	29:26.1	9:30	17	30:44.6	9:55	1:00:10.8	9:42/M
17	110	Sally D'Avy	32	286	21	31:18.0	10:06	15	29:01.8	9:22	1:00:19.8	9:44/M
18	132	Rosemary Guidry	32	411	18	30:31.6	9:51	18	31:20.0	10:06	1:01:51.7	9:59/M
19	145	Danielle Cobb	34	262	17	29:47.9	9:37	23	33:27.9	10:48	1:03:15.8	10:12/M
20	146	Morgan Deshotels	33	302	19	30:55.3	9:59	22	32:21.4	10:26	1:03:16.8	10:12/M
21	149	Tiffany Burns	34	232	22	31:42.2	10:14	19	31:46.2	10:15	1:03:28.4	10:14/M
22	165	Marci Saboe	31	696	26	32:51.7	10:36	20	31:48.1	10:16	1:04:39.9	10:26/M
23	169	Emily Stratton	30	760	25	32:50.5	10:36	21	31:55.0	10:18	1:04:45.5	10:27/M
24	175	Natalie Menard	32	557	23	31:43.8	10:14	25	34:03.2	10:59	1:05:47.0	10:37/M
25	181	Kali Picard	34	627	24	32:33.7	10:30	24	33:39.4	10:51	1:06:13.2	10:41/M
26	192	Sadie Hulin	32	449	27	33:19.6	10:45	26	34:27.4	11:07	1:07:47.0	10:56/M
27	194	Katie Linkhart	31	531	28	33:25.3	10:47	27	34:28.7	11:07	1:07:54.0	10:57/M
28	206	Katie Guinn	34	416	29	33:54.5	10:56	29	35:51.3	11:34	1:09:45.8	11:15/M
29	210	Cherise Lejeune	34	517	30	33:57.2	10:57	30	36:05.5	11:39	1:10:02.7	11:18/M
30	216	Gretchen Leger	31	514	31	36:33.1	11:47	28	34:49.4	11:14	1:11:22.5	11:31/M
31	249	Kerri Babin	34	133	32	38:04.5	12:17	31	38:57.8	12:34	1:17:02.3	12:26/M
32	261	Kristen Sonnier	33	745	33	38:34.6	12:27	32	41:11.9	13:17	1:19:46.6	12:52/M
33	267	Alex Patterson	34	614	20	31:06.5	10:02	40	49:31.0	15:58	1:20:37.5	13:00/M
34	277	April Jackson	33	456	34	39:25.8	12:43	37	43:44.0	14:06	1:23:09.9	13:25/M
35	281	Kelly Karam	31	466	36	41:48.7	13:29	34	42:02.3	13:34	1:23:51.0	13:31/M
36	282	Merritt Longman	30	532	35	41:47.4	13:29	36	42:03.8	13:34	1:23:51.2	13:31/M
37	283	Brittney Kaiser	30	465	38	41:51.5	13:30	33	41:59.6	13:33	1:23:51.2	13:31/M
38	284	Paige Frederick	31	357	37	41:48.9	13:29	35	42:02.5	13:34	1:23:51.5	13:32/M
39	297	Ashley Olivier	30	601	39	44:59.8	14:31	38	45:53.7	14:48	1:30:53.6	14:40/M
40	299	Myra Primeaux	34	636	40	45:00.6	14:31	39	47:48.5	15:25	1:32:49.2	14:58/M

Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	7	Ashley Gatte	36	377	1	21:01.0	6:47	1	20:34.2	6:38	41:35.3	6:42/M
2 *	11	Allison Hatfield	39	442	2	23:00.9	7:25	2	23:43.2	7:39	46:44.1	7:32/M
3 *	18	Jennifer Blanchard	35	158	4	23:55.9	7:43	3	24:00.1	7:45	47:56.0	7:44/M

*Overall place within gender

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
4	19	Elizabeth Blum	37	162	3	23:35.9	7:37	5	24:30.8	7:54	48:06.7	7:46/M
5	25	Laina Simon	38	726	5	25:07.5	8:06	4	24:22.6	7:52	49:30.2	7:59/M
6	38	Kara Farmer-Primeaux	39	335	7	26:58.6	8:42	7	25:49.5	8:20	52:48.1	8:31/M
7	40	Sophie Guidry	35	412	12	27:35.8	8:54	6	25:35.6	8:15	53:11.4	8:35/M
8	41	Brittany Ramirez	36	646	9	27:11.7	8:46	8	26:08.7	8:26	53:20.5	8:36/M
9	45	Mandy Leblanc	39	994	10	27:35.2	8:54	9	26:13.1	8:27	53:48.4	8:41/M
10	51	Lindsey Falgout	35	333	8	27:10.9	8:46	10	26:49.3	8:39	54:00.2	8:43/M
11	52	Ciji Garcia	36	374	6	26:47.9	8:39	11	27:13.9	8:47	54:01.8	8:43/M
12	60	Monique Babineaux	36	134	11	27:35.6	8:54	12	27:40.7	8:56	55:16.4	8:55/M
13	83	Nicole Aucoin	38	129	13	28:00.1	9:02	19	29:56.0	9:39	57:56.2	9:21/M
14	88	Megan Rabeaux	35	645	15	29:28.0	9:30	14	28:51.5	9:19	58:19.5	9:24/M
15	89	Betsy Guidry	36	404	14	28:29.3	9:11	18	29:50.9	9:38	58:20.2	9:25/M
16	95	Kim Duplechien	36	326	16	29:32.4	9:32	15	29:10.3	9:25	58:42.7	9:28/M
17	96	Catherine Boudreaux	37	175	20	30:18.0	9:46	13	28:30.5	9:12	58:48.5	9:29/M
18	102	Katie Rogers	39	680	18	30:13.4	9:45	17	29:27.1	9:30	59:40.5	9:38/M
19	121	Missy Leonard	39	523	19	30:16.3	9:46	22	30:38.0	9:53	1:00:54.3	9:49/M
20	123	Kristina Siracusa	38	732	22	31:07.8	10:03	20	30:08.1	9:43	1:01:16.0	9:53/M
21	127	Sandra Duhon	39	324	26	32:04.7	10:21	16	29:23.2	9:29	1:01:28.0	9:55/M
22	139	Emily Broussard	38	214	25	32:03.9	10:21	21	30:20.0	9:47	1:02:24.0	10:04/M
23	141	Monique Brunet	39	225	17	30:06.1	9:43	26	32:41.5	10:33	1:02:47.7	10:08/M
24	143	Brittany Fruge	38	360	23	31:32.0	10:10	23	31:35.2	10:11	1:03:07.3	10:11/M
25	156	Samantha Smith	37	739	28	32:16.9	10:25	24	31:54.2	10:17	1:04:11.1	10:21/M
26	160	Kathryn Cormier	36	267	21	30:41.2	9:54	29	33:42.7	10:52	1:04:23.9	10:23/M
27	162	De Newman	39	593	27	32:10.6	10:23	25	32:21.0	10:26	1:04:31.6	10:24/M
28	170	Traci Pecot	39	618	24	31:40.7	10:13	27	33:23.0	10:46	1:05:03.7	10:30/M
29	178	Pharabie Comeaux	38	264	29	32:21.1	10:26	28	33:33.5	10:50	1:05:54.6	10:38/M
30	195	Danielle Webster	37	821	30	32:39.9	10:32	33	35:26.5	11:26	1:08:06.5	10:59/M
31	196	Kaylee Mahoney	35	540	31	32:40.8	10:33	32	35:26.5	11:26	1:08:07.3	10:59/M
32	198	Rebecca Lee	38	513	33	33:24.7	10:47	31	35:02.8	11:18	1:08:27.6	11:03/M
33	205	Leigh Ann Ripka	35	670	37	35:20.6	11:24	30	34:23.9	11:06	1:09:44.6	11:15/M
34	209	Ashleigh Landry	38	482	32	32:46.3	10:34	37	37:15.9	12:01	1:10:02.3	11:18/M
35	217	Casey Giglio	35	388	38	35:29.7	11:27	34	36:02.3	11:38	1:11:32.1	11:32/M
36	219	Betty Boudreau	38	171	36	35:12.6	11:21	35	36:31.7	11:47	1:11:44.3	11:34/M
37	221	Kandice Guidry	36	409	35	35:03.5	11:19	36	36:43.8	11:51	1:11:47.4	11:35/M
38	233	Tana Walker	36	814	34	34:41.5	11:11	38	38:51.3	12:32	1:13:32.9	11:52/M
39	258	Mia Fontenot	37	353	39	38:35.1	12:27	39	39:41.0	12:48	1:18:16.1	12:37/M
40	303	Stephanie Gaudet	38	378	40	48:43.6	15:43	41	52:45.4	17:01	1:41:29.0	16:22/M
41	305	Dana St Julien	38	858	41	50:50.1	16:24	40	51:55.4	16:45	1:42:45.6	16:34/M

*Overall place within gender

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

Race Date
November 12, 2022

10K Participants

Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	6	Jess Morrow	40	578	1	20:53.5	6:44	1	20:28.0	6:36	41:21.5	6:40/M
2 *	8	Rhonda Branch	44	195	2	22:48.8	7:22	2	22:19.1	7:12	45:08.0	7:17/M
3 *	9	Britni Hebert	40	425	5	23:57.8	7:44	3	22:42.8	7:20	46:40.7	7:32/M
4	10	Jandy Tyl	40	785	3	23:02.8	7:26	4	23:37.9	7:37	46:40.8	7:32/M
5	16	Abbie Paradee	42	609	4	23:31.7	7:35	5	24:05.6	7:46	47:37.3	7:41/M
6	23	Meribeth Huizinga	43	448	7	25:02.6	8:05	7	24:24.1	7:52	49:26.7	7:59/M
7	28	Courtney Laser	44	496	10	25:18.6	8:10	6	24:21.2	7:51	49:39.8	8:01/M
8	32	Dolly Calais	44	235	8	25:14.0	8:08	8	25:23.3	8:11	50:37.3	8:10/M
9	33	Trisha Ancelet	41	111	9	25:18.5	8:10	9	25:28.4	8:13	50:47.0	8:11/M
10	34	Crystal Bernard	40	152	6	25:01.1	8:04	11	25:52.7	8:21	50:53.8	8:13/M
11	35	Andrea Rantz	43	649	11	25:48.9	8:20	10	25:47.1	8:19	51:36.0	8:19/M
12	44	Kristie Benoit	42	148	12	26:23.4	8:31	15	27:11.2	8:46	53:34.6	8:38/M
13	47	Cassie Goldsboro	41	394	14	26:30.6	8:33	18	27:22.8	8:50	53:53.5	8:42/M
14	49	Jessica Mayon	42	548	21	27:49.3	8:58	12	26:06.1	8:25	53:55.4	8:42/M
15	53	Alison Moores	43	575	18	27:26.7	8:51	13	26:37.1	8:35	54:03.9	8:43/M
16	54	Tabitha Schwarz	44	714	15	26:55.0	8:41	17	27:21.3	8:49	54:16.4	8:45/M
17	55	Stacie Guidry	42	413	20	27:43.3	8:57	14	26:48.2	8:39	54:31.5	8:48/M
18	57	Jill Andrew	40	114	17	27:26.6	8:51	16	27:18.0	8:48	54:44.6	8:50/M
19	61	Emily Normand	44	597	13	26:28.8	8:33	26	28:47.6	9:17	55:16.5	8:55/M
20	65	Mariani Wallace	41	815	19	27:39.6	8:55	20	28:04.5	9:03	55:44.1	8:59/M
21	71	Jillian Jones	44	463	27	29:09.1	9:24	19	27:46.2	8:58	56:55.4	9:11/M
22	74	Wendy Schmit	43	710	16	27:20.8	8:49	33	29:43.7	9:35	57:04.5	9:12/M
23	75	Cassie Bidstrup	43	154	26	28:58.2	9:21	21	28:09.4	9:05	57:07.6	9:13/M
24	77	Adrienne Richard	43	662	24	28:43.9	9:16	22	28:27.8	9:11	57:11.7	9:14/M
25	79	Jamie Guzzardo	41	418	23	28:22.9	9:09	28	29:03.9	9:23	57:26.9	9:16/M
26	81	Laurie Bellard	44	143	22	28:10.6	9:05	31	29:31.4	9:31	57:42.0	9:18/M
27	85	Sarah Gauthier	40	381	29	29:18.1	9:27	25	28:42.0	9:16	58:00.1	9:21/M
28	86	Katherine Roy	41	690	25	28:44.9	9:16	30	29:17.8	9:27	58:02.7	9:22/M
29	87	Ashley Latiolais	43	498	30	29:27.5	9:30	23	28:39.2	9:15	58:06.7	9:22/M
30	92	Maggie Broussard	42	217	31	29:32.2	9:32	27	28:52.7	9:19	58:25.0	9:25/M
31	94	Haley Norris	42	598	33	30:00.3	9:41	24	28:39.4	9:15	58:39.8	9:28/M
32	100	Pamela Beckwith	40	141	35	30:04.8	9:42	29	29:11.1	9:25	59:15.9	9:34/M
33	105	Tonya McKnight	42	553	34	30:03.4	9:42	32	29:41.1	9:35	59:44.5	9:38/M
34	112	Margaret Chastant	40	253	28	29:13.4	9:26	36	31:07.9	10:03	1:00:21.3	9:44/M
35	122	Christie Maloyed	40	541	36	30:16.9	9:46	35	30:39.6	9:53	1:00:56.6	9:50/M
36	125	Latisha Gentry	41	386	37	30:54.8	9:58	34	30:28.9	9:50	1:01:23.7	9:54/M
37	135	Emily Schwanz	41	847	32	29:32.5	9:32	42	32:35.8	10:31	1:02:08.4	10:01/M
38	140	Claire Guidry	42	406	39	31:21.9	10:07	37	31:10.1	10:03	1:02:32.1	10:05/M
39	144	Heather White	43	823	41	31:56.6	10:18	38	31:17.2	10:06	1:03:13.9	10:12/M
40	150	Alisha Bourque	40	187	38	31:00.4	10:00	43	32:39.2	10:32	1:03:39.7	10:16/M
41	155	Farrah Trim	41	782	40	31:43.3	10:14	40	32:24.5	10:27	1:04:07.9	10:21/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	159	Kally Viator	41	797	43	32:05.3	10:21	39	32:18.5	10:25	1:04:23.8	10:23/M
43	163	April Broussard	41	211	44	32:06.1	10:21	41	32:28.9	10:29	1:04:35.0	10:25/M
44	179	Celeste White	44	822	45	32:52.7	10:36	45	33:09.6	10:42	1:06:02.3	10:39/M
45	184	Jenefer Gentry	40	385	42	32:01.5	10:20	48	34:29.1	11:07	1:06:30.7	10:44/M
46	186	Aimee Billeaud	40	837	46	32:58.2	10:38	46	33:46.2	10:54	1:06:44.5	10:46/M
47	187	Laura White	42	824	50	34:03.8	10:59	44	32:47.4	10:35	1:06:51.2	10:47/M
48	190	Brittany Emerson	40	330	48	33:43.2	10:53	47	33:54.9	10:56	1:07:38.2	10:55/M
49	204	Bridget Temple	44	767	49	33:47.0	10:54	50	35:56.5	11:36	1:09:43.5	11:15/M
50	212	Tracey Lassere	43	497	47	33:27.1	10:47	53	37:12.8	12:00	1:10:39.9	11:24/M
51	215	Corinne Hester	43	435	51	34:30.1	11:08	51	36:38.0	11:49	1:11:08.2	11:28/M
52	220	Iyabo Segun	41	717	52	35:04.1	11:19	52	36:41.0	11:50	1:11:45.2	11:34/M
53	227	Andrea Ledee	40	510	54	36:22.3	11:44	49	35:52.6	11:34	1:12:14.9	11:39/M
54	234	Samantha Richard	40	667	55	36:25.2	11:45	54	37:32.1	12:06	1:13:57.3	11:56/M
55	237	Lucy Howell	41	444	53	36:22.0	11:44	56	38:06.1	12:17	1:14:28.1	12:01/M
56	238	Sammi Hawkins	43	424	56	36:26.3	11:45	55	38:02.6	12:16	1:14:28.9	12:01/M
57	253	Sharon Oyao	43	608	57	37:15.6	12:01	58	40:25.9	13:03	1:17:41.5	12:32/M
58	256	Tedra Kimble	44	471	58	39:03.8	12:36	57	38:56.6	12:34	1:18:00.4	12:35/M
59	263	Katie Geiger	43	384	60	39:42.1	12:48	59	40:44.9	13:09	1:20:27.0	12:59/M
60	266	Nicole St Andre	42	754	61	39:46.9	12:50	60	40:47.1	13:09	1:20:34.1	13:00/M
61	273	Emily Nealy	41	591	59	39:05.1	12:37	63	42:38.5	13:45	1:21:43.7	13:11/M
62	274	Katie Peatross	41	616	62	40:06.9	12:56	62	42:05.6	13:35	1:22:12.5	13:16/M
63	280	Katie Lightfoot	42	529	63	41:54.0	13:31	61	41:32.6	13:24	1:23:26.6	13:28/M

Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	39	Michelle Reed	47	658	1	26:14.8	8:28	1	26:37.9	8:35	52:52.8	8:32/M
2 *	56	Dana Robinson	48	675	2	26:54.0	8:41	3	27:41.6	8:56	54:35.6	8:48/M
3 *	66	Billie Bruchhaus	45	224	3	28:16.1	9:07	2	27:37.1	8:55	55:53.2	9:01/M
4	84	Jennifer Ivanoff	47	455	5	29:25.6	9:30	4	28:34.2	9:13	57:59.8	9:21/M
5	93	Kristi Garber	45	369	4	28:42.6	9:16	6	29:54.0	9:39	58:36.6	9:27/M
6	109	Mandy Leblanc	48	509	7	30:02.2	9:41	8	30:15.9	9:46	1:00:18.1	9:44/M
7	119	Sandra Lejeune	45	519	8	30:35.7	9:52	7	30:14.8	9:45	1:00:50.5	9:49/M
8	124	Tiffany Nichols	48	595	12	31:44.7	10:14	5	29:33.3	9:32	1:01:18.1	9:53/M
9	131	Geri Futch	47	366	10	31:11.8	10:04	9	30:37.0	9:53	1:01:48.8	9:58/M
10	133	Mandy Martin	46	544	6	29:59.8	9:41	12	31:56.5	10:18	1:01:56.3	9:59/M
11	137	Ann Broussard	49	210	9	30:37.6	9:53	10	31:35.6	10:12	1:02:13.2	10:02/M
12	147	Camille Renard	49	661	11	31:43.2	10:14	11	31:43.3	10:14	1:03:26.5	10:14/M
13	157	Sarah Dupont	45	327	14	31:54.0	10:17	14	32:21.4	10:26	1:04:15.5	10:22/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
14	164	Amy Cavanaugh	46	248	13	31:52.7	10:17	17	32:46.6	10:34	1:04:39.3	10:26/M
15	171	Pamela Payne	47	615	15	32:05.2	10:21	18	33:18.9	10:45	1:05:24.1	10:33/M
16	176	Faith Garbett	45	373	16	32:30.6	10:29	19	33:23.0	10:46	1:05:53.7	10:38/M
17	180	Orlonda Bellow	46	145	17	33:30.3	10:48	15	32:34.2	10:30	1:06:04.5	10:39/M
18	182	Nicole Arabie	45	118	20	33:58.1	10:57	13	32:18.1	10:25	1:06:16.2	10:41/M
19	185	Jamie Decoux	45	294	21	34:02.5	10:59	16	32:35.9	10:31	1:06:38.4	10:45/M
20	197	Mimi Bellow	48	144	19	33:40.3	10:52	21	34:46.0	11:13	1:08:26.3	11:02/M
21	200	Nicole Deville	47	306	18	33:34.6	10:50	22	35:20.7	11:24	1:08:55.3	11:07/M
22	207	Stephanie Webb	46	820	23	36:15.5	11:42	20	33:35.5	10:50	1:09:51.1	11:16/M
23	214	Stefanie Prothro	49	639	22	34:32.7	11:09	24	36:33.5	11:48	1:11:06.2	11:28/M
24	225	Lori Cormier	46	269	24	36:15.9	11:42	23	35:46.4	11:32	1:12:02.3	11:37/M
25	251	Dana Altamirano	48	108	28	38:31.8	12:26	27	38:48.7	12:31	1:17:20.5	12:28/M
26	252	Edie Morgan	46	576	25	37:52.2	12:13	28	39:32.2	12:45	1:17:24.5	12:29/M
27	254	Emily Pitre	45	631	30	39:39.5	12:48	26	38:02.5	12:16	1:17:42.0	12:32/M
28	255	Evangelina Mendoza	46	560	32	40:59.3	13:13	25	36:44.0	11:51	1:17:43.3	12:32/M
29	257	Natasha Boudreaux	45	178	26	38:12.9	12:20	29	39:59.5	12:54	1:18:12.5	12:37/M
30	259	Nathalie Leroux	46	527	27	38:22.6	12:23	30	40:47.6	13:10	1:19:10.3	12:46/M
31	275	Alyshia Boagni	47	848	31	39:40.2	12:48	33	42:36.8	13:45	1:22:17.0	13:16/M
32	276	Sandi Hernandez	45	433	29	39:37.0	12:47	35	43:27.0	14:01	1:23:04.0	13:24/M
33	286	Gladis Ruiz Leon	46	693	37	43:12.1	13:56	31	41:21.2	13:20	1:24:33.4	13:38/M
34	287	Emily Chandler	47	251	33	41:34.8	13:25	34	43:08.5	13:55	1:24:43.4	13:40/M
35	292	Christy Lejeune	45	518	35	41:53.2	13:31	36	45:01.1	14:31	1:26:54.3	14:01/M
36	293	Colette Navarre	45	588	36	41:53.5	13:31	37	45:01.6	14:31	1:26:55.2	14:01/M
37	294	Jessica Scott	47	715	38	44:46.9	14:27	32	42:08.3	13:36	1:26:55.2	14:01/M
38	295	Sharon Onken	49	604	34	41:52.9	13:31	38	45:03.1	14:32	1:26:56.0	14:01/M
39	300	Pamela Broussard	49	219	39	46:28.6	15:00	39	47:50.9	15:26	1:34:19.5	15:13/M

Female 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	24	Susan Craig	53	275	1	24:25.3	7:53	1	25:04.7	8:05	49:30.0	7:59/M
2 *	37	Maralien Orantes	52	605	2	25:53.3	8:21	2	25:59.8	8:23	51:53.1	8:22/M
3 *	50	Tresha Michot	54	564	3	27:34.5	8:54	3	26:21.4	8:30	53:56.0	8:42/M
4	80	Laina Fredieu	50	359	4	28:45.9	9:17	4	28:42.9	9:16	57:28.8	9:16/M
5	98	Karen Sanson	53	700	6	30:05.5	9:42	5	29:07.0	9:24	59:12.6	9:33/M
6	120	Laura Cortez	51	273	5	29:17.2	9:27	9	31:34.9	10:11	1:00:52.2	9:49/M
7	126	Brooke Jackson	53	457	7	30:45.8	9:55	8	30:38.0	9:53	1:01:23.9	9:54/M
8	129	Rachael Duhon	54	322	8	31:09.6	10:03	7	30:33.9	9:52	1:01:43.5	9:57/M
9	130	Deidre Touts	52	852	9	31:19.5	10:06	6	30:25.6	9:49	1:01:45.1	9:58/M

*Overall place within gender

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

Race Date
November 12, 2022

10K Participants

Female 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
10	148	Shelly Hebert	51	431	10	31:43.9	10:14	10	31:43.2	10:14	1:03:27.1	10:14/M
11	152	Tamara Lindner	50	530	11	32:00.0	10:19	11	31:53.9	10:17	1:03:54.0	10:18/M
12	153	Kristi Ikerd	54	452	12	32:07.4	10:22	13	31:56.2	10:18	1:04:03.7	10:20/M
13	168	Melanie Lee	52	512	13	32:46.1	10:34	12	31:54.0	10:17	1:04:40.1	10:26/M
14	188	Paula Kershaw	54	469	14	32:49.8	10:35	15	34:30.3	11:08	1:07:20.2	10:52/M
15	199	Cinnamon Broussard	54	212	17	35:27.4	11:26	14	33:25.0	10:47	1:08:52.5	11:07/M
16	218	Elizabeth Landry	52	485	15	34:40.3	11:11	18	37:02.6	11:57	1:11:42.9	11:34/M
17	226	Michelle Benson	51	150	16	35:21.3	11:24	17	36:46.0	11:52	1:12:07.4	11:38/M
18	229	Tami Banick	51	137	18	36:41.9	11:50	16	36:14.6	11:41	1:12:56.5	11:46/M
19	235	Mary Stephanie	51	758	19	36:54.3	11:54	19	37:14.5	12:01	1:14:08.9	11:58/M
20	272	Tracy Broussard	54	222	20	39:27.6	12:44	20	41:38.6	13:26	1:21:06.2	13:05/M
21	279	Paige Veron	51	794	21	40:47.7	13:10	21	42:33.2	13:44	1:23:21.0	13:27/M
22	288	Terrie Smith	54	740	23	41:41.8	13:27	22	43:43.8	14:06	1:25:25.7	13:47/M
23	289	Nicolle Campbell	52	243	22	41:39.8	13:26	23	43:50.7	14:09	1:25:30.5	13:48/M
24	301	Felicia Avery	50	131	24	44:33.2	14:22	25	50:06.2	16:10	1:34:39.5	15:16/M
25	306	Haydee Allelo	54	104	25	54:22.0	17:32	24	49:02.1	15:49	1:43:24.1	16:41/M

Female 55 to 59

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	76	Uyen Chu	55	260	3	29:27.2	9:30	1	27:41.9	8:56	57:09.1	9:13/M
2 *	82	Sally Champagne	56	250	1	28:09.5	9:05	2	29:39.7	9:34	57:49.3	9:20/M
3 *	101	Michelle Falgout	56	334	2	28:56.4	9:20	5	30:25.0	9:49	59:21.4	9:34/M
4	116	Dawn Rippas	56	671	5	30:20.2	9:47	4	30:20.3	9:47	1:00:40.5	9:47/M
5	138	Hoan Valdez	56	787	4	29:49.7	9:37	8	32:24.8	10:27	1:02:14.5	10:02/M
6	166	Tina McKissick	59	552	7	32:49.4	10:35	7	31:50.5	10:16	1:04:39.9	10:26/M
7	167	Michelle MacFadyen	56	538	11	34:29.8	11:08	3	30:10.2	9:44	1:04:40.0	10:26/M
8	172	Schanon Turner	55	784	9	33:54.6	10:56	6	31:33.0	10:11	1:05:27.6	10:33/M
9	174	Linda Dupuis-Geyer	59	328	6	32:41.5	10:33	10	33:03.8	10:40	1:05:45.4	10:36/M
10	183	Lori Pritchett	59	638	10	33:54.7	10:56	9	32:33.7	10:30	1:06:28.4	10:43/M
11	193	Jeanette Baudoin	58	140	8	33:37.8	10:51	11	34:12.7	11:02	1:07:50.5	10:57/M
12	228	Annette Kelsch	56	468	15	36:25.0	11:45	12	36:28.9	11:46	1:12:54.0	11:45/M
13	231	Michelle Musso	56	584	16	36:32.8	11:47	13	36:52.7	11:54	1:13:25.5	11:51/M
14	232	Mary Ethridge-Venable	55	331	17	36:36.3	11:49	14	36:56.2	11:55	1:13:32.6	11:52/M
15	239	Cathy Simon	58	723	13	35:53.1	11:35	16	38:45.9	12:30	1:14:39.1	12:02/M
16	241	Nita Allen	55	106	14	36:10.4	11:40	17	39:07.0	12:37	1:15:17.5	12:09/M
17	244	Jeri Onken	56	603	18	36:56.5	11:55	15	38:32.9	12:26	1:15:29.5	12:11/M
18	247	Angela Sellers	55	720	12	35:42.1	11:31	19	40:15.5	12:59	1:15:57.6	12:15/M
19	248	Darlene Guidry	55	407	19	37:21.8	12:03	18	39:17.8	12:41	1:16:39.6	12:22/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Female 55 to 59

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
20	265	Liz Parker	56	610	20	38:18.7	12:22	20	42:15.2	13:38	1:20:33.9	13:00/M
21	291	Lisa Savoy	58	702	21	42:02.7	13:34	21	44:50.3	14:28	1:26:53.1	14:01/M

Female 60 to 64

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	36	Jennifer Castille	62	246	1	25:45.9	8:19	1	25:51.4	8:20	51:37.4	8:20/M
2 *	62	Roslyn Simon	64	728	2	27:00.4	8:43	2	28:24.0	9:10	55:24.5	8:56/M
3 *	154	Janet Douet	60	312	3	32:36.0	10:31	3	31:29.7	10:10	1:04:05.7	10:20/M
4	246	Rosemary St Clergy	63	755	4	36:03.5	11:38	4	39:31.6	12:45	1:15:35.2	12:11/M

Female 65 to 69

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	161	Marlene Sonnier	68	746	1	31:49.2	10:16	1	32:35.1	10:31	1:04:24.4	10:23/M
2 *	213	Kathi Bourgeois	68	185	2	35:28.1	11:26	2	35:31.1	11:27	1:10:59.2	11:27/M
3 *	260	Bonnie Camos	65	240	3	37:26.8	12:05	5	42:18.1	13:39	1:19:44.9	12:52/M
4	268	Kimberly Hebert	65	428	5	39:36.9	12:47	3	41:08.4	13:16	1:20:45.4	13:02/M
5	271	Gwendolyn Tabor	69	762	4	39:25.7	12:43	4	41:31.3	13:24	1:20:57.1	13:03/M
6	285	Beverly Prudhomme	65	640	6	40:04.0	12:55	7	44:02.1	14:12	1:24:06.1	13:34/M
7	290	Madeline Viator	67	798	7	42:56.8	13:51	6	43:05.9	13:54	1:26:02.8	13:53/M

Female 70 to 74

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	115	Linda Young	73	833	1	30:28.8	9:50	1	30:11.1	9:44	1:00:39.9	9:47/M
2 *	236	Ann Pollingue	72	633	2	37:18.3	12:02	2	37:05.5	11:58	1:14:23.8	12:00/M
3 *	269	Stephanie Day	73	292	3	40:16.3	12:59	3	40:30.6	13:04	1:20:47.0	13:02/M
4	278	Mary Mire	72	570	4	41:05.2	13:15	4	42:12.7	13:37	1:23:18.0	13:26/M
5	296	Cynthia Martin	74	543	5	45:28.6	14:40	5	43:28.5	14:01	1:28:57.1	14:21/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Male Overall Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	1	Jarrett Leblanc	32	505				1	31:06.3	5:01	31:06.3	5:01/M
2	2	Louden Boudreaux	19	996				2	31:56.3	5:09	31:56.3	5:09/M
3	3	Adam Cortez	24	995				3	32:07.8	5:11	32:07.8	5:11/M

Male Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	6	John Hitter	44	439	1	16:32.8	5:20	1	16:38.5	5:22	33:11.4	5:21/M

Male Grand Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	21	Kent Lang	60	489	1	19:54.2	6:25	1	20:17.2	6:33	40:11.4	6:29/M

Male Senior Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	46	Patrick Riggins	62	669	1	21:52.0	7:03	1	22:22.7	7:13	44:14.7	7:08/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Men 0 Age

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	288	Unknown Partic. 272		272	4	36:05.9	11:39	1	39:21.3	12:42	1:15:27.3	12:10/M
2	300	Unknown Partic. 643		643	6	37:25.2	12:04	2	41:59.3	13:33	1:19:24.5	12:48/M

Men 1 to 9

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	315	Alexander Bellard	9	856	1	46:13.9	14:55	1	58:34.7	18:54	1:44:48.6	16:54/M

Men 10 to 14

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	44	Michael Cudihy	13	284	1	21:34.0	6:57	1	22:31.4	7:16	44:05.5	7:07/M
2 *	69	Alexander Gothreaux	11	398	2	22:45.1	7:20	5	23:50.6	7:42	46:35.8	7:31/M
3 *	72	Leighton Fontenot	14	352	6	24:41.7	7:58	2	22:34.4	7:17	47:16.2	7:37/M
4	73	Alban Pettitt	10	624	3	23:48.3	7:41	3	23:34.0	7:36	47:22.3	7:38/M
5	80	Cole Arceneaux	14	121	5	24:05.1	7:46	4	23:42.0	7:39	47:47.1	7:42/M
6	97	Jude Nealy	14	592	7	25:24.3	8:12	6	24:04.2	7:46	49:28.5	7:59/M
7	104	Ezra Garber	10	368	4	23:58.1	7:44	7	25:56.4	8:22	49:54.6	8:03/M
8	213	Elijah Chopin	14	258	10	30:57.9	9:59	9	29:57.1	9:40	1:00:55.1	9:50/M
9	227	Gabriel Mhire	13	562	11	32:58.0	10:38	8	29:20.2	9:28	1:02:18.3	10:03/M
10	245	Nicholas West	14	711	9	29:28.7	9:31	10	36:19.1	11:43	1:05:47.8	10:37/M
11	287	Ethan Faul	14	339	8	29:22.9	9:29	11	45:39.7	14:44	1:15:02.6	12:06/M

Men 15 to 19

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	11	Oliver Garber	15	372	1	18:06.1	5:50	1	17:59.5	5:48	36:05.7	5:49/M
2 *	14	John Ahrabi	16	101	2	18:46.2	6:03	2	18:40.4	6:01	37:26.6	6:02/M
3 *	89	Luke Pettitt	16	625	3	25:20.2	8:10	3	23:16.9	7:31	48:37.1	7:51/M
4	115	Noah Schmidt	16	708	4	26:02.9	8:24	4	25:31.6	8:14	51:34.6	8:19/M
5	192	Quinton Russell	18	694	5	28:39.7	9:15	5	29:07.2	9:24	57:46.9	9:19/M
6	222	Luke Robinson	19	676	6	30:00.0	9:41	6	31:36.1	10:12	1:01:36.1	9:56/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Men 20 to 24

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	10	Conner Meche	23	554	1	18:03.7	5:50	1	17:54.1	5:47	35:57.8	5:48/M
2 *	15	Ian Valdez	22	788	2	19:09.6	6:11	2	18:20.9	5:55	37:30.5	6:03/M
3 *	34	Nicholas Huber	20	446	3	21:31.2	6:57	3	20:17.5	6:33	41:48.7	6:45/M
4	50	Noah Deshotels	24	303	4	22:01.2	7:06	5	22:51.1	7:22	44:52.3	7:14/M
5	51	Caleb Perry	21	857	5	22:10.7	7:09	4	22:42.7	7:20	44:53.4	7:14/M
6	79	Nick Fuselier	23	363	6	22:42.8	7:20	6	25:02.4	8:05	47:45.2	7:42/M
7	142	Trey Chavez	22	255	7	26:49.9	8:39	8	26:55.9	8:41	53:45.9	8:40/M
8	146	Andre Laporte	21	493	9	27:24.7	8:51	7	26:37.0	8:35	54:01.8	8:43/M
9	179	Kendall Baker	24	135	10	29:27.7	9:30	9	27:44.0	8:57	57:11.7	9:14/M
10	194	Joshua Dietz	22	307	8	26:54.4	8:41	10	30:57.1	9:59	57:51.6	9:20/M
11	296	Case Altamirano	20	107	11	38:31.3	12:26	11	38:48.9	12:31	1:17:20.2	12:28/M
12	313	Nathan Hoskins	24	998	12	51:56.3	16:45	12	46:30.1	15:00	1:38:26.4	15:53/M

Men 25 to 29

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	5	Brett Olivier	27	602	1	16:36.7	5:22	1	16:29.3	5:19	33:06.1	5:20/M
2 *	8	Beau Robinson	27	836	2	17:57.6	5:48	2	17:30.0	5:39	35:27.7	5:43/M
3 *	59	Zachary Comeaux	27	265	3	22:42.9	7:20	3	22:45.7	7:21	45:28.6	7:20/M
4	81	Ryan Watts	25	817	6	24:32.5	7:55	4	23:23.2	7:33	47:55.7	7:44/M
5	86	Trent Cormier	28	271	5	24:16.3	7:50	6	23:58.0	7:44	48:14.3	7:47/M
6	87	James Fay	25	346	4	24:00.8	7:45	8	24:18.2	7:50	48:19.0	7:48/M
7	95	Hunter Boyer	26	194	7	25:02.7	8:05	7	24:14.1	7:49	49:16.8	7:57/M
8	98	Jordan Simon	28	724	8	25:40.8	8:17	5	23:48.2	7:41	49:29.0	7:59/M
9	114	Collin Leblanc	25	504	11	26:15.9	8:28	9	25:15.7	8:09	51:31.7	8:19/M
10	119	Chris Soileau	25	742	10	26:15.4	8:28	11	25:30.4	8:14	51:45.8	8:21/M
11	123	Austin Shumaker	29	839	12	26:27.9	8:32	12	25:49.5	8:20	52:17.4	8:26/M
12	143	Hunter Johnson	27	461	9	25:44.8	8:18	14	28:04.3	9:03	53:49.1	8:41/M
13	147	Jonathan Gardner	28	375	13	28:44.4	9:16	10	25:18.4	8:10	54:02.9	8:43/M
14	196	Randy Benoit	26	149	15	30:43.3	9:55	13	27:19.4	8:49	58:02.8	9:22/M
15	205	Brock Bonin	27	167	14	30:29.6	9:50	15	28:52.6	9:19	59:22.2	9:35/M
16	249	Ross Crawford	26	278	16	32:51.3	10:36	17	33:21.0	10:45	1:06:12.4	10:41/M
17	251	Ian Crawford	25	277	17	33:41.8	10:52	16	32:32.8	10:30	1:06:14.6	10:41/M
18	261	Dominique Laporte	26	494	18	34:33.6	11:09	18	34:33.7	11:09	1:09:07.3	11:09/M
19	316	Tj Petrisko	27	626	19	46:18.2	14:56	19	58:33.3	18:53	1:44:51.5	16:55/M

*Overall place within gender

Age Group Results**10K Participants**

Men 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total		
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	
1	*	7	Sean Gossen	30	397	1	16:34.7	5:21	1	17:18.2	5:35	33:53.0	5:28/M
2	*	20	Lenox Brown	32	223	2	19:53.5	6:25	2	19:38.4	6:20	39:31.9	6:23/M
3	*	22	Donovan Anderson	34	113	3	20:14.8	6:32	3	20:03.9	6:28	40:18.7	6:30/M
4		28	Jordan "j.j." Templet	31	768	4	20:25.5	6:35	4	20:34.3	6:38	40:59.9	6:37/M
5		29	Matthew Vigueira	34	802	5	20:27.3	6:36	5	20:37.6	6:39	41:04.9	6:38/M
6		41	Alex Young	30	832	6	21:58.5	7:05	6	21:09.1	6:49	43:07.7	6:57/M
7		55	Toby Lejeune	34	520	7	22:28.0	7:15	9	22:55.3	7:24	45:23.4	7:19/M
8		58	Luigino Ranalletta	34	647	10	23:30.6	7:35	7	21:56.2	7:05	45:26.8	7:20/M
9		61	Phillip Smith	31	738	8	23:07.6	7:28	8	22:44.0	7:20	45:51.7	7:24/M
10		66	Rodger Green	33	401	9	23:07.7	7:28	11	23:13.5	7:30	46:21.3	7:29/M
11		77	Jason Templet II	32	769	11	24:30.2	7:54	10	23:04.0	7:26	47:34.2	7:40/M
12		84	Michael Latiolais	31	499	12	24:35.0	7:56	12	23:29.1	7:35	48:04.2	7:45/M
13		124	Ryne Menard	32	558	19	27:26.7	8:51	13	24:52.9	8:02	52:19.6	8:26/M
14		126	Ryan Schexnayder	31	704	13	25:36.0	8:16	15	26:44.6	8:38	52:20.7	8:27/M
15		130	Casey Bright	32	207	15	26:36.2	8:35	14	26:08.6	8:26	52:44.9	8:30/M
16		149	Christopher Bordes	33	170	18	27:15.8	8:48	16	26:49.4	8:39	54:05.2	8:43/M
17		151	Jacob Dugas	31	317	14	26:01.3	8:24	19	28:06.7	9:04	54:08.0	8:44/M
18		164	Damien Williams	31	851	17	27:00.8	8:43	20	28:32.3	9:12	55:33.1	8:58/M
19		176	Anthony Witherspoon	31	827	16	27:00.4	8:43	25	29:33.5	9:32	56:34.0	9:07/M
20		183	Thomas Frederick	32	358	23	29:24.9	9:29	18	27:55.8	9:01	57:20.7	9:15/M
21		185	Byrnes Tatford	33	763	26	29:33.1	9:32	17	27:51.6	8:59	57:24.7	9:16/M
22		193	Scott Bordelon	32	169	20	28:45.9	9:17	23	29:05.4	9:23	57:51.4	9:20/M
23		199	Trae Fitzgerald	34	349	24	29:31.7	9:32	22	28:59.8	9:21	58:31.5	9:26/M
24		200	Christopher Hauerwas	33	423	27	30:11.4	9:44	21	28:33.4	9:13	58:44.9	9:29/M
25		201	Matthew Rolfsen	33	683	22	29:24.9	9:29	24	29:21.1	9:28	58:46.0	9:29/M
26		204	Jed Segura	30	718	21	29:21.9	9:28	26	29:50.6	9:38	59:12.6	9:33/M
27		209	Huy Nguyen	33	594	28	30:13.4	9:45	27	29:52.1	9:38	1:00:05.6	9:42/M
28		221	Evan Tatford	30	764	25	29:32.5	9:32	30	32:01.7	10:20	1:01:34.3	9:56/M
29		230	Matthew Vincent	33	806	30	32:28.1	10:28	28	30:16.4	9:46	1:02:44.6	10:07/M
30		232	Jeb Richard	34	665	29	31:22.9	10:07	29	31:40.0	10:13	1:03:02.9	10:10/M
31		263	Tim Redd	30	653	31	35:13.3	11:22	32	34:23.9	11:06	1:09:37.2	11:14/M
32		264	Christopher Leonards	30	526	33	35:41.0	11:31	31	34:14.7	11:03	1:09:55.7	11:17/M
33		273	Jonathan Landry	33	487	32	35:36.7	11:29	34	36:11.3	11:40	1:11:48.0	11:35/M
34		278	Jonathan Reed	33	656	37	36:27.5	11:46	33	35:43.3	11:31	1:12:10.9	11:39/M
35		284	Kyle Willis	31	850	36	36:03.5	11:38	35	38:01.0	12:16	1:14:04.6	11:57/M
36		293	Matt Hebert	32	430	35	36:00.7	11:37	36	40:15.9	12:59	1:16:16.6	12:18/M
37		297	Cody Lantier	34	491	34	35:48.7	11:33	37	41:49.3	13:29	1:17:38.0	12:31/M
38		304	Sean McAllister	33	549	38	38:31.3	12:26	38	42:59.2	13:52	1:21:30.6	13:09/M
39		310	Casey Boudreaux	33	174	39	41:28.4	13:23	39	43:32.8	14:03	1:25:01.2	13:43/M

*Overall place within gender

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Men 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	4	Tyler Mayforth	37	547	1	16:35.3	5:21	1	16:06.3	5:12	32:41.7	5:16/M
2 *	9	Michael Roseberry	36	689	2	18:03.9	5:50	2	17:35.8	5:41	35:39.8	5:45/M
3 *	13	Cody Bouillion	35	180	3	18:13.9	5:53	3	18:36.1	6:00	36:50.0	5:56/M
4	16	Kevin O'Leary	37	600	4	18:47.3	6:04	4	18:45.2	6:03	37:32.5	6:03/M
5	19	Jason Breaux	35	204	5	19:54.0	6:25	5	19:36.8	6:20	39:30.8	6:22/M
6	26	Paul Miller Jr	38	569	8	20:53.7	6:44	6	19:59.0	6:27	40:52.8	6:36/M
7	27	Joshua Falgout	36	332	6	20:42.6	6:41	7	20:10.9	6:31	40:53.5	6:36/M
8	31	Lucas Burleigh	37	231	7	20:53.6	6:44	8	20:28.1	6:36	41:21.8	6:40/M
9	38	Sushant Shekher	38	721	9	20:56.8	6:45	9	21:31.3	6:57	42:28.1	6:51/M
10	45	Chris Guidry	36	405	10	22:32.7	7:16	10	21:33.7	6:57	44:06.4	7:07/M
11	60	Joseph Walker	38	812	14	23:18.9	7:31	11	22:27.2	7:15	45:46.1	7:23/M
12	63	Derrick Thibodeaux	37	772	12	23:13.2	7:29	12	22:55.8	7:24	46:09.1	7:27/M
13	71	Matt Lopez	36	533	15	23:18.9	7:31	15	23:56.7	7:43	47:15.7	7:37/M
14	74	Jacob Delahoussaye	37	296	11	22:53.3	7:23	21	24:31.4	7:55	47:24.7	7:39/M
15	75	Lance Blanchard	37	159	13	23:17.4	7:31	17	24:09.1	7:47	47:26.6	7:39/M
16	76	Rickey Carroll	36	244	17	23:33.5	7:36	14	23:54.8	7:43	47:28.4	7:39/M
17	78	David Lejeune, Jr	37	521	16	23:29.1	7:35	19	24:11.2	7:48	47:40.3	7:41/M
18	82	Hai Bui	35	226	19	24:09.1	7:47	13	23:46.8	7:40	47:55.9	7:44/M
19	88	James Johnson	37	462	20	24:20.8	7:51	16	23:59.2	7:44	48:20.0	7:48/M
20	91	Nicolas Schouest	38	999	21	24:29.7	7:54	20	24:22.7	7:52	48:52.5	7:53/M
21	93	Kirill Volchenko	37	809	18	23:46.3	7:40	23	25:20.9	8:11	49:07.2	7:55/M
22	94	Blake Boudreaux	39	172	22	24:32.7	7:55	22	24:34.7	7:56	49:07.5	7:55/M
23	96	Michael Harrower	37	421	23	25:09.9	8:07	18	24:10.2	7:48	49:20.1	7:57/M
24	106	Mitch Karam	36	467	24	25:17.5	8:10	24	25:29.6	8:13	50:47.2	8:11/M
25	120	Charles Hunter	37	450	27	26:21.3	8:30	25	25:33.6	8:15	51:54.9	8:22/M
26	121	Matthew Strickland	37	761	26	25:35.3	8:15	30	26:37.8	8:35	52:13.2	8:25/M
27	122	Blake Cormier	37	266	29	26:32.4	8:34	26	25:41.1	8:17	52:13.5	8:25/M
28	131	Lee Chapman	35	252	25	25:31.3	8:14	34	27:13.8	8:47	52:45.1	8:31/M
29	136	Trevor Braun	37	199	31	26:56.9	8:42	29	26:29.8	8:33	53:26.7	8:37/M
30	138	Michael Delahoussaye	39	297	32	27:22.1	8:50	28	26:08.7	8:26	53:30.9	8:38/M
31	140	Landon Fitzgerald	38	348	34	27:39.6	8:55	27	25:58.6	8:23	53:38.2	8:39/M
32	144	Daniel Gilcrease	37	389	28	26:22.7	8:31	36	27:26.4	8:51	53:49.2	8:41/M
33	153	Matthew Rubacha	37	691	33	27:31.1	8:53	32	26:47.7	8:39	54:18.9	8:46/M
34	154	Cody Myers	37	585	30	26:47.4	8:39	38	27:36.0	8:54	54:23.5	8:46/M
35	158	Jacob Breaux	36	203	37	28:19.8	9:08	31	26:44.2	8:37	55:04.0	8:53/M
36	159	Tait Faulk	39	344	36	27:48.7	8:58	35	27:17.5	8:48	55:06.2	8:53/M
37	166	Jake Taylor	35	765	38	28:49.9	9:18	33	26:49.4	8:39	55:39.4	8:59/M
38	171	Naoki Murai	36	581	40	28:54.2	9:19	37	27:29.7	8:52	56:23.9	9:06/M
39	191	Shea Fisher	35	347	35	27:44.9	8:57	41	29:58.1	9:40	57:43.1	9:19/M
40	195	Matthew Taylor	39	766	39	28:49.9	9:18	40	29:11.0	9:25	58:01.0	9:21/M
41	202	Ross Sonnier	39	748	41	29:59.9	9:41	39	28:46.7	9:17	58:46.6	9:29/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Men 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	217	Jesse Melancon	36	555	44	30:38.9	9:53	42	30:27.1	9:49	1:01:06.1	9:51/M
43	224	Ian Pecor	36	617	43	30:32.6	9:51	44	31:14.7	10:05	1:01:47.3	9:58/M
44	240	Tyler Redd	36	654	46	32:49.3	10:35	43	31:09.2	10:03	1:03:58.6	10:19/M
45	244	Tracy Gautreaux	37	383	45	30:58.3	9:59	46	33:44.9	10:53	1:04:43.2	10:26/M
46	250	Craig Faul	39	338	42	30:12.6	9:45	47	36:00.3	11:37	1:06:13.0	10:41/M
47	253	Thylar Cahanin	37	234	47	35:06.5	11:20	45	31:35.0	10:11	1:06:41.6	10:45/M
48	302	Demanzo Skinner	38	733	48	37:19.1	12:02	50	43:33.9	14:03	1:20:53.0	13:03/M
49	309	Kevin Lancon	36	480	49	41:28.5	13:23	49	43:31.5	14:02	1:25:00.0	13:43/M
50	312	Kenneth Chauvin	37	254	50	48:51.3	15:46	48	40:31.5	13:04	1:29:22.9	14:25/M

Men 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	24	Brian Schlesinger	43	706	1	20:15.3	6:32	2	20:21.9	6:34	40:37.2	6:33/M
2 *	30	Brian Rando	43	648	2	20:46.4	6:42	3	20:22.6	6:34	41:09.0	6:38/M
3 *	33	Christian Ivanoff	42	454	3	20:57.5	6:46	4	20:50.9	6:44	41:48.4	6:45/M
4	35	Toby Blissett	43	161	4	21:41.4	7:00	1	20:11.4	6:31	41:52.8	6:45/M
5	43	Matt Lammi	43	479	5	22:30.2	7:16	5	21:32.4	6:57	44:02.7	7:06/M
6	47	Casey Arceneaux	43	120	6	22:39.1	7:18	6	21:48.1	7:02	44:27.2	7:10/M
7	56	Jeff Gonsoulin	42	395	9	23:28.6	7:34	7	21:56.6	7:05	45:25.3	7:20/M
8	57	Corey Trim	42	781	8	23:13.4	7:29	8	22:12.5	7:10	45:25.9	7:20/M
9	64	Luke Hebert	42	429	7	22:58.3	7:25	10	23:15.8	7:30	46:14.1	7:27/M
10	68	Stephen Ancelet	43	110	10	23:31.6	7:35	9	22:59.6	7:25	46:31.3	7:30/M
11	99	Stephen Benitez	43	147	14	25:30.8	8:14	11	24:01.5	7:45	49:32.3	7:59/M
12	105	Justin Granger	43	400	12	25:03.4	8:05	12	25:02.8	8:05	50:06.3	8:05/M
13	118	Vashaun Rodgers	44	678	17	26:28.5	8:32	14	25:14.9	8:09	51:43.4	8:21/M
14	128	Billy Pritchard	43	637	18	26:37.4	8:35	16	25:48.3	8:19	52:25.8	8:27/M
15	129	Matthew Tyl	43	786	13	25:21.7	8:11	18	27:12.9	8:47	52:34.7	8:29/M
16	133	George Boudreaux	43	177	21	27:49.4	8:59	13	25:07.9	8:06	52:57.3	8:32/M
17	135	Fermin Dugas	40	316	15	25:50.5	8:20	20	27:29.4	8:52	53:20.0	8:36/M
18	137	Ryan Ellender	41	329	20	27:47.4	8:58	15	25:42.7	8:18	53:30.2	8:38/M
19	139	Philip Boudreaux	42	179	11	24:58.8	8:04	26	28:32.8	9:13	53:31.7	8:38/M
20	145	Brad Breaux	43	201	19	27:18.0	8:48	17	26:35.9	8:35	53:53.9	8:42/M
21	168	Nick Grove	43	402	22	28:16.8	9:07	23	27:40.2	8:56	55:57.0	9:01/M
22	172	Nick Trahan	40	780	16	26:12.1	8:27	30	30:15.5	9:46	56:27.7	9:06/M
23	174	Jaik Faulk	44	342	25	28:49.3	9:18	22	27:40.1	8:56	56:29.4	9:07/M
24	178	Hans Schmidt	42	707	24	28:44.5	9:16	24	28:02.2	9:03	56:46.8	9:09/M
25	180	Stefan Schmidt	44	709	23	28:42.9	9:16	25	28:29.2	9:11	57:12.2	9:14/M
26	181	Jack Walker	41	811	27	29:36.6	9:33	21	27:37.6	8:55	57:14.2	9:14/M

*Overall place within gender

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

Race Date
November 12, 2022

10K Participants

Men 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
27	197	Chad Latiolais	44	842	26	29:25.8	9:30	27	28:39.4	9:15	58:05.3	9:22/M
28	206	Zoda Bourque	40	189	29	32:06.8	10:22	19	27:24.9	8:51	59:31.8	9:36/M
29	215	Tyler Hebert	40	432	28	30:58.0	9:59	28	30:02.3	9:41	1:01:00.3	9:50/M
30	231	Travis Deshotels	40	305	32	32:46.3	10:34	29	30:14.2	9:45	1:03:00.5	10:10/M
31	238	David Homan	43	440	31	32:31.2	10:29	31	31:23.4	10:08	1:03:54.7	10:19/M
32	256	Gus Rantz	43	650	34	33:28.1	10:48	32	33:41.2	10:52	1:07:09.4	10:50/M
33	265	Douglas Gauthier	42	380	30	32:17.8	10:25	34	37:38.8	12:09	1:09:56.6	11:17/M
34	269	Robbie Breaux	43	206	33	33:23.1	10:46	33	37:15.9	12:01	1:10:39.1	11:24/M
35	270	Daniel Clement	41	261	35	33:32.9	10:49	37	37:59.5	12:15	1:11:32.5	11:32/M
36	282	Blaine Rabalais	40	644	36	34:41.3	11:11	38	38:53.0	12:33	1:13:34.3	11:52/M
37	285	Mark Richard	44	666	37	36:16.1	11:42	35	37:56.0	12:14	1:14:12.1	11:58/M
38	286	Brandon Chitty	41	256	38	36:33.2	11:47	36	37:56.1	12:14	1:14:29.3	12:01/M
39	301	Jared Sagona	40	697	39	39:47.5	12:50	39	40:47.3	13:09	1:20:34.8	13:00/M
40	306	Anthony Primeaux	44	635	40	41:42.0	13:27	40	42:41.0	13:46	1:24:23.0	13:37/M
41	314	Will Blanchard	44	160	41	51:10.8	16:31	41	52:13.1	16:51	1:43:23.9	16:41/M

Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	12	Olli Haavikko	48	419	1	18:04.2	5:50	1	18:06.9	5:51	36:11.1	5:50/M
2 *	17	Andrew Perrin	47	620	2	19:06.0	6:10	3	19:14.2	6:12	38:20.2	6:11/M
3 *	18	Chip Hebert	45	426	3	19:15.8	6:13	2	19:10.4	6:11	38:26.2	6:12/M
4	32	Keith Pinho	48	630	4	20:32.9	6:38	5	21:05.0	6:48	41:37.9	6:43/M
5	39	Michael Garber	46	370	5	21:58.0	7:05	4	20:54.1	6:45	42:52.1	6:55/M
6	52	Mike Smith	47	737	6	22:41.0	7:19	6	22:26.3	7:14	45:07.4	7:17/M
7	70	Jason Simoneaux	45	729	7	23:16.9	7:31	7	23:20.4	7:32	46:37.3	7:31/M
8	100	Tommy Miller	48	568	8	24:55.1	8:02	8	24:42.8	7:58	49:38.0	8:00/M
9	108	David Reed	48	655	9	25:55.7	8:22	9	25:01.3	8:04	50:57.1	8:13/M
10	127	Philip Landreneau	49	481	10	26:30.4	8:33	11	25:55.3	8:22	52:25.7	8:27/M
11	132	Reese Fuller	49	361	11	27:00.0	8:43	10	25:47.6	8:19	52:47.7	8:31/M
12	160	Graison Morgan	46	577	14	28:37.1	9:14	12	26:32.1	8:34	55:09.2	8:54/M
13	162	Michael Zaunbrecher	45	835	12	27:31.3	8:53	15	27:45.2	8:57	55:16.5	8:55/M
14	165	Robert Faulkner	48	345	16	29:02.4	9:22	13	26:33.5	8:34	55:35.9	8:58/M
15	173	Andrew Schwarz	46	713	15	28:56.0	9:20	14	27:32.5	8:53	56:28.6	9:07/M
16	187	Danny Dardeau	45	289	13	27:49.9	8:59	18	29:44.4	9:36	57:34.4	9:17/M
17	212	Corey Crochet	45	280	20	31:32.8	10:11	17	29:15.6	9:26	1:00:48.4	9:48/M
18	214	Carey Chopin	45	257	17	30:58.3	9:59	20	29:56.9	9:40	1:00:55.2	9:50/M
19	219	Chad Dees	45	295	18	31:01.6	10:01	21	30:27.7	9:50	1:01:29.3	9:55/M
20	225	Brady Domingue	48	309	22	32:15.9	10:25	19	29:47.3	9:37	1:02:03.2	10:01/M

*Overall place within gender

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

Race Date
November 12, 2022

10K Participants

Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
21	226	Jeremy Mhire	45	563	23	33:01.0	10:39	16	29:11.5	9:25	1:02:12.5	10:02/M
22	233	Darrin Futch	48	365	19	31:18.7	10:06	22	31:50.1	10:16	1:03:08.8	10:11/M
23	246	Michael Reed	45	657	21	31:41.3	10:13	23	34:10.3	11:01	1:05:51.7	10:37/M
24	259	Paul Bellow	49	146	24	33:33.6	10:50	25	34:52.2	11:15	1:08:25.9	11:02/M
25	275	Jason Goetzmann	47	393	25	34:52.3	11:15	26	37:04.3	11:58	1:11:56.7	11:36/M
26	279	Jimbo Webb	45	819	26	37:45.7	12:11	24	34:31.6	11:08	1:12:17.4	11:40/M
27	308	Martin Vidrine	46	800	27	42:25.0	13:41	27	42:30.6	13:43	1:24:55.6	13:42/M

Men 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	23	Jason Gossen	54	396	2	20:15.1	6:32	1	20:16.9	6:33	40:32.0	6:32/M
2 *	25	Louis Leblanc	53	508	1	20:14.8	6:32	2	20:35.0	6:38	40:49.8	6:35/M
3 *	54	Brent (masta B) Leblanc	50	503	3	22:45.0	7:20	3	22:30.8	7:16	45:15.9	7:18/M
4	65	Troy Arabie	52	119	4	23:48.0	7:41	4	22:31.2	7:16	46:19.3	7:28/M
5	83	Kevin Sellers	52	853	5	23:55.8	7:43	5	24:05.3	7:46	48:01.2	7:45/M
6	92	Scott Schilling	50	705	6	24:25.5	7:53	6	24:30.1	7:54	48:55.7	7:54/M
7	101	Arturo Magidin	53	539	7	25:06.6	8:06	7	24:32.0	7:55	49:38.7	8:00/M
8	107	Steven Bodin	51	164	8	25:09.6	8:07	10	25:46.9	8:19	50:56.5	8:13/M
9	109	Alan Lebato	52	502	9	25:32.9	8:15	9	25:36.0	8:16	51:09.0	8:15/M
10	111	Donald Richard	52	663	10	25:56.1	8:22	8	25:26.9	8:13	51:23.0	8:17/M
11	134	Gary Worsham	50	830	11	25:59.8	8:23	14	27:15.0	8:47	53:14.8	8:35/M
12	141	Steve Banick	53	136	15	27:20.7	8:49	11	26:23.4	8:31	53:44.2	8:40/M
13	150	Craig Boyd	52	193	13	26:58.1	8:42	13	27:08.1	8:45	54:06.2	8:44/M
14	152	Ronald Lepine	50	843	14	27:11.0	8:46	12	26:59.9	8:43	54:11.0	8:44/M
15	163	Derrion Polk	50	632	12	26:44.0	8:37	16	28:39.0	9:15	55:23.0	8:56/M
16	182	Randall Robinson	51	677	17	27:59.2	9:02	17	29:20.2	9:28	57:19.4	9:15/M
17	184	Tim Kovarik	53	473	18	28:50.1	9:18	15	28:33.9	9:13	57:24.1	9:16/M
18	188	Richard Broussard	52	220	16	27:48.8	8:58	19	29:48.9	9:37	57:37.8	9:18/M
19	210	S Russell	54	695	20	30:41.0	9:54	18	29:31.2	9:31	1:00:12.2	9:43/M
20	216	Andrew Robinson	53	674	19	29:58.7	9:40	21	31:04.0	10:01	1:01:02.8	9:51/M
21	234	Sean Skinner	51	734	24	32:59.0	10:38	20	30:15.9	9:46	1:03:15.0	10:12/M
22	236	Mark Bernard	50	153	21	30:43.2	9:55	22	32:54.6	10:37	1:03:37.8	10:16/M
23	247	Scott Huber	52	447	22	32:11.2	10:23	24	33:44.2	10:53	1:05:55.4	10:38/M
24	255	Damian Lavergne	50	500	25	33:34.8	10:50	23	33:23.4	10:46	1:06:58.3	10:48/M
25	258	Shawn Romero	52	687	23	32:38.0	10:32	26	35:33.6	11:28	1:08:11.6	11:00/M
26	267	Tony Bourgeois	52	186	27	34:44.8	11:13	25	35:15.2	11:22	1:10:00.0	11:17/M
27	272	Lonny Landry	50	488	26	34:41.8	11:12	28	37:02.8	11:57	1:11:44.7	11:34/M
28	274	Ivan Landry	54	486	28	35:38.5	11:30	27	36:10.2	11:40	1:11:48.7	11:35/M

*Overall place within gender

Age Group Results**10K Participants****Men 50 to 54**

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
29	295	Tim Lopez	54	534	29	38:07.1	12:18	29	38:43.0	12:29	1:16:50.1	12:24/M
30	298	Troy Kibodeaux	54	470	30	38:41.2	12:29	30	39:24.1	12:43	1:18:05.4	12:36/M
31	305	Ski Veron	52	795	31	40:46.7	13:09	31	42:33.9	13:44	1:23:20.6	13:27/M

Men 55 to 59

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	36	Donald Nassar Jr	55	587	1	21:00.5	6:47	2	21:01.9	6:47	42:02.4	6:47/M
2 *	37	Kirk Guilbeau	55	414	2	21:16.6	6:52	1	21:01.7	6:47	42:18.3	6:49/M
3 *	40	Keith Delhomme	58	298	3	21:29.4	6:56	3	21:35.4	6:58	43:04.8	6:57/M
4	42	Lester Bergeron	58	151	4	21:39.6	6:59	4	21:47.6	7:02	43:27.2	7:01/M
5	49	Paul Ardoin	55	122	5	22:37.9	7:18	5	22:13.1	7:10	44:51.1	7:14/M
6	53	George Gisclair	55	391	6	22:38.8	7:18	6	22:32.9	7:16	45:11.7	7:17/M
7	62	Juan Roman	55	684	7	22:57.9	7:24	7	22:59.0	7:25	45:56.9	7:25/M
8	103	Kendall Allen	56	105	8	25:01.1	8:04	9	24:42.1	7:58	49:43.2	8:01/M
9	112	Donald Dartez	55	290	9	25:45.0	8:18	10	25:43.5	8:18	51:28.6	8:18/M
10	117	Bryan Boudreaux	56	173	11	27:03.4	8:44	8	24:38.0	7:57	51:41.4	8:20/M
11	148	Joey Leger	56	515	12	27:29.9	8:52	11	26:33.3	8:34	54:03.2	8:43/M
12	155	Tim Domingue	55	311	10	26:57.1	8:42	15	27:34.6	8:54	54:31.8	8:48/M
13	157	Ralph Reed	57	659	14	28:03.8	9:03	12	26:47.0	8:38	54:50.8	8:51/M
14	167	Robert McKinney	58	551	16	28:26.6	9:11	14	27:22.3	8:50	55:48.9	9:00/M
15	169	Ben Ancona	56	112	13	27:57.0	9:01	16	28:01.2	9:02	55:58.2	9:02/M
16	170	Ted Cormier	57	270	18	29:06.4	9:23	13	27:10.9	8:46	56:17.3	9:05/M
17	198	Jay Pierret	58	629	15	28:23.1	9:09	19	29:51.0	9:38	58:14.2	9:24/M
18	203	Teddy Deshotels	57	304	19	29:51.3	9:38	17	29:12.5	9:25	59:03.9	9:32/M
19	211	Wayne Hernandez	58	434	17	28:48.4	9:18	23	31:40.5	10:13	1:00:29.0	9:45/M
20	218	Miles Thomas	55	774	20	31:50.6	10:16	18	29:27.8	9:30	1:01:18.5	9:53/M
21	228	Ryan Laque	57	495	22	32:04.4	10:21	21	30:18.3	9:47	1:02:22.7	10:04/M
22	229	Gary Leonard	56	522	21	32:00.7	10:20	22	30:38.9	9:53	1:02:39.7	10:06/M
23	235	Anthony Branham	56	196	23	33:11.2	10:42	20	30:06.7	9:43	1:03:18.0	10:13/M
24	252	Dwayne Myers	58	586	24	33:25.9	10:47	24	32:57.1	10:38	1:06:23.0	10:42/M
25	266	Ivan Farnsworth	56	336	25	34:53.1	11:15	25	35:06.7	11:20	1:09:59.9	11:17/M
26	271	Matthew Duhon	56	320	26	35:15.1	11:22	26	36:21.1	11:44	1:11:36.3	11:33/M
27	290	Bobby Musso	58	582	27	36:44.7	11:51	27	39:01.4	12:35	1:15:46.1	12:13/M
28	299	Steven Sonnier	55	749	28	37:44.3	12:10	28	41:23.8	13:21	1:19:08.2	12:46/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Men 60 to 64

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total		
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	
1	*	67	Russell Caffery	61	233	1	23:16.2	7:30	1	23:06.1	7:27	46:22.3	7:29/M
2	*	85	Gregory Spicer	60	751	2	24:38.8	7:57	2	23:30.3	7:35	48:09.1	7:46/M
3	*	90	Lorenz Leblanc	60	507	3	24:39.0	7:57	3	24:13.3	7:49	48:52.3	7:53/M
4		102	Joseph Valdez	64	789	4	25:05.8	8:06	4	24:34.8	7:56	49:40.6	8:01/M
5		110	David Sorbet	64	750	6	25:54.2	8:21	6	25:23.3	8:11	51:17.6	8:16/M
6		116	Mike Guidroz	60	403	5	25:12.5	8:08	7	26:23.6	8:31	51:36.1	8:19/M
7		125	Matt Simon	60	727	7	27:05.5	8:44	5	25:15.0	8:09	52:20.6	8:27/M
8		161	Chris Van Way	60	791	8	27:07.2	8:45	9	28:04.1	9:03	55:11.4	8:54/M
9		177	Timothy Oubre	60	607	9	28:48.5	9:18	8	27:50.9	8:59	56:39.5	9:08/M
10		190	Kenneth Spiller	64	752	10	29:35.1	9:33	10	28:06.9	9:04	57:42.1	9:18/M
11		239	Todd Fuselier	61	364	13	32:11.0	10:23	12	31:45.6	10:15	1:03:56.7	10:19/M
12		242	Mark Nowakowski	61	599	11	29:46.9	9:36	17	34:12.0	11:02	1:03:58.9	10:19/M
13		241	Douglas Guidry	61	408	12	29:48.7	9:37	16	34:10.1	11:01	1:03:58.9	10:19/M
14		243	Shawn Rudasill	61	692	14	32:36.9	10:31	11	31:25.5	10:08	1:04:02.5	10:20/M
15		248	Robert Faul	64	340	15	32:54.4	10:37	14	33:07.0	10:41	1:06:01.5	10:39/M
16		254	Peter Moles	61	573	16	33:49.0	10:55	13	32:53.8	10:37	1:06:42.9	10:46/M
17		257	Blaise Camp	63	242	18	33:56.3	10:57	15	33:34.7	10:50	1:07:31.0	10:53/M
18		260	Lamont Domingue	61	310	17	33:55.6	10:57	18	34:31.7	11:08	1:08:27.3	11:02/M
19		280	Bruce Baudoin	61	139	19	38:10.9	12:19	19	34:52.9	11:15	1:13:03.8	11:47/M
20		311	Jude Johnny Sr.	62	459	20	44:16.3	14:17	20	44:59.7	14:31	1:29:16.1	14:24/M

Men 65 to 69

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total		
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	
1	*	48	Michael Alexander	69	102	1	22:10.3	7:09	1	22:20.4	7:12	44:30.7	7:11/M
2	*	113	John Hebert	66	427	2	25:37.6	8:16	2	25:52.9	8:21	51:30.6	8:18/M
3	*	156	James Pierret	67	628	3	26:45.6	8:38	3	27:46.3	8:58	54:31.9	8:48/M
4		175	Joseph Ralph Roberson	69	672	4	27:35.6	8:54	5	28:54.9	9:20	56:30.5	9:07/M
5		189	Bobby Aucoin Sr	67	130	5	29:36.9	9:33	4	28:01.3	9:02	57:38.2	9:18/M
6		207	Bob Schuler	67	712	6	30:17.3	9:46	6	29:17.9	9:27	59:35.3	9:37/M
7		237	Jose Villagomez	66	803	7	32:06.1	10:21	7	31:33.5	10:11	1:03:39.7	10:16/M
8		262	Kerry Behrens	68	142	9	34:16.8	11:03	8	35:07.4	11:20	1:09:24.3	11:12/M
9		276	Walter Camos	65	241	8	32:10.2	10:23	9	39:47.9	12:50	1:11:58.1	11:36/M

Male 70 to 74

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total		
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace	
1		186	Carroll Smith	74	736	1	28:50.2	9:18	1	28:35.2	9:13	57:25.4	9:16/M

*Overall place within gender

Race Date
November 12, 2022

2022 Geaux Run Cajun Cup 10K & 1 Mile

Age Group Results

10K Participants

Male 70 to 74

<u>Place</u>			<u>-----5K Split -----</u>					<u>----- 10K -----</u>			<u>Total</u>	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
2	223	Emmanuel Witherspoon	72	828	2	30:25.4	9:49	2	31:14.5	10:05	1:01:39.9	9:57/M
3	294	Jimmy Howard	73	443	3	37:45.1	12:11	3	38:36.7	12:27	1:16:21.8	12:19/M
4	303	Jules Gaudin	73	379	4	39:25.1	12:43	4	41:29.6	13:23	1:20:54.8	13:03/M
5	307	Juan Cavazos	71	249	5	41:12.2	13:18	5	43:35.5	14:04	1:24:47.8	13:41/M
6	317	Glen Mire	73	841				6	2:12:26.4	21:22	2:12:26.4	21:22/M

Male 75 to 79

<u>Place</u>			<u>-----5K Split -----</u>					<u>----- 10K -----</u>			<u>Total</u>	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1 *	208	Robert Sonnier	75	747	2	29:47.4	9:37	1	29:54.4	9:39	59:41.8	9:38/M
2 *	220	Burk Foster	75	356	1	29:08.6	9:24	2	32:22.3	10:27	1:01:30.9	9:55/M
3 *	268	Jean Dugas	77	846	3	35:02.5	11:18	3	35:08.0	11:20	1:10:10.5	11:19/M
4	277	Thomas Miller	75	567	4	35:22.2	11:25	4	36:44.9	11:51	1:12:07.1	11:38/M
5	281	Patrick J. Leonard, Sr.	77	524	5	36:18.2	11:43	5	36:49.7	11:53	1:13:07.9	11:48/M
6	283	Joe Caldwell	75	237	6	36:23.8	11:44	7	37:20.3	12:03	1:13:44.2	11:54/M
7	291	Donald Richard	76	664	8	38:37.6	12:28	6	37:18.1	12:02	1:15:55.8	12:15/M
8	292	Daniel Bourgeois	75	182	7	38:18.3	12:21	8	37:49.7	12:12	1:16:08.1	12:17/M

Male 80 and over

<u>Place</u>			<u>-----5K Split -----</u>					<u>----- 10K -----</u>			<u>Total</u>	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1 *	289	Edmond Dugas	89	315	1	36:46.3	11:52	1	38:58.0	12:34	1:15:44.3	12:13/M

*Overall place within gender