

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile
10K Age Group Results

Female Overall Winners

Place			-----5K Split -----						----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
1	1	Courtney Broussard	25	112	1	18:22.9	5:56	1	19:19.8	6:14	37:42.7	6:05/M	
2	2	Courtney Cobb	33	163	2	20:07.4	6:30	2	19:51.9	6:24	39:59.4	6:27/M	
3	3	Patty Armond	40	24	3	20:12.6	6:31	3	20:03.8	6:28	40:16.5	6:30/M	

Female Master Winners

Place			-----5K Split -----						----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
1	4	Sadie Shamsie	55	707	1	21:57.4	7:05	1	21:35.5	6:58	43:33.0	7:01/M	

Female Grand Master Winners

Place			-----5K Split -----						----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
1	22	Ruth Ann Gannon	52	292	1	23:55.3	7:43	1	23:34.1	7:36	47:29.4	7:40/M	

Female Senior Master Winners

Place			-----5K Split -----						----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>	
1	31	Tammy Romero	60	670	1	24:09.3	7:48	1	25:16.5	8:09	49:25.9	7:58/M	

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile
10K Age Group Results

Female 10 to 14

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	14	Abby Kate Mendoza	13	533	1	22:32.4	7:16	1	23:53.3	7:42	46:25.8	7:29/M
2	62	Ariel Brasseaux	12	99	2	27:34.7	8:54	2	25:46.1	8:19	53:20.8	8:36/M
3	143	Zoe Vancleve	12	787	5	30:48.4	9:56	3	29:09.6	9:24	59:58.1	9:40/M
4	166	Amelia Nealy	11	572	3	28:33.9	9:13	5	33:19.9	10:45	1:01:53.8	9:59/M
5	168	Adeline Nealy	14	571	4	28:42.4	9:16	4	33:18.9	10:45	1:02:01.4	10:00/M
6	209	Carson Romero	14	667	6	31:16.9	10:05	6	33:31.7	10:49	1:04:48.6	10:27/M

Female 15 to 19

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	113	Teresa Cudihy	17	187	1	30:00.9	9:41	1	27:49.4	8:59	57:50.3	9:20/M
2	147	Mary Grace Chopin	16	156	2	30:03.1	9:42	2	30:15.1	9:46	1:00:18.3	9:44/M
3	205	Sam Boudreaux	19	87	4	31:20.2	10:07	3	33:22.9	10:46	1:04:43.1	10:26/M
4	207	Emily Barry	15	42	3	31:01.6	10:01	4	33:43.1	10:53	1:04:44.7	10:27/M
5	361	Katelyn Morvant	18	559	5	42:11.2	13:37	5	45:38.1	14:43	1:27:49.4	14:10/M

Female 20 to 24

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	21	Ashley Immel	22	398	1	23:25.9	7:34	1	23:51.6	7:42	47:17.5	7:38/M
2	30	Rachel Garcia	23	296	2	24:29.7	7:54	2	24:42.0	7:58	49:11.8	7:56/M
3	77	Andie Bostick	20	80	3	28:11.1	9:06	3	26:40.8	8:36	54:52.0	8:51/M
4	107	Brittica Reed	24	637	6	28:37.2	9:14	4	28:32.9	9:13	57:10.2	9:13/M
5	114	Joannie Sanchez	23	686	5	28:36.2	9:14	5	29:21.8	9:28	57:58.1	9:21/M
6	124	Avery Bostick	24	81	4	28:25.0	9:10	7	30:29.9	9:50	58:55.0	9:30/M
7	128	Emily Faulk	23	259	8	29:35.3	9:33	6	29:45.5	9:36	59:20.8	9:34/M
8	133	Bethany Lejeune	24	473	7	28:49.1	9:18	8	30:41.0	9:54	59:30.1	9:36/M
9	154	Kelli Soileau	23	729	9	29:50.6	9:38	10	31:13.3	10:04	1:01:03.9	9:51/M
10	178	Monica Gamboa	24	291	12	31:49.0	10:16	9	30:53.2	9:58	1:02:42.3	10:07/M
11	192	Jamie Villagomez	22	804	10	31:32.1	10:10	11	32:26.1	10:28	1:03:58.3	10:19/M
12	213	Paige Meaux	23	526	11	31:37.7	10:12	13	33:33.8	10:50	1:05:11.5	10:31/M
13	218	Reygan Jagneaux	24	403	14	32:24.4	10:27	12	33:00.0	10:39	1:05:24.4	10:33/M
14	245	Sophie Varisco	21	788	13	31:55.3	10:18	15	35:31.7	11:28	1:07:27.0	10:53/M
15	251	Madeline Lemaire	21	479	15	32:58.2	10:38	14	34:45.5	11:13	1:07:43.8	10:55/M
16	296	Maryclare Kramer	22	424	16	35:50.5	11:34	17	36:56.8	11:55	1:12:47.4	11:44/M
17	317	Madeline Allemond	24	7	18	40:31.9	13:04	16	36:12.9	11:41	1:16:44.9	12:23/M
18	325	Leah Williams	24	833	17	38:27.8	12:24	18	39:52.9	12:52	1:18:20.7	12:38/M
19	377	Emily Veron Veron	21	794	19	50:37.9	16:20	19	47:53.5	15:27	1:38:31.4	15:53/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Female 25 to 29

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	5	Leah Lejeune	27	476	3	22:41.1	7:19	1	22:18.9	7:12	45:00.0	7:15/M
2	7	Macy Miller	26	541	2	22:33.9	7:17	2	22:57.1	7:24	45:31.0	7:20/M
3	9	Courtney Musgrove	26	562	1	22:27.6	7:15	3	23:19.6	7:31	45:47.3	7:23/M
4	33	Ally Baron	27	39	5	25:06.9	8:06	4	24:25.6	7:53	49:32.5	7:59/M
5	38	Ky McBride	25	518	4	24:45.4	7:59	6	25:53.7	8:21	50:39.2	8:10/M
6	46	Kitana Abshire	26	1	7	26:05.2	8:25	5	25:17.0	8:09	51:22.3	8:17/M
7	70	Lyna Soileau	29	731	6	25:42.7	8:18	9	28:19.8	9:08	54:02.6	8:43/M
8	88	Hayley Richard	29	643	10	28:27.8	9:11	7	27:00.1	8:43	55:27.9	8:57/M
9	90	Sonya Sutton	25	753	8	27:12.5	8:47	10	28:27.6	9:11	55:40.1	8:59/M
10	101	Morgan Leblanc	28	467	9	27:34.8	8:54	11	29:04.9	9:23	56:39.8	9:08/M
11	108	Cannon Martinez	28	510	12	29:59.3	9:40	8	27:11.2	8:46	57:10.6	9:13/M
12	123	Kali Darby	26	193	11	29:45.3	9:36	12	29:06.6	9:23	58:52.0	9:30/M
13	151	Traya Jenkins	25	404	17	31:23.7	10:08	13	29:33.5	9:32	1:00:57.2	9:50/M
14	155	Marcela Flores	27	265	13	30:48.8	9:56	16	30:25.1	9:49	1:01:13.9	9:53/M
15	158	Brittany Labbie	29	429	15	31:05.3	10:02	14	30:13.5	9:45	1:01:18.9	9:53/M
16	159	Katherine Sonnier	26	736	14	30:57.5	9:59	17	30:25.8	9:49	1:01:23.3	9:54/M
17	164	Breanne Roesch	27	660	16	31:09.6	10:03	18	30:38.4	9:53	1:01:48.1	9:58/M
18	177	Erica Olivier	28	592	19	32:08.6	10:22	15	30:21.6	9:48	1:02:30.2	10:05/M
19	194	Adelle Meche	29	527	18	31:32.6	10:11	21	32:34.7	10:31	1:04:07.3	10:21/M
20	200	Emily Musso	28	563	21	33:14.2	10:43	19	31:10.1	10:03	1:04:24.3	10:23/M
21	210	Drew Ferguson	29	262	20	32:44.6	10:34	20	32:15.3	10:24	1:05:00.0	10:29/M
22	240	Morgan Dennis	26	216	22	33:21.9	10:46	23	33:47.0	10:54	1:07:08.9	10:50/M
23	257	Chassidy Menard	26	531	23	33:49.9	10:55	24	34:15.7	11:03	1:08:05.7	10:59/M
24	276	Aimee Judice	28	411	24	34:07.8	11:01	25	36:30.9	11:47	1:10:38.7	11:24/M
25	291	Adel Broussard	26	105	27	38:48.2	12:31	22	33:30.4	10:49	1:12:18.6	11:40/M
26	308	Kelsey Higginbotham	29	377	25	34:50.2	11:14	28	39:47.8	12:50	1:14:38.0	12:02/M
27	311	Josefina Hernandez	28	367	26	36:19.4	11:43	27	39:10.1	12:38	1:15:29.5	12:11/M
28	322	Ra-Shawn Louie	26	491	28	39:06.5	12:37	26	38:47.2	12:31	1:17:53.7	12:34/M
29	336	Sarah Bryson	26	131	29	39:33.3	12:46	30	40:57.7	13:13	1:20:31.1	12:59/M
30	340	Kaylyn Saunier	26	689	30	40:57.3	13:13	29	39:57.2	12:53	1:20:54.6	13:03/M
31	357	Kate Garza	27	299	31	40:57.8	13:13	31	44:15.3	14:17	1:25:13.1	13:45/M
32	376	Bridget Chastant	27	153	32	48:56.7	15:47	32	48:20.8	15:36	1:37:17.6	15:42/M
33	378	Quynh-Nhu Lam	27	436	34	49:36.1	16:00	33	50:12.9	16:12	1:39:49.1	16:06/M
34	379	Ashley Pefferkorn	25	611	33	49:25.9	15:57	34	50:38.5	16:20	1:40:04.4	16:08/M

Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	10	Skylar Richard	30	648	2	22:59.2	7:25	1	22:53.7	7:23	45:52.9	7:24/M

*Overall place within gender

10K Age Group Results

Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
2	16	Leah Nickel	31	582	3	23:06.8	7:27	2	23:24.0	7:33	46:30.9	7:30/M
3	17	Mallory Barnes	32	38	1	22:28.8	7:15	7	24:20.9	7:51	46:49.8	7:33/M
4	23	Melinda Martinez	31	511	4	24:11.0	7:48	5	23:56.4	7:43	48:07.4	7:46/M
5	25	Jessica Soileau	34	728	7	24:31.6	7:55	3	23:47.0	7:40	48:18.7	7:48/M
6	27	Ellie Johnson	30	407	6	24:27.8	7:54	4	23:52.9	7:42	48:20.7	7:48/M
7	34	Sarah Fleming	34	264	5	24:19.7	7:51	8	25:16.7	8:09	49:36.4	8:00/M
8	36	Verlie Benoit	34	57	8	25:41.8	8:17	6	24:13.6	7:49	49:55.5	8:03/M
9	54	Miranda Blanchet	32	68	10	26:31.3	8:33	10	26:14.9	8:28	52:46.2	8:31/M
10	55	Sophie Guidry	34	339	12	27:20.5	8:49	9	25:26.2	8:12	52:46.7	8:31/M
11	69	Jennifer Blanchard	34	65	11	27:13.9	8:47	11	26:40.7	8:36	53:54.7	8:42/M
12	79	Sarah Hooks	34	384	9	26:16.1	8:28	22	28:45.5	9:17	55:01.6	8:53/M
13	80	Randi Duhon	30	236	15	27:44.4	8:57	12	27:20.1	8:49	55:04.6	8:53/M
14	83	Taylor Clement	32	159	13	27:38.4	8:55	15	27:35.6	8:54	55:14.0	8:55/M
15	84	Lindsey Falgout	34	254	16	27:51.1	8:59	14	27:24.1	8:50	55:15.3	8:55/M
16	87	Michelle Wolf	33	839	18	27:58.8	9:02	13	27:24.0	8:50	55:22.8	8:56/M
17	93	Brittney Babineaux	32	32	17	27:55.0	9:00	19	28:14.1	9:07	56:09.2	9:03/M
18	96	Chloe Miller	33	540	19	28:11.8	9:06	18	28:02.2	9:03	56:14.1	9:04/M
19	104	Brittany Thousand	30	774	20	28:27.8	9:11	20	28:21.2	9:09	56:49.0	9:10/M
20	105	Kyli Prem	31	626	14	27:41.8	8:56	26	29:24.3	9:29	57:06.2	9:13/M
21	111	Aimee Hymel	32	396	24	29:36.9	9:33	16	27:59.7	9:02	57:36.6	9:18/M
22	112	Amber Fontenot	31	267	21	28:50.9	9:18	23	28:55.4	9:20	57:46.3	9:19/M
23	116	Elise Sonnier	30	733	28	30:19.9	9:47	17	28:00.9	9:02	58:20.8	9:25/M
24	129	Katlyn Lagrange	32	433	27	30:18.2	9:47	24	29:03.5	9:22	59:21.7	9:34/M
25	130	Brooke Krause	32	425	31	30:48.3	9:56	21	28:35.2	9:13	59:23.5	9:35/M
26	131	Sarah Koerber	31	423	26	30:15.8	9:46	25	29:07.7	9:24	59:23.6	9:35/M
27	144	Mallorie Gary	34	298	23	29:32.9	9:32	31	30:34.1	9:52	1:00:07.1	9:42/M
28	160	Blake Demouchet	31	214	34	31:51.4	10:17	27	29:33.3	9:32	1:01:24.8	9:54/M
29	161	Mia Guidry	31	337	22	29:32.2	9:32	35	31:55.3	10:18	1:01:27.6	9:55/M
30	162	Cortnie Thomas	30	770	32	30:59.3	10:00	30	30:33.9	9:52	1:01:33.3	9:56/M
31	163	Lauren Derouen	33	219	29	30:41.0	9:54	32	30:55.3	9:59	1:01:36.4	9:56/M
32	171	Claire Naik	33	566	25	29:58.3	9:40	36	32:13.9	10:24	1:02:12.2	10:02/M
33	172	Kayla Blanchard	33	66	38	32:29.2	10:29	28	29:43.1	9:35	1:02:12.3	10:02/M
34	175	Kaylee Mahoney	34	499	33	31:05.1	10:02	33	31:14.7	10:05	1:02:19.9	10:03/M
35	180	Kylee Kern	32	419	36	32:15.9	10:25	29	30:28.5	9:50	1:02:44.4	10:07/M
36	203	Misty Stelly	33	746	40	33:09.4	10:42	34	31:31.6	10:10	1:04:41.0	10:26/M
37	204	Jessica Launey	32	458	35	32:13.1	10:24	37	32:29.6	10:29	1:04:42.8	10:26/M
38	217	Maggie Bihm	31	63	30	30:47.0	9:56	41	34:29.9	11:08	1:05:17.0	10:32/M
39	220	Mae Snodgrass	33	727	37	32:19.2	10:26	38	33:09.3	10:42	1:05:28.6	10:34/M
40	238	Rebecca Dawson	33	198	43	33:32.6	10:49	39	33:24.5	10:47	1:06:57.2	10:48/M
41	253	Mandy Pedro	31	610	42	33:24.9	10:47	40	34:29.6	11:08	1:07:54.6	10:57/M
42	254	Sondra Quebedeaux	32	630	39	32:31.5	10:30	44	35:28.4	11:27	1:08:00.0	10:58/M

*Overall place within gender

10K Age Group Results

Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
43	259	Sierra Higgins	34	379	41	33:15.8	10:44	43	35:23.5	11:25	1:08:39.4	11:04/M
44	270	Marci Saboe	30	684	44	33:49.7	10:55	45	35:50.4	11:34	1:09:40.1	11:14/M
45	282	Jessica Cortez	32	178	48	35:45.7	11:32	42	35:22.3	11:25	1:11:08.1	11:28/M
46	285	Elea Doughty	31	231	47	35:15.1	11:22	46	36:26.7	11:45	1:11:41.8	11:34/M
47	286	Natalie Menard	31	532	45	34:22.7	11:05	49	37:28.4	12:05	1:11:51.1	11:35/M
48	297	Leigh Guidry	34	336	50	36:20.7	11:43	47	36:27.9	11:46	1:12:48.6	11:45/M
49	303	Monica Hebert	30	359	46	34:41.6	11:12	51	39:09.2	12:38	1:13:50.9	11:55/M
50	304	Jessica Matherne	34	512	51	37:34.3	12:07	48	36:39.4	11:50	1:14:13.8	11:58/M
51	309	Lindsey Falgout	33	255	49	35:48.9	11:33	50	38:59.2	12:35	1:14:48.1	12:04/M
52	337	Jessica Broussard	30	116	52	38:27.4	12:24	55	42:07.1	13:35	1:20:34.5	13:00/M
53	338	Cherise Lejeune	33	474	53	39:20.6	12:41	52	41:14.6	13:18	1:20:35.2	13:00/M
54	346	Hannah Broussard	34	114	54	40:18.0	13:00	53	41:49.5	13:30	1:22:07.6	13:15/M
55	350	Hallie Green	31	326	55	41:00.9	13:14	54	42:03.9	13:34	1:23:04.9	13:24/M
56	354	Kerri Irving	33	399	56	41:04.6	13:15	58	43:31.3	14:02	1:24:35.9	13:39/M
57	358	Courtney Fuhrer	34	286	57	43:59.9	14:12	57	42:56.4	13:51	1:26:56.4	14:01/M
58	369	Ashley Fontenot	32	269	58	51:41.9	16:41	56	42:52.7	13:50	1:34:34.6	15:15/M

Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	6	Aubrey Ruffer	36	677	1	22:24.2	7:14	1	22:36.5	7:18	45:00.7	7:16/M
2	11	Jandy Tyl	39	783	5	23:02.2	7:26	2	22:51.9	7:23	45:54.1	7:24/M
3	12	Allison Hatfield	38	352	2	22:28.3	7:15	8	23:37.7	7:37	46:06.0	7:26/M
4	13	Elizabeth Blum	36	70	3	22:43.3	7:20	6	23:25.9	7:34	46:09.3	7:27/M
5	15	Fawn Hernandez	36	366	6	23:20.7	7:32	3	23:07.6	7:28	46:28.3	7:30/M
6	18	Kate Rountree	39	671	4	23:01.6	7:26	9	23:50.4	7:41	46:52.0	7:34/M
7	19	Lynsey Braniff	39	98	7	23:34.8	7:36	5	23:22.4	7:32	46:57.2	7:34/M
8	20	Kallie Landry	39	446	8	23:41.7	7:39	4	23:19.2	7:31	47:00.9	7:35/M
9	24	Laina Simon	37	714	12	24:42.8	7:58	7	23:26.9	7:34	48:09.7	7:46/M
10	26	Lindsey Champagne	35	151	10	24:18.2	7:50	10	24:01.6	7:45	48:19.8	7:48/M
11	28	Hallie Coreil	35	173	9	24:11.8	7:48	11	24:14.7	7:49	48:26.6	7:49/M
12	29	Reena Ayalloore	39	31	11	24:29.9	7:54	12	24:40.5	7:58	49:10.5	7:56/M
13	43	Jill Andrew	39	17	13	25:22.3	8:11	15	25:43.4	8:18	51:05.7	8:14/M
14	44	Kristen Wilson	39	835	14	25:27.2	8:13	14	25:42.7	8:18	51:10.0	8:15/M
15	47	Mandi Simoneaux	39	717	15	25:38.3	8:16	17	25:57.9	8:23	51:36.2	8:19/M
16	49	Kara Farmer-Primeaux	38	256	19	26:19.7	8:30	16	25:53.1	8:21	52:12.9	8:25/M
17	50	Elli Bourque	37	93	17	26:04.8	8:25	19	26:22.6	8:31	52:27.5	8:28/M
18	52	Lauren Hendrick	37	364	16	26:03.0	8:24	21	26:32.7	8:34	52:35.8	8:29/M
19	60	Jennifer Lagrange	36	432	21	27:09.5	8:46	18	26:08.3	8:26	53:17.8	8:36/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
20	65	Jen Viator	38	798	24	27:56.1	9:01	13	25:34.7	8:15	53:30.8	8:38/M
21	66	Kate Bishop	35	64	18	26:19.2	8:29	23	27:12.1	8:46	53:31.3	8:38/M
22	67	Heather Hendrix	38	365	20	26:43.9	8:37	22	26:47.7	8:39	53:31.6	8:38/M
23	81	Ciji Garcia	35	295	22	27:43.1	8:56	26	27:22.0	8:50	55:05.1	8:53/M
24	82	Karen Seal	39	705	23	27:53.9	9:00	24	27:12.5	8:47	55:06.4	8:53/M
25	89	Catherine Boudreaux	36	84	31	29:01.9	9:22	20	26:32.3	8:34	55:34.2	8:58/M
26	95	Lauren Etier	38	852	27	28:54.5	9:20	25	27:17.9	8:48	56:12.4	9:04/M
27	110	Jamie Duval	38	244	26	28:45.2	9:17	28	28:45.8	9:17	57:31.1	9:17/M
28	117	Rachaele Otto	36	599	25	28:16.4	9:07	35	30:06.0	9:43	58:22.4	9:25/M
29	118	Betsy Guidry	35	332	28	28:55.3	9:20	32	29:30.6	9:31	58:25.9	9:25/M
30	119	Amanda Thibodeaux	35	765	34	29:55.7	9:39	27	28:30.9	9:12	58:26.6	9:26/M
31	122	Kesheana Bracey	35	96	32	29:09.9	9:25	33	29:32.9	9:32	58:42.8	9:28/M
32	126	Shannon Thomas	36	771	33	29:42.1	9:35	31	29:25.7	9:30	59:07.8	9:32/M
33	127	Danielle Hines	38	381	35	30:19.1	9:47	29	28:52.9	9:19	59:12.0	9:33/M
34	132	Rachel Durel	37	242	29	28:56.9	9:20	36	30:28.8	9:50	59:25.7	9:35/M
35	134	Amanda Shea	35	709	30	28:59.4	9:21	37	30:31.0	9:51	59:30.4	9:36/M
36	149	Christie Maloyed	39	500	40	31:07.8	10:03	30	29:21.6	9:28	1:00:29.4	9:45/M
37	152	Katie Rogers	38	661	36	30:22.8	9:48	38	30:34.5	9:52	1:00:57.4	9:50/M
38	153	Missy Leonard	38	481	39	30:55.7	9:59	34	30:05.1	9:42	1:01:00.9	9:50/M
39	176	Traci Pecot	38	608	38	30:40.3	9:54	43	31:46.8	10:15	1:02:27.2	10:04/M
40	179	Pharabie Comeaux	37	168	37	30:38.1	9:53	44	32:04.3	10:21	1:02:42.4	10:07/M
41	185	Christina Butler	38	136	45	32:39.4	10:32	39	30:37.7	9:53	1:03:17.1	10:12/M
42	187	Kristina Siracusa	37	719	43	32:24.1	10:27	40	31:21.6	10:07	1:03:45.7	10:17/M
43	191	Sarah Ardoin	39	23	41	31:25.4	10:08	47	32:31.1	10:29	1:03:56.5	10:19/M
44	202	De Newman	38	576	44	32:27.3	10:28	45	32:05.2	10:21	1:04:32.5	10:25/M
45	224	Lauren Tinnin	35	775	42	32:11.9	10:23	50	33:52.5	10:56	1:06:04.4	10:39/M
46	225	Jerri Byrd Hodges	39	137	50	34:24.3	11:06	42	31:43.5	10:14	1:06:07.8	10:40/M
47	228	Meredith Taylor	38	759	53	34:39.5	11:11	41	31:39.3	10:13	1:06:18.8	10:42/M
48	234	Amy Faul	36	258	48	33:37.9	10:51	48	32:54.4	10:37	1:06:32.3	10:44/M
49	247	Mandy Laviolette	36	459	52	34:32.6	11:09	49	32:58.4	10:38	1:07:31.1	10:53/M
50	262	Ashleigh Landry	37	441	47	33:32.6	10:49	53	35:18.7	11:23	1:08:51.4	11:06/M
51	267	Brittany Fruge	37	285	46	33:29.5	10:48	54	35:51.4	11:34	1:09:21.0	11:11/M
52	268	Amanda Morton	37	556	51	34:29.5	11:08	52	35:00.5	11:18	1:09:30.1	11:13/M
53	271	Devon Smith	39	722	58	37:43.4	12:10	46	32:29.4	10:29	1:10:12.9	11:20/M
54	279	Abby Trahan	38	778	54	35:00.7	11:18	55	35:58.3	11:36	1:10:59.1	11:27/M
55	278	Rachel Smith	36	724	56	36:58.9	11:56	51	34:00.1	10:58	1:10:59.1	11:27/M
56	313	Shantell Dugas	38	234	55	36:06.3	11:39	60	39:50.5	12:51	1:15:56.9	12:15/M
57	316	Amanda Pry	38	844	59	38:04.9	12:17	56	38:32.2	12:26	1:16:37.2	12:21/M
58	321	Erin McManus	37	524	62	38:31.9	12:26	57	38:55.5	12:33	1:17:27.4	12:30/M
59	326	Alexandra Clark	37	158	60	38:19.1	12:22	61	40:03.0	12:55	1:18:22.1	12:38/M
60	333	Yvonne Ochoa	39	590	63	40:11.8	12:58	59	39:44.3	12:49	1:19:56.1	12:54/M

*Overall place within gender

10K Age Group Results

Female 35 to 39

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
61	332	Stephanie Gaudet	37	303	64	40:11.8	12:58	58	39:44.3	12:49	1:19:56.1	12:54/M
62	342	Kelly Becnel	37	48	57	37:33.5	12:07	65	43:54.7	14:10	1:21:28.2	13:08/M
63	348	Andrea Fontenot	35	268	61	38:23.5	12:23	64	43:52.8	14:09	1:22:16.4	13:16/M
64	349	Kelein Barrow	39	41	65	40:47.7	13:10	62	41:37.6	13:26	1:22:25.4	13:18/M
65	355	Shontel Randell	39	634	66	41:34.5	13:25	63	43:16.6	13:58	1:24:51.1	13:41/M
66	363	Patrice Labauve	37	428	67	43:51.8	14:09	66	46:02.3	14:51	1:29:54.1	14:30/M

Female 40 to 44

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	8	Rhonda Branch	43	97	1	22:42.8	7:20	1	23:00.8	7:25	45:43.7	7:23/M
2	35	Emily Normand	43	583	3	24:44.7	7:59	2	24:57.5	8:03	49:42.2	8:01/M
3	37	Abbie Paradee	41	604	2	24:41.6	7:58	5	25:36.7	8:16	50:18.3	8:07/M
4	45	Wendy Schmit	42	698	4	25:55.6	8:22	3	25:19.2	8:10	51:14.9	8:16/M
5	48	Dolly Calais	43	139	8	26:28.7	8:32	4	25:24.3	8:12	51:53.1	8:22/M
6	53	Leah Formby	44	276	10	26:38.1	8:36	6	26:03.5	8:24	52:41.7	8:30/M
7	56	Lacy Luke	40	493	7	26:26.1	8:32	8	26:20.8	8:30	52:47.0	8:31/M
8	58	Alison Moores	42	553	6	26:25.4	8:31	9	26:34.9	8:35	53:00.3	8:33/M
9	61	Maggie Broussard	41	122	9	26:32.5	8:34	11	26:46.0	8:38	53:18.6	8:36/M
10	63	Jamie Guzzardo	40	346	5	26:11.4	8:27	13	27:12.3	8:47	53:23.8	8:37/M
11	64	Brooke Doucet	43	228	11	26:52.1	8:40	10	26:35.1	8:35	53:27.2	8:37/M
12	73	Michelle Thibodeaux	40	767	14	27:58.1	9:01	7	26:10.8	8:27	54:08.9	8:44/M
13	74	Katherine Roy	40	674	13	27:19.5	8:49	12	26:50.8	8:40	54:10.3	8:44/M
14	75	Angela Simon	44	865	12	27:11.1	8:46	15	27:21.9	8:50	54:33.0	8:48/M
15	86	Lineta Leger	40	472	15	28:01.3	9:02	14	27:18.0	8:48	55:19.4	8:55/M
16	99	Jillian Jones	43	408	20	29:02.5	9:22	16	27:22.5	8:50	56:25.1	9:06/M
17	103	Corinne Hester	42	375	16	28:06.1	9:04	17	28:42.7	9:16	56:48.9	9:10/M
18	106	Laurie Bellard	43	51	18	28:17.1	9:07	18	28:52.6	9:19	57:09.7	9:13/M
19	115	Trisha Ancelet	40	15	17	28:07.6	9:04	23	30:04.4	9:42	58:12.1	9:23/M
20	137	Michelle Fike	43	263	22	30:21.3	9:48	19	29:13.8	9:26	59:35.1	9:37/M
21	138	Rebecca Marcantel	41	505	19	28:29.6	9:12	26	31:05.7	10:02	59:35.3	9:37/M
22	142	Mia Cutrera	44	190	21	29:59.0	9:40	21	29:51.9	9:38	59:50.9	9:39/M
23	156	Lori Gauthier	40	306	23	30:28.2	9:50	25	30:47.8	9:56	1:01:16.1	9:53/M
24	157	Tara Henderson	40	363	25	30:48.1	9:56	24	30:30.4	9:50	1:01:18.5	9:53/M
25	165	Laura Broussard	41	120	34	32:12.5	10:23	20	29:37.4	9:33	1:01:49.9	9:58/M
26	169	Cassie Bidstrup	42	62	32	32:00.3	10:19	22	30:01.9	9:41	1:02:02.2	10:00/M
27	173	Sandra Lejeune	44	477	26	31:03.5	10:01	27	31:13.2	10:04	1:02:16.8	10:03/M
28	174	Brandy Potier	40	623	24	30:33.6	9:52	32	31:45.9	10:15	1:02:19.6	10:03/M
29	188	April Broussard	40	107	36	32:25.9	10:28	29	31:21.4	10:07	1:03:47.3	10:17/M

*Overall place within gender

10K Age Group Results

Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
30	197	Stephanie Hanes	44	350	37	32:26.4	10:28	33	31:51.1	10:17	1:04:17.5	10:22/M
31	198	Marlene Mistrot	43	549	33	32:04.0	10:21	35	32:18.4	10:25	1:04:22.4	10:23/M
32	199	Sadie Cox	43	183	40	33:03.1	10:40	28	31:20.6	10:07	1:04:23.8	10:23/M
33	201	Amber David	42	196	39	32:54.9	10:37	31	31:36.6	10:12	1:04:31.5	10:24/M
34	206	Tyra Meehan	40	530	28	31:19.2	10:06	40	33:25.5	10:47	1:04:44.7	10:27/M
35	208	Anecia Marshall	42	508	38	32:41.6	10:33	34	32:03.2	10:20	1:04:44.9	10:27/M
36	212	Maggie Daigle	41	191	43	33:36.6	10:51	30	31:33.8	10:11	1:05:10.5	10:31/M
37	219	Toni Bruce	43	129	35	32:18.7	10:25	39	33:07.8	10:41	1:05:26.6	10:33/M
38	223	Nikki Wilson	42	836	31	31:51.9	10:17	41	34:11.9	11:02	1:06:03.9	10:39/M
39	226	Megan Vicknair	41	801	41	33:21.4	10:46	37	32:47.0	10:35	1:06:08.5	10:40/M
40	229	Jessica Bourgeois	42	89	42	33:25.9	10:47	38	32:56.2	10:37	1:06:22.2	10:42/M
41	230	Michelle Kipp	42	421	44	33:41.1	10:52	36	32:46.7	10:34	1:06:27.8	10:43/M
42	232	Kally Viator	40	799	30	31:38.1	10:12	43	34:51.4	11:15	1:06:29.5	10:43/M
43	287	Jill Bercegeay	41	59	49	36:07.5	11:39	45	35:55.0	11:35	1:12:02.5	11:37/M
44	289	Stephanie Mensman	44	535	46	35:32.1	11:28	46	36:35.6	11:48	1:12:07.7	11:38/M
45	292	Mary Richard	40	647	45	33:43.2	10:53	52	38:38.6	12:28	1:12:21.9	11:40/M
46	294	Robin Pham	43	616	52	37:19.7	12:02	44	35:21.2	11:24	1:12:40.9	11:43/M
47	298	Jessica Keltner	43	417	53	38:07.1	12:18	42	34:44.5	11:12	1:12:51.7	11:45/M
48	299	Lucy Howell	40	388	47	35:46.2	11:32	48	37:32.8	12:07	1:13:19.0	11:50/M
49	305	Rashell Hultquist	44	392	51	37:18.3	12:02	47	36:58.8	11:56	1:14:17.1	11:59/M
50	307	Lindsay Trahan	40	779	48	35:57.0	11:36	51	38:35.9	12:27	1:14:33.0	12:01/M
51	310	Sarah Bolding	40	74	50	36:24.1	11:45	53	39:00.7	12:35	1:15:24.9	12:10/M
52	319	Emily Pitre	44	620	57	38:59.7	12:35	49	37:52.4	12:13	1:16:52.1	12:24/M
53	320	Katie Geiger	42	308	56	38:58.2	12:34	50	37:54.5	12:14	1:16:52.8	12:24/M
54	324	Emily Nealy	40	573	54	38:21.1	12:22	54	39:58.5	12:54	1:18:19.6	12:38/M
55	330	Karla Allen	42	9	59	39:06.7	12:37	56	40:34.4	13:05	1:19:41.1	12:51/M
56	341	Nicole Arabie	44	19	61	41:01.5	13:14	55	40:06.9	12:56	1:21:08.4	13:05/M
57	345	Nieka Brown	40	128	55	38:51.4	12:32	60	43:09.2	13:55	1:22:00.6	13:14/M
58	347	Sharon Oyao	42	601	58	39:01.8	12:35	59	43:07.5	13:55	1:22:09.4	13:15/M
59	351	Danielle Daugereau	43	194	60	40:46.0	13:09	58	42:35.1	13:44	1:23:21.2	13:27/M
60	352	Victoria Atkins	40	28	65	42:33.6	13:44	57	41:24.9	13:22	1:23:58.6	13:33/M
61	359	Colette Navarre	44	569	62	41:21.6	13:21	63	45:51.4	14:48	1:27:13.1	14:04/M
62	360	Christy Lejeune	44	475	63	41:23.4	13:21	62	45:49.9	14:47	1:27:13.3	14:04/M
63	362	Ray Cloutier	44	161	64	42:14.6	13:38	65	47:26.5	15:18	1:29:41.2	14:28/M
64	367	Louise Lachney	44	431	66	46:20.0	14:57	64	46:56.0	15:08	1:33:16.1	15:03/M
65	372	Angie Lucito	44	492	68	49:37.7	16:01	61	45:18.4	14:37	1:34:56.2	15:19/M
66	373	Dana Schexnider	43	693	67	48:04.9	15:31	66	47:58.2	15:28	1:36:03.1	15:30/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	32	Michelle Reed	46	640	1	23:52.3	7:42	1	25:37.0	8:16	49:29.3	7:59/M
2	68	Crystal Gaubert	47	302	3	27:10.1	8:46	2	26:37.6	8:35	53:47.7	8:41/M
3	71	Christine Willis	48	834	4	27:14.4	8:47	3	26:48.9	8:39	54:03.3	8:43/M
4	72	Olivia Girouard	49	314	2	25:57.5	8:22	9	28:06.7	9:04	54:04.2	8:43/M
5	76	Dana Robinson	47	657	6	27:36.2	8:54	4	27:07.9	8:45	54:44.2	8:50/M
6	78	Jolaine McCluer	45	520	5	27:17.8	8:48	7	27:40.9	8:56	54:58.8	8:52/M
7	91	Stefanie Prothro	48	627	8	28:02.3	9:03	8	27:51.8	8:59	55:54.2	9:01/M
8	92	Ashley Mathews	48	514	10	28:34.3	9:13	5	27:21.1	8:49	55:55.5	9:01/M
9	97	Tiffany Nichols	47	581	11	28:38.7	9:14	6	27:35.3	8:54	56:14.1	9:04/M
10	100	Brandi Badeaux	46	34	9	28:15.6	9:07	10	28:10.6	9:05	56:26.2	9:06/M
11	102	Misty Walters	49	819	7	27:47.0	8:58	11	29:00.2	9:21	56:47.2	9:10/M
12	135	Pamela Payne	46	606	13	29:41.5	9:35	13	29:50.7	9:38	59:32.2	9:36/M
13	140	Ann Broussard	48	106	14	29:50.5	9:38	14	29:58.6	9:40	59:49.2	9:39/M
14	141	Laina Fredieu	49	282	16	30:19.3	9:47	12	29:30.7	9:31	59:50.1	9:39/M
15	148	Mandy Martin	45	509	12	29:39.8	9:34	16	30:43.3	9:55	1:00:23.2	9:44/M
16	167	Kathy Denehy	45	215	18	31:38.2	10:12	15	30:19.9	9:47	1:01:58.2	10:00/M
17	181	Missy Foster	48	278	17	31:27.7	10:09	17	31:18.8	10:06	1:02:46.5	10:08/M
18	190	Nicole Sonnier	49	738	21	32:18.1	10:25	18	31:34.5	10:11	1:03:52.6	10:18/M
19	193	Sarah Leblanc	48	468	19	32:06.4	10:21	20	31:57.2	10:18	1:04:03.6	10:20/M
20	196	Amy Cother	49	181	25	32:35.6	10:31	19	31:38.8	10:13	1:04:14.4	10:22/M
21	211	Penny Bailey	49	35	27	32:45.1	10:34	21	32:23.3	10:27	1:05:08.4	10:30/M
22	214	Melinda Duplichan	45	237	24	32:32.9	10:30	22	32:40.4	10:32	1:05:13.4	10:31/M
23	216	Nicole Morrow	49	554	20	32:11.9	10:23	25	33:02.4	10:39	1:05:14.3	10:31/M
24	233	Shawn Leach	45	460	30	33:41.6	10:52	23	32:49.6	10:35	1:06:31.2	10:44/M
25	236	Amy Cavanaugh	45	149	22	32:20.7	10:26	27	34:14.2	11:03	1:06:34.9	10:44/M
26	241	Christine Riedel	49	650	15	30:05.2	9:42	39	37:08.1	11:59	1:07:13.4	10:51/M
27	244	Keli Touchet	46	776	34	34:23.4	11:06	24	32:52.4	10:36	1:07:15.8	10:51/M
28	250	Samantha Cole-Frank	46	164	23	32:25.2	10:27	29	35:11.7	11:21	1:07:36.9	10:54/M
29	252	Tiffanie Bulliard	47	133	31	33:54.0	10:56	26	33:59.0	10:58	1:07:53.0	10:57/M
30	256	Raven Lewis	45	485	26	32:37.1	10:31	33	35:28.1	11:27	1:08:05.3	10:59/M
31	258	Michelle Eddy	48	248	29	33:34.3	10:50	28	34:50.4	11:14	1:08:24.8	11:02/M
32	260	Courtney Gerald Elkins	45	309	28	33:12.5	10:43	34	35:28.5	11:27	1:08:41.1	11:05/M
33	269	Anitra Scott	46	703	32	34:10.2	11:01	32	35:26.0	11:26	1:09:36.2	11:14/M
34	273	Petrina Cressy	48	185	33	34:21.5	11:05	36	36:09.3	11:40	1:10:30.9	11:22/M
35	275	Julie Walsh	48	817				49	1:10:36.7	22:47	1:10:36.7	11:23/M
36	277	Danielle Doucet	45	229	37	35:25.1	11:26	30	35:21.6	11:24	1:10:46.8	11:25/M
37	288	Lori Cormier	45	175	39	36:37.6	11:49	31	35:25.7	11:26	1:12:03.3	11:37/M
38	290	Amanda Galloway	49	856	35	35:02.1	11:18	38	37:08.1	11:59	1:12:10.2	11:38/M
39	293	Emily Chandler	46	152	36	35:19.5	11:24	40	37:15.9	12:01	1:12:35.5	11:43/M
40	301	Kim Hebert	46	356	41	37:47.9	12:12	35	35:52.2	11:34	1:13:40.2	11:53/M
41	302	Dana Altamirano	47	14	40	37:05.3	11:58	37	36:38.3	11:49	1:13:43.6	11:53/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile
10K Age Group Results

Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	306	Nathalie Leroux	45	484	38	36:28.9	11:46	41	37:57.6	12:15	1:14:26.6	12:00/M
43	331	Alisha Mahfouz	48	498	42	39:09.5	12:38	44	40:32.0	13:05	1:19:41.5	12:51/M
44	334	Christie Delhomme	45	212	44	40:11.2	12:58	42	39:45.1	12:49	1:19:56.3	12:54/M
45	335	Cindy Landry	45	442	43	39:56.1	12:53	43	40:06.6	12:56	1:20:02.8	12:55/M
46	364	Michelle Rome	46	666	45	43:58.9	14:11	46	46:01.2	14:51	1:30:00.2	14:31/M
47	368	Bridget Defelice	46	204	48	49:40.7	16:02	45	44:45.9	14:26	1:34:26.7	15:14/M
48	374	Carrie Chastant	49	154	47	47:52.7	15:27	47	48:41.5	15:42	1:36:34.2	15:35/M
49	375	Madeleine Bodin	46	72	46	47:26.8	15:18	48	49:13.3	15:53	1:36:40.2	15:36/M

Female 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	40	Jeanne Vizzi	54	810	3	25:08.3	8:07	1	25:35.1	8:15	50:43.5	8:11/M
2	41	Lisa Graley	54	323	2	25:01.1	8:04	2	25:44.6	8:18	50:45.7	8:11/M
3	42	Susan Craig	52	184	1	24:42.5	7:58	3	26:11.6	8:27	50:54.1	8:13/M
4	51	Maralien Orantes	51	597	4	26:00.4	8:23	4	26:34.1	8:34	52:34.6	8:29/M
5	57	Naomi Friedberg	53	283	5	26:06.9	8:25	5	26:44.9	8:38	52:51.8	8:32/M
6	94	Karen Dalfrey	52	192	6	27:53.0	9:00	6	28:17.7	9:08	56:10.8	9:04/M
7	120	Uyen Chu	54	157				31	58:32.3	18:53	58:32.3	9:27/M
8	136	Karen Sanson	52	688	8	30:07.3	9:43	7	29:27.0	9:30	59:34.3	9:37/M
9	139	Renee Nugier	50	587	7	29:07.6	9:24	9	30:32.1	9:51	59:39.7	9:37/M
10	170	Melanie Lee	51	470	11	31:55.6	10:18	8	30:08.9	9:44	1:02:04.5	10:01/M
11	186	Kristi Ikerd	53	397	9	31:01.2	10:00	11	32:36.7	10:31	1:03:38.0	10:16/M
12	195	Suzanne Brevelle	50	103	12	32:36.6	10:31	10	31:37.1	10:12	1:04:13.7	10:22/M
13	227	Simmie Soileau	52	732	10	31:52.9	10:17	20	34:16.0	11:03	1:06:08.9	10:40/M
14	235	Shannon Norse	51	586	17	33:23.9	10:46	13	33:10.6	10:42	1:06:34.5	10:44/M
15	239	D Meyers	52	536	15	33:02.1	10:39	15	34:01.1	10:58	1:07:03.2	10:49/M
16	242	Marcee Dupre	54	239	13	33:01.2	10:39	19	34:13.6	11:02	1:07:14.9	10:51/M
17	243	Sonya Jumonville	53	412	14	33:02.0	10:39	18	34:13.0	11:02	1:07:15.1	10:51/M
18	246	Anne Williams	51	831	19	34:31.4	11:08	12	32:59.5	10:39	1:07:30.9	10:53/M
19	249	Phyllis Dennis	51	217	18	33:36.3	10:50	14	33:57.3	10:57	1:07:33.7	10:54/M
20	261	Tami Banick	50	37	20	34:37.7	11:10	17	34:07.6	11:01	1:08:45.4	11:05/M
21	263	Thefany Savoy	50	691	16	33:16.9	10:44	21	35:36.4	11:29	1:08:53.4	11:07/M
22	283	Wanda Esthay	53	251	24	37:11.6	12:00	16	34:05.0	11:00	1:11:16.6	11:30/M
23	284	Michelle Benson	50	58	21	35:25.7	11:26	22	35:54.3	11:35	1:11:20.0	11:30/M
24	295	Courtney Robert	54	654	22	36:27.4	11:46	23	36:13.7	11:41	1:12:41.1	11:43/M
25	312	Connie Breaux	51	101	26	37:38.0	12:08	24	38:00.1	12:16	1:15:38.1	12:12/M
26	314	Mary Stephanie	50	747	25	37:27.7	12:05	25	38:39.8	12:28	1:16:07.5	12:17/M
27	318	Erica Ray	52	635	23	36:40.8	11:50	28	40:07.6	12:57	1:16:48.4	12:23/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile
10K Age Group Results

Female 50 to 54

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
28	323	Michelle Monte	54	551	27	38:25.7	12:24	27	39:34.5	12:46	1:18:00.3	12:35/M
29	328	Paige Veron	50	795	28	39:55.5	12:53	26	39:02.2	12:36	1:18:57.8	12:44/M
30	353	Tammy Broussard	50	125	29	41:21.1	13:20	29	42:49.5	13:49	1:24:10.6	13:35/M
31	366	Joan B Landry	52	444	30	45:53.2	14:48	30	44:43.1	14:26	1:30:36.3	14:37/M

Female 55 to 59

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	85	Catalina Batiste	59	44	1	27:10.7	8:46	1	28:05.0	9:04	55:15.7	8:55/M
2	98	Angelic Angelle	57	18	2	27:33.2	8:53	2	28:50.6	9:18	56:23.8	9:06/M
3	121	Leslie Giggarr	56	312	3	29:34.6	9:32	4	29:03.6	9:22	58:38.2	9:27/M
4	125	Hoan Ung	55	785	4	30:03.9	9:42	3	28:51.3	9:19	58:55.3	9:30/M
5	146	Dawn Rippas	55	651	5	30:14.8	9:45	5	29:59.1	9:40	1:00:14.0	9:43/M
6	184	Mary Norris	57	584	7	31:40.3	10:13	6	31:22.9	10:07	1:03:03.2	10:10/M
7	189	Linda Dupuis-Geyer	58	241	6	31:29.5	10:10	7	32:21.6	10:26	1:03:51.1	10:18/M
8	215	Tina McKissick	58	523	8	32:12.5	10:23	10	33:01.2	10:39	1:05:13.7	10:31/M
9	231	Mitzi Lalande	56	434	11	33:42.9	10:53	8	32:45.0	10:34	1:06:27.9	10:43/M
10	237	Tina Dugas	57	850	9	33:03.5	10:40	11	33:47.4	10:54	1:06:50.9	10:47/M
11	248	Michelle MacFadyen	55	496	12	34:32.6	11:09	9	32:59.4	10:39	1:07:32.1	10:54/M
12	264	Helen Caletka	55	142	13	34:38.2	11:10	12	34:16.7	11:03	1:08:55.0	11:07/M
13	265	Annette Kelsch	55	416	10	33:26.6	10:47	13	35:32.1	11:28	1:08:58.7	11:08/M
14	272	Michelle Musso	55	564	14	34:57.6	11:17	14	35:32.9	11:28	1:10:30.5	11:22/M
15	300	Jeri Onken	55	596	15	36:08.3	11:39	15	37:29.0	12:06	1:13:37.4	11:52/M
16	315	Lisa Broussard	58	121	16	37:37.6	12:08	16	38:40.0	12:28	1:16:17.6	12:18/M
17	356	Sydney Miles	56	538	17	40:56.6	13:12	17	44:16.1	14:17	1:25:12.7	13:45/M
18	380	Melody Sumrall	55	751	18	50:03.2	16:09	18	50:50.2	16:24	1:40:53.4	16:16/M

Female 60 to 64

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	39	Jennifer Castille	61	148	1	25:35.2	8:15	1	25:04.0	8:05	50:39.2	8:10/M
2	59	Pamela Thibodeaux	60	768	2	26:15.6	8:28	2	26:47.9	8:39	53:03.5	8:33/M
3	145	Donna Weinstein	62	827	3	29:36.9	9:33	3	30:33.3	9:51	1:00:10.3	9:42/M
4	221	Jamie Milke	61	539	4	32:58.0	10:38	4	32:44.7	10:34	1:05:42.7	10:36/M
5	255	Donna Comeaux	63	165	5	33:36.6	10:51	5	34:28.4	11:07	1:08:05.0	10:59/M
6	266	Fran Gibson	64	310	6	34:38.2	11:10	6	34:36.4	11:10	1:09:14.6	11:10/M
7	329	Kimberly Hebert	64	357	7	37:44.9	12:11	7	41:41.1	13:27	1:19:26.1	12:49/M
8	371	Leslie Godchaux	63	316	8	47:40.5	15:23	8	47:06.7	15:12	1:34:47.2	15:17/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile
10K Age Group Results

Female 65 to 69

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	109	Mitzi Eastin	66	247	1	29:06.9	9:24	1	28:08.6	9:05	57:15.6	9:14/M
2	150	Theresa Vu	65	813	2	31:03.5	10:01	2	29:47.3	9:37	1:00:50.8	9:49/M
3	183	Cecile Broussard	67	111	3	31:21.4	10:07	3	31:31.9	10:10	1:02:53.3	10:09/M
4	222	Marlene Sonnier	67	737	4	33:09.1	10:42	4	32:53.7	10:37	1:06:02.8	10:39/M
5	280	Vicki Hargroder	65	351	5	35:11.9	11:21	6	35:50.4	11:34	1:11:02.3	11:27/M
6	281	Kathi Bourgeois	67	90	6	35:39.6	11:30	5	35:24.8	11:25	1:11:04.5	11:28/M
7	327	Gwendolyn Tabor	68	754	7	38:31.8	12:26	7	39:58.5	12:54	1:18:30.3	12:40/M
8	343	Madeline Viator	66	800	8	41:10.2	13:17	8	40:28.4	13:03	1:21:38.6	13:10/M
9	365	Karen Kemp	65	418	9	45:25.7	14:39	9	44:40.7	14:25	1:30:06.5	14:32/M
10	370	Lisa Strauss	66	748	10	47:42.8	15:23	10	47:03.1	15:11	1:34:46.0	15:17/M

Female 70 to 74

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	182	Linda Young	72	842	1	31:33.3	10:11	1	31:17.9	10:06	1:02:51.3	10:08/M
2	274	Ann Pollingue	71	622	2	35:08.2	11:20	2	35:26.0	11:26	1:10:34.3	11:23/M
3	339	Mary Mire	71	548	3	39:41.7	12:48	3	41:03.0	13:15	1:20:44.8	13:01/M
4	344	Stephanie Day	72	199	4	39:54.9	12:53	4	42:02.4	13:34	1:21:57.3	13:13/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile
10K Age Group Results

Male Overall Winners

Place			-----5K Split -----					----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	1	Jarrett Leblanc	31	463	1	14:51.9	4:48	1	15:07.3	4:53	29:59.3	4:50/M
2	2	Aaron Albert	25	3	2	15:12.1	4:54	2	15:52.8	5:07	31:04.9	5:01/M
3	3	Brett Olivier	26	591	3	16:04.4	5:11	3	16:15.5	5:15	32:19.9	5:13/M

Male Master Winners

Place			-----5K Split -----					----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	10	Andrew Perrin	46	612	1	19:07.1	6:10	1	19:09.6	6:11	38:16.7	6:10/M

Male Grand Master Winners

Place			-----5K Split -----					----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	15	Dan Vollmer	53	812	1	19:35.5	6:19	1	20:10.9	6:31	39:46.5	6:25/M

Male Senior Master Winners

Place			-----5K Split -----					----- 10K -----			Total	
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	36	Michael Alexander	68	4	1	21:51.9	7:03	1	21:18.3	6:52	43:10.3	6:58/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Men 10 to 14

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	22	Oliver Garber	14	294	1	21:36.6	6:58	1	19:10.9	6:11	40:47.6	6:35/M
2	52	Michael Cudihy	12	186	2	21:40.8	7:00	2	23:05.6	7:27	44:46.5	7:13/M
3	121	Leighton Fontenot	13	273	3	23:53.8	7:43	5	25:36.0	8:16	49:29.8	7:59/M
4	131	Alexander Gothreaux	10	322	5	24:31.4	7:55	4	25:30.3	8:14	50:01.8	8:04/M
5	132	Benett Dupont	13	238	4	23:54.6	7:43	6	26:15.9	8:28	50:10.5	8:06/M
6	137	Jack Rochon	14	659	6	25:27.9	8:13	3	25:06.6	8:06	50:34.6	8:09/M
7	176	Cole Arceneaux	13	858	7	26:38.4	8:36	7	26:54.9	8:41	53:33.3	8:38/M
8	193	Kyle Fontenot	13	272	9	28:09.8	9:05	9	27:15.1	8:47	55:25.0	8:56/M
9	208	Gabriel Ayalloore	13	30	10	29:04.6	9:23	8	26:59.4	8:42	56:04.1	9:03/M
10	232	Aden Gauthier	12	304	8	27:34.5	8:54	11	30:32.7	9:51	58:07.3	9:22/M
11	247	Dawson Meehan	13	528	11	29:06.3	9:23	10	30:18.6	9:47	59:25.0	9:35/M
12	275	Jude Nealy	13	574	12	29:28.0	9:30	13	33:22.5	10:46	1:02:50.5	10:08/M
13	276	Nicholas West	13	861	13	29:32.9	9:32	12	33:17.5	10:44	1:02:50.5	10:08/M

Men 15 to 19

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	16	John Ahrabi	15	2	1	19:14.7	6:13	1	20:32.8	6:38	39:47.6	6:25/M
2	31	Nicholas Huber	19	390	2	20:43.3	6:41	2	21:49.6	7:02	42:32.9	6:52/M
3	107	Ethan Comeaux	18	166	3	24:30.4	7:54	4	24:01.3	7:45	48:31.8	7:50/M
4	136	Luke Pettit	15	615	5	27:19.4	8:49	3	23:13.6	7:30	50:33.0	8:09/M
5	166	Joseph Sonnier	18	734	4	25:02.8	8:05	7	27:51.0	8:59	52:53.8	8:32/M
6	181	Quinton Russell	17	679	6	27:20.2	8:49	6	27:06.6	8:45	54:26.9	8:47/M
7	191	John Viator	17	862	7	28:59.1	9:21	5	26:12.7	8:27	55:11.8	8:54/M
8	229	Jack MacFadyen	16	495	8	29:18.3	9:27	8	28:33.9	9:13	57:52.3	9:20/M
9	310	Christian Bulliard	16	132	9	34:29.8	11:08	9	33:58.8	10:58	1:08:28.6	11:03/M
10	326	Case Altamirano	19	13	10	37:05.0	11:58	10	36:37.7	11:49	1:13:42.8	11:53/M

Men 20 to 24

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	30	Steele Russell III	21	681	1	21:24.6	6:54	1	21:01.9	6:47	42:26.5	6:51/M
2	57	Daniel McNair	23	525	2	22:55.9	7:24	2	21:56.9	7:05	44:52.8	7:14/M
3	84	Briankeith Breaux	23	100	4	23:40.7	7:38	5	23:37.9	7:37	47:18.6	7:38/M
4	85	Jordan Bellow	23	52	3	23:25.5	7:33	6	23:53.7	7:42	47:19.2	7:38/M
5	93	Ivan Cortez	24	177	5	24:11.7	7:48	3	23:28.6	7:34	47:40.3	7:41/M
6	97	Caleb Perry	20	613	6	24:20.4	7:51	4	23:29.8	7:35	47:50.3	7:43/M
7	126	Joshua Dietz	21	220	7	24:34.3	7:56	7	25:17.4	8:09	49:51.7	8:03/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Men 20 to 24

Place			----5K Split ----					---- 10K ----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
8	196	Zachary Comeaux	20	170	8	25:41.7	8:17	12	29:51.0	9:38	55:32.8	8:58/M
9	205	Andre Laporte	20	452	10	27:39.3	8:55	8	28:21.3	9:09	56:00.7	9:02/M
10	219	Isaiah Decuir	23	203	9	26:54.9	8:41	13	30:11.9	9:44	57:06.8	9:13/M
11	250	Jason Naquin	21	567	11	30:21.4	9:48	10	29:38.5	9:34	59:59.9	9:41/M
12	253	Matthew Gill	24	313	12	30:31.4	9:51	11	29:40.7	9:34	1:00:12.1	9:43/M
13	254	Christopher Nichols	21	578	13	31:14.7	10:05	9	29:02.3	9:22	1:00:17.1	9:43/M
14	348	Nathan Hoskins	23	386	14	50:46.9	16:23	14	47:42.8	15:23	1:38:29.7	15:53/M

Men 25 to 29

Place			----5K Split ----					---- 10K ----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	4	Hunter Keller	25	415	1	17:23.3	5:37	2	17:29.6	5:39	34:52.9	5:38/M
2	5	Jake Prebeck	25	625	2	17:36.3	5:41	1	17:21.1	5:36	34:57.4	5:38/M
3	8	Andrew Brouillette	27	864	3	17:54.0	5:46	3	18:32.8	5:59	36:26.9	5:53/M
4	25	Marshal Deaton	29	200	4	19:54.1	6:25	4	21:13.1	6:51	41:07.2	6:38/M
5	54	Alex Frederick	26	279	5	22:03.4	7:07	6	22:45.5	7:20	44:48.9	7:14/M
6	63	Tj Venable	26	791	6	22:23.3	7:13	7	22:56.1	7:24	45:19.5	7:19/M
7	70	Zach Minton	25	545	7	22:48.2	7:21	8	23:07.9	7:28	45:56.1	7:25/M
8	73	Zachary Romaine	29	664	9	23:39.6	7:38	5	22:39.5	7:19	46:19.1	7:28/M
9	83	James Kuo	27	426	8	23:22.8	7:33	10	23:52.6	7:42	47:15.4	7:37/M
10	88	Leagan Vidrine	26	802	10	23:57.9	7:44	9	23:27.3	7:34	47:25.3	7:39/M
11	101	Alex Young	29	841	12	24:14.9	7:49	11	23:54.6	7:43	48:09.5	7:46/M
12	109	Scott Rogers	29	663	13	24:22.6	7:52	13	24:16.7	7:50	48:39.3	7:51/M
13	111	Christain Stagg	28	744	11	24:04.0	7:46	14	24:48.0	8:00	48:52.1	7:53/M
14	125	Thomas Cortez	28	180	16	25:32.6	8:14	12	24:16.6	7:50	49:49.3	8:02/M
15	138	Tyler Latiolais	29	456	15	25:27.3	8:13	15	25:09.0	8:07	50:36.4	8:10/M
16	147	John Curtis	28	189	14	25:12.8	8:08	16	26:05.7	8:25	51:18.6	8:17/M
17	170	Imaan Ouedraogo	25	600	17	26:28.4	8:32	17	26:43.2	8:37	53:11.6	8:35/M
18	186	Ryan Garcia	25	297	18	27:23.6	8:50	18	27:31.9	8:53	54:55.5	8:52/M
19	214	Lance Robichaux	28	656	19	29:09.9	9:25	19	27:42.2	8:56	56:52.2	9:10/M
20	225	Austin Shumaker	28	711	22	29:36.1	9:33	20	28:01.7	9:03	57:37.9	9:18/M
21	239	Garon Domingue	25	225	20	29:24.7	9:29	21	29:04.1	9:23	58:28.8	9:26/M
22	241	Luke Savant	26	690	21	29:28.8	9:31	22	29:15.1	9:26	58:43.9	9:28/M
23	255	Conlan Quebedeau	28	628	25	31:21.0	10:07	23	29:30.9	9:31	1:00:52.0	9:49/M
24	259	Reed Rudasill	27	675	24	31:05.8	10:02	26	30:12.9	9:45	1:01:18.7	9:53/M
25	260	Joshua Villagomez	25	807	26	31:29.9	10:10	25	29:54.3	9:39	1:01:24.3	9:54/M
26	262	Thomas Vincent	26	809	27	31:47.7	10:15	24	29:38.0	9:34	1:01:25.7	9:54/M
27	265	Joshua Mayeux	29	515	23	30:42.6	9:54	27	30:50.4	9:57	1:01:33.0	9:56/M
28	306	Christopher Leonards	29	483	28	34:17.8	11:04	28	32:48.5	10:35	1:07:06.4	10:49/M

*Overall place within gender

10K Age Group Results

Men 30 to 34

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	7	Dj Bean	34	46	1	17:25.2	5:37	1	18:12.6	5:52	35:37.8	5:45/M
2	11	Jordan "j.j." Templet	30	761	2	19:02.9	6:09	2	19:19.6	6:14	38:22.6	6:11/M
3	17	Jason Breaux	34	102	3	20:04.8	6:29	3	20:05.0	6:29	40:09.8	6:29/M
4	18	Lenox Brown	31	127	4	20:05.6	6:29	4	20:09.1	6:30	40:14.7	6:29/M
5	28	Matthew Vigueira	33	803	5	20:39.3	6:40	5	20:53.1	6:44	41:32.5	6:42/M
6	41	Hunter Broussard	33	115	6	21:26.1	6:55	9	22:06.2	7:08	43:32.3	7:01/M
7	42	Ryan Gray	34	325	8	22:28.6	7:15	6	21:09.2	6:49	43:37.8	7:02/M
8	44	Ross Calais	32	140	7	21:55.8	7:04	8	21:54.7	7:04	43:50.6	7:04/M
9	49	Kyle White	30	828	11	22:48.2	7:21	7	21:50.1	7:03	44:38.3	7:12/M
10	61	Brice Johnson	30	406	12	22:50.8	7:22	10	22:22.6	7:13	45:13.4	7:18/M
11	64	Rodger Green	32	328	10	22:47.7	7:21	11	22:32.5	7:16	45:20.2	7:19/M
12	65	Phillip Smith	30	723	9	22:28.6	7:15	12	22:57.9	7:25	45:26.6	7:20/M
13	99	Luigino Ranalletta	33	633	15	24:39.1	7:57	13	23:24.8	7:33	48:04.0	7:45/M
14	103	Trevor Thomas	33	772	14	24:34.9	7:56	14	23:40.9	7:38	48:15.9	7:47/M
15	115	Michael Latiolais	30	455	16	25:09.3	8:07	15	23:56.6	7:43	49:05.9	7:55/M
16	117	Doug Keaton	32	851	17	25:09.6	8:07	16	24:09.1	7:47	49:18.7	7:57/M
17	152	Jesse Bergeron	33	845	20	26:26.5	8:32	17	25:08.4	8:07	51:35.0	8:19/M
18	153	Anthony Witherspoon	30	838	13	24:21.1	7:51	21	27:18.7	8:49	51:39.8	8:20/M
19	163	Huy Nguyen	32	577	21	26:58.1	8:42	18	25:47.2	8:19	52:45.3	8:31/M
20	165	Christopher Bordes	32	79	19	26:14.7	8:28	20	26:36.7	8:35	52:51.5	8:32/M
21	172	Casey Bright	31	104	22	27:09.4	8:46	19	26:07.6	8:26	53:17.1	8:36/M
22	187	Matthew Schmid	33	695	23	27:15.4	8:48	22	27:44.0	8:57	54:59.5	8:52/M
23	198	Jason Howard	30	387	18	25:43.3	8:18	28	29:57.2	9:40	55:40.6	8:59/M
24	202	Colin Guidry	32	334	24	27:22.7	8:50	24	28:35.5	9:13	55:58.3	9:02/M
25	220	Matthew Vincent	32	808	28	29:23.0	9:29	23	27:45.8	8:57	57:08.8	9:13/M
26	234	Thomas Frederick	31	281	27	29:14.6	9:26	26	28:56.8	9:20	58:11.4	9:23/M
27	235	Byrnes Tatford	32	755	29	29:23.9	9:29	25	28:48.3	9:18	58:12.2	9:23/M
28	244	Michael Bearb	33	47	30	29:28.1	9:30	27	29:48.4	9:37	59:16.5	9:34/M
29	246	Brett Heil	32	361	26	29:07.5	9:24	29	30:14.5	9:45	59:22.0	9:35/M
30	248	Christopher Babineaux	33	33	25	28:16.9	9:07	32	31:21.3	10:07	59:38.3	9:37/M
31	256	Justin Perry	30	614	31	29:59.5	9:40	30	30:56.5	9:59	1:00:56.0	9:50/M
32	270	Eric Williams	33	866	32	30:28.1	9:50	33	31:51.1	10:16	1:02:19.2	10:03/M
33	273	Taylor Clements	30	160	33	31:13.3	10:04	31	31:11.1	10:04	1:02:24.5	10:04/M
34	295	Cody Lantier	33	451	35	33:01.3	10:39	34	33:04.1	10:40	1:06:05.5	10:40/M
35	300	Matt Hebert	31	358	34	32:57.4	10:38	35	33:29.6	10:48	1:06:27.1	10:43/M
36	323	Jonathan Landry	32	445	36	36:42.1	11:50	36	36:03.1	11:38	1:12:45.2	11:44/M
37	338	Sean McAllister	32	517	38	40:14.2	12:59	37	40:21.2	13:01	1:20:35.4	13:00/M
38	340	David Gallineau	31	290	37	37:03.0	11:57	38	45:42.6	14:45	1:22:45.6	13:21/M

*Overall place within gender

10K Age Group Results

Men 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	6	Dustin Joubert	35	410	1	17:24.4	5:37	1	17:45.3	5:44	35:09.8	5:40/M
2	9	Kevin O'Leary	36	588	2	19:04.8	6:09	2	19:00.9	6:08	38:05.8	6:09/M
3	13	Joshua Falgout	35	252	3	19:22.8	6:15	4	19:40.9	6:21	39:03.7	6:18/M
4	14	Josh Bennett	35	55	4	19:26.0	6:16	3	19:38.6	6:20	39:04.6	6:18/M
5	26	Charles McAdon	39	516	5	20:18.6	6:33	5	20:56.9	6:45	41:15.6	6:39/M
6	32	Justin Hernandez	39	368	6	20:58.1	6:46	6	21:53.5	7:04	42:51.7	6:55/M
7	39	Derrick Thibodeaux	36	766	7	21:28.5	6:56	7	21:57.2	7:05	43:25.8	7:00/M
8	59	Jarett Lasseigne	38	453	8	22:23.4	7:13	8	22:40.6	7:19	45:04.0	7:16/M
9	69	Jacob Palombo	36	603	11	23:10.3	7:29	9	22:43.6	7:20	45:53.9	7:24/M
10	72	Lonnie Rogers	37	662	10	23:09.3	7:28	12	23:03.9	7:26	46:13.2	7:27/M
11	75	Mike Ryan	37	683	16	23:39.8	7:38	10	22:48.9	7:22	46:28.8	7:30/M
12	77	Jacob Delahoussaye	36	208	9	22:47.7	7:21	20	23:52.7	7:42	46:40.5	7:32/M
13	78	Brian Williams	36	832	12	23:13.5	7:30	16	23:30.3	7:35	46:43.9	7:32/M
14	79	Jed Huval	39	395	14	23:23.4	7:33	14	23:25.8	7:33	46:49.2	7:33/M
15	81	Cory Racca	35	631	15	23:28.6	7:34	17	23:31.4	7:35	47:00.1	7:35/M
16	86	Aaron Cormier	36	174	13	23:17.3	7:31	21	24:03.9	7:46	47:21.3	7:38/M
17	94	Alex Quebedeaux	36	629	22	24:42.0	7:58	11	23:00.4	7:25	47:42.4	7:42/M
18	96	Mohamed Muftah	36	561	18	24:05.4	7:46	18	23:43.8	7:39	47:49.2	7:43/M
19	98	Thomas David	37	197	21	24:32.9	7:55	15	23:29.1	7:35	48:02.1	7:45/M
20	102	Bill J	39	401	20	24:22.4	7:52	19	23:52.0	7:42	48:14.5	7:47/M
21	104	Chaz Roberts	37	655	19	24:07.4	7:47	22	24:14.3	7:49	48:21.8	7:48/M
22	110	Nick Trahan	39	780	24	25:21.2	8:11	13	23:23.9	7:33	48:45.2	7:52/M
23	118	Benjamin Hetzel	39	376	23	25:02.5	8:05	23	24:21.8	7:52	49:24.3	7:58/M
24	119	David Lejeune, Jr	36	478	17	24:04.9	7:46	25	25:21.1	8:11	49:26.1	7:58/M
25	142	Garrett McClelland	37	519	25	25:21.9	8:11	26	25:35.2	8:15	50:57.1	8:13/M
26	151	Thomas Hooks	35	385	26	25:24.7	8:12	31	26:09.2	8:26	51:34.0	8:19/M
27	157	Daniel Allemond	36	6	30	26:56.2	8:41	24	25:12.6	8:08	52:08.8	8:25/M
28	161	Matt Landry	35	447	28	26:37.5	8:35	28	25:44.1	8:18	52:21.7	8:27/M
29	164	Paul Miller Jr	37	544	27	26:30.4	8:33	32	26:15.7	8:28	52:46.1	8:31/M
30	169	Michael Delahoussaye	38	209	32	27:15.2	8:48	29	25:54.7	8:22	53:09.9	8:35/M
31	173	Justin Bordelon	36	77	35	27:46.9	8:58	27	25:39.8	8:17	53:26.7	8:37/M
32	183	Dustin Frederick	38	280	37	28:31.7	9:12	30	26:03.2	8:24	54:34.9	8:48/M
33	185	Jason Hadley	38	347	33	27:23.5	8:50	34	27:22.7	8:50	54:46.3	8:50/M
34	189	Fermin Dugas	39	233	29	26:49.4	8:39	39	28:20.3	9:09	55:09.8	8:54/M
35	194	Kyle Champagne	36	150	34	27:40.1	8:56	35	27:46.2	8:57	55:26.3	8:57/M
36	201	Jeremiah Gooding	37	320	40	28:40.2	9:15	33	27:15.4	8:48	55:55.6	9:01/M
37	207	Matt Duhon	39	235	31	27:07.6	8:45	42	28:55.2	9:20	56:02.8	9:02/M
38	213	Tait Faulk	38	261	38	28:35.0	9:13	38	28:07.2	9:04	56:42.2	9:09/M
39	216	Mark Risher	37	652	43	29:03.9	9:23	36	27:49.1	8:58	56:53.1	9:11/M
40	223	Scott Mercer Mathew Taylor	38	513	44	29:32.4	9:32	37	27:57.6	9:01	57:30.1	9:16/M
41	226	Jimmy Lancaster	37	439	42	28:52.3	9:19	41	28:53.9	9:19	57:46.2	9:19/M

*Overall place within gender

Race Date
November 13, 2021

2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Men 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	230	Bogart Marcial	38	506	39	28:37.8	9:14	43	29:20.5	9:28	57:58.4	9:21/M
43	236	Ben Rugg	37	678	41	28:46.8	9:17	44	29:34.6	9:32	58:21.5	9:25/M
44	240	Ross Sonnier	38	740	46	30:06.7	9:43	40	28:35.7	9:13	58:42.4	9:28/M
45	251	Tyler Stanonis	35	745	45	30:05.5	9:42	45	30:05.2	9:42	1:00:10.7	9:42/M
46	258	Andre Pedro	35	609	47	30:51.7	9:57	46	30:10.7	9:44	1:01:02.5	9:51/M
47	281	Simon Morton	36	557	49	32:47.0	10:35	47	30:56.8	9:59	1:03:43.9	10:17/M
48	283	Mickey Suire	38	749	48	31:12.1	10:04	48	32:37.4	10:31	1:03:49.5	10:18/M
49	288	Bailey Bobbitt	37	71	36	28:29.9	9:12	53	36:33.4	11:48	1:05:03.4	10:30/M
50	312	Tracy Gautreaux	36	307	50	34:20.6	11:05	51	34:52.5	11:15	1:09:13.1	11:10/M
51	313	Chris Richard	39	642	52	35:09.6	11:21	49	34:21.1	11:05	1:09:30.8	11:13/M
52	314	Derwood Arsement II	39	25	51	35:09.6	11:21	50	34:40.2	11:11	1:09:49.8	11:16/M
53	317	Tuyen La	39	427	53	35:36.7	11:29	52	35:18.1	11:23	1:10:54.9	11:26/M
54	328	Donald Higgins	35	378	54	36:41.4	11:50	54	38:06.9	12:18	1:14:48.4	12:04/M
55	339	Blake Broussard	37	109	55	40:19.3	13:00	55	41:47.4	13:29	1:22:06.7	13:15/M

Men 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	12	Chip Hebert	44	353	1	19:13.2	6:12	1	19:39.0	6:20	38:52.3	6:16/M
2	24	Brian Rando	42	857	3	20:32.3	6:38	2	20:29.8	6:37	41:02.2	6:37/M
3	27	Brian Schlesinger	42	694	4	20:49.6	6:43	3	20:38.2	6:39	41:27.8	6:41/M
4	29	Shaun Montet	41	552	2	20:32.2	6:37	4	21:28.5	6:56	42:00.7	6:47/M
5	38	Jesse Guillory	43	342	6	21:39.0	6:59	5	21:41.6	7:00	43:20.6	6:59/M
6	43	Chris Herrington	41	373	7	21:50.2	7:03	7	21:59.1	7:06	43:49.4	7:04/M
7	46	Angel Vedovatti	41	790	5	21:29.0	6:56	9	22:42.5	7:20	44:11.5	7:08/M
8	50	Casey Arceneaux	42	21	10	22:53.3	7:23	6	21:46.9	7:02	44:40.2	7:12/M
9	56	John Guinn	43	345	9	22:21.1	7:13	8	22:31.0	7:16	44:52.1	7:14/M
10	67	Jason Simoneaux	44	716	8	22:11.3	7:09	13	23:39.9	7:38	45:51.2	7:24/M
11	74	Jeff Gonsoulin	41	319	11	23:25.2	7:33	10	23:01.9	7:26	46:27.1	7:30/M
12	87	Whelman Landry	44	449	12	23:40.2	7:38	14	23:42.3	7:39	47:22.5	7:38/M
13	90	Dustin Duval	43	243	14	24:10.2	7:48	11	23:23.5	7:33	47:33.8	7:40/M
14	112	Matthew Tyl	42	784	13	23:50.1	7:41	16	25:06.3	8:06	48:56.4	7:54/M
15	116	Joshua Guidry	40	335	18	25:25.7	8:12	15	23:47.9	7:41	49:13.6	7:56/M
16	139	Loren Klein	40	422	17	25:02.6	8:05	17	25:37.2	8:16	50:39.9	8:10/M
17	141	Robert Smith	42	725	24	27:12.9	8:47	12	23:35.6	7:37	50:48.6	8:12/M
18	145	Jaik Faulk	43	260	19	25:26.5	8:12	20	25:50.2	8:20	51:16.8	8:16/M
19	146	Ronis Correa	43	176	15	24:53.9	8:02	21	26:23.2	8:31	51:17.1	8:16/M
20	156	Ken Hanes	40	349	20	26:05.4	8:25	19	25:48.3	8:19	51:53.7	8:22/M
21	158	Matthew Manning	43	502	22	26:28.2	8:32	18	25:43.0	8:18	52:11.2	8:25/M

*Overall place within gender

Race Date
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2021 Geaux Run Cajun Cup 10K & 1 Mile

10K Age Group Results

Men 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
22	160	Cale Simon	40	713	16	24:57.3	8:03	23	27:22.9	8:50	52:20.2	8:26/M
23	171	Robert Kazmerowski	41	413	21	26:08.9	8:26	22	27:05.4	8:44	53:14.3	8:35/M
24	188	Scott Hodges	43	383	26	27:28.9	8:52	26	27:31.8	8:53	55:00.8	8:52/M
25	200	Kevin Lasseigne	43	454	23	26:56.8	8:42	30	28:58.6	9:21	55:55.4	9:01/M
26	203	Chad Cother	41	182	28	28:32.2	9:12	24	27:26.5	8:51	55:58.7	9:02/M
27	210	Stefan Schmidt	43	696	25	27:17.5	8:48	29	28:50.9	9:18	56:08.4	9:03/M
28	217	Jason Reed	43	639	27	28:10.9	9:05	28	28:47.6	9:17	56:58.6	9:11/M
29	227	Jimmy Supple	42	752	30	30:19.5	9:47	25	27:27.8	8:52	57:47.3	9:19/M
30	238	Justin Granger	42	324	29	30:15.5	9:46	27	28:12.7	9:06	58:28.3	9:26/M
31	277	Kidd Culotta	43	860	32	30:54.8	9:58	32	31:56.7	10:18	1:02:51.5	10:08/M
32	282	Toai Lam	42	437	31	30:52.2	9:57	34	32:54.9	10:37	1:03:47.1	10:17/M
33	285	Mark Richard	43	646	33	33:03.4	10:40	31	30:54.7	9:58	1:03:58.1	10:19/M
34	298	Matthew Bourgeois	43	855	34	33:27.6	10:48	35	32:55.9	10:37	1:06:23.6	10:43/M
35	305	Brandon Chitty	41	155	37	34:22.9	11:05	33	32:37.2	10:31	1:07:00.1	10:48/M
36	308	Barry Broussard	41	108	36	34:19.8	11:04	36	33:30.7	10:49	1:07:50.5	10:57/M
37	322	Josiah Broussard	40	118	38	35:57.9	11:36	38	36:46.2	11:52	1:12:44.2	11:44/M
38	325	Douglas Gauthier	41	305	35	34:00.9	10:58	39	39:26.6	12:43	1:13:27.6	11:51/M
39	329	Eric Schexnayder	41	692	39	39:14.2	12:39	37	36:18.0	11:43	1:15:32.3	12:11/M
40	341	Kenneth Atkins	42	27	41	42:07.6	13:35	40	41:50.5	13:30	1:23:58.1	13:33/M
41	343	Cullen Broussard	43	113	40	41:38.7	13:26	42	46:00.0	14:50	1:27:38.8	14:08/M
42	344	Cedric Brown	41	126	42	44:52.7	14:29	41	43:00.9	13:53	1:27:53.6	14:11/M

Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	20	Hunter Thibeaux	46	764	1	20:16.2	6:32	2	20:30.4	6:37	40:46.6	6:35/M
2	23	Keith Pinho	47	619	2	20:26.5	6:36	1	20:24.9	6:35	40:51.5	6:35/M
3	34	Marcus Manuel	47	503	3	21:49.7	7:02	3	21:13.4	6:51	43:03.1	6:57/M
4	47	Michael Garber	45	293	4	22:24.0	7:14	4	21:50.9	7:03	44:14.9	7:08/M
5	82	Jaime Mendoza	48	534	7	24:21.7	7:52	6	22:41.4	7:19	47:03.2	7:35/M
6	89	Jimmy Guiberteau	47	329	9	24:38.7	7:57	7	22:52.7	7:23	47:31.4	7:40/M
7	91	Scott Schilling	49	853	5	23:31.8	7:35	12	24:03.5	7:46	47:35.3	7:41/M
8	100	Leon Defelice	48	205	8	24:26.4	7:53	10	23:40.5	7:38	48:06.9	7:46/M
9	105	Scott Guidry	47	338	13	25:10.7	8:07	8	23:13.7	7:30	48:24.4	7:48/M
10	106	Philip Landreneau	48	440	11	24:48.6	8:00	9	23:38.8	7:38	48:27.5	7:49/M
11	113	John Breaux	46	849	12	24:59.2	8:04	11	23:58.8	7:44	48:58.1	7:54/M
12	122	David Reed	47	638	6	23:53.5	7:42	16	25:37.3	8:16	49:30.8	7:59/M
13	127	Tommy Miller	47	543	10	24:43.1	7:58	13	25:09.1	8:07	49:52.2	8:03/M
14	140	Andy Blalock	47	847	14	25:28.6	8:13	14	25:14.6	8:09	50:43.3	8:11/M

*Overall place within gender

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10K Age Group Results

Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
15	144	Beau Guidry	48	331	22	29:14.9	9:26	5	21:57.8	7:05	51:12.8	8:16/M
16	149	Brent (masta B) Leblanc	49	462	15	25:36.2	8:16	18	25:52.8	8:21	51:29.0	8:18/M
17	155	Trey Copeland	49	172	16	25:54.0	8:21	19	25:56.3	8:22	51:50.4	8:22/M
18	168	Chad Romero	48	668	18	27:19.7	8:49	17	25:47.4	8:19	53:07.1	8:34/M
19	177	Richard Foard	49	266	17	27:14.6	8:47	20	26:20.5	8:30	53:35.1	8:39/M
20	195	Geoffrey Mire	48	546	24	30:02.2	9:41	15	25:28.1	8:13	55:30.3	8:57/M
21	199	Reese Fuller	48	287	20	28:26.8	9:11	22	27:25.5	8:51	55:52.4	9:01/M
22	209	Brady Domingue	47	224	21	28:48.7	9:18	21	27:16.8	8:48	56:05.6	9:03/M
23	212	Paul Bellow	48	54	19	27:24.5	8:50	24	28:54.5	9:20	56:19.0	9:05/M
24	221	Joshua Taylor	45	758	23	29:16.1	9:27	23	27:53.5	9:00	57:09.6	9:13/M
25	266	Bryce Sibley	48	712	26	31:00.2	10:00	26	30:41.4	9:54	1:01:41.7	9:57/M
26	278	Derek Meehan	48	529	25	30:14.5	9:45	29	33:06.1	10:41	1:03:20.7	10:13/M
27	290	Dennis Dupont	45	863	31	34:26.9	11:07	25	30:40.6	9:54	1:05:07.6	10:30/M
28	294	Jason Bonin	46	76	28	32:27.2	10:28	30	33:11.0	10:42	1:05:38.3	10:35/M
29	297	Adam Fulton	49	288	29	33:22.1	10:46	28	32:57.2	10:38	1:06:19.3	10:42/M
30	299	Kevin Cook	45	171	30	34:17.4	11:04	27	32:06.2	10:21	1:06:23.7	10:43/M
31	303	Christian Marino	48	507	27	32:12.3	10:23	31	34:24.8	11:06	1:06:37.1	10:45/M
32	316	Mark Hernandez	48	369	32	35:44.3	11:32	32	35:04.2	11:19	1:10:48.5	11:25/M
33	335	Shane Romero	45	669	33	37:22.9	12:04	33	39:44.2	12:49	1:17:07.2	12:26/M
34	346	Kevin Gaspard	49	300	34	47:49.0	15:26	34	45:54.9	14:49	1:33:43.9	15:07/M

Men 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	19	Mike Sanders	50	687	2	20:03.6	6:28	1	20:12.3	6:31	40:16.0	6:30/M
2	21	Jason Gossen	53	321	1	19:44.0	6:22	2	21:03.1	6:47	40:47.2	6:35/M
3	33	Kirk Guilbeau	54	340	3	21:28.8	6:56	5	21:24.8	6:54	42:53.6	6:55/M
4	35	Peter Vizzi	54	811	5	21:52.5	7:03	3	21:17.4	6:52	43:10.0	6:58/M
5	37	Donald Nassar Jr	54	568	4	21:52.2	7:03	4	21:23.3	6:54	43:15.5	6:59/M
6	48	Troy Arabie	51	20	11	23:05.1	7:27	6	21:25.4	6:55	44:30.5	7:11/M
7	51	Paul Ardoin	54	22	6	21:52.6	7:03	11	22:52.8	7:23	44:45.4	7:13/M
8	55	David P'Pool	51	602	7	22:00.2	7:06	10	22:50.3	7:22	44:50.6	7:14/M
9	58	Todd Lambert	51	438	8	22:13.3	7:10	9	22:47.9	7:21	45:01.2	7:16/M
10	60	George Gisclair	54	315	9	22:39.8	7:19	7	22:26.3	7:14	45:06.1	7:16/M
11	66	Juan Roman	54	665	10	23:04.5	7:27	8	22:43.5	7:20	45:48.1	7:23/M
12	108	Robert Blem	50	69	12	24:09.2	7:47	12	24:28.2	7:54	48:37.4	7:51/M
13	154	Steven Bodin	50	73	13	25:52.0	8:21	14	25:54.5	8:21	51:46.5	8:21/M
14	159	Steve Banick	52	36	14	26:37.5	8:35	13	25:40.3	8:17	52:17.9	8:26/M
15	167	Billy Delhomme	52	211	16	26:52.8	8:40	15	26:11.0	8:27	53:03.8	8:34/M

*Overall place within gender

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10K Age Group Results

Men 50 to 54

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
16	178	Daniel Schwarzenbach	54	702	19	27:27.8	8:52	16	26:38.0	8:35	54:05.8	8:44/M
17	179	Arturo Magidin	52	497	15	26:52.7	8:40	20	27:22.5	8:50	54:15.3	8:45/M
18	180	Alan Lebato	51	461	18	27:07.0	8:45	18	27:09.1	8:46	54:16.1	8:45/M
19	190	Daniel Schmit	53	697	21	28:26.4	9:10	17	26:43.4	8:37	55:09.8	8:54/M
20	197	Marcus Fontenot	52	275	20	27:52.0	8:59	21	27:44.6	8:57	55:36.6	8:58/M
21	204	Shane Lockett	51	490	17	26:55.8	8:41	22	29:03.3	9:22	55:59.2	9:02/M
22	206	Craig Boyd	51	95	23	28:43.9	9:16	19	27:18.7	8:49	56:02.6	9:02/M
23	228	George Begley	51	49	22	28:29.8	9:12	23	29:20.0	9:28	57:49.9	9:20/M
24	249	Steele Russell	53	680	24	29:55.2	9:39	25	29:53.3	9:38	59:48.6	9:39/M
25	257	Sean Skinner	50	720	30	31:17.4	10:06	24	29:41.9	9:35	1:00:59.3	9:50/M
26	264	Scott Huber	51	391	25	30:19.6	9:47	27	31:11.6	10:04	1:01:31.2	9:55/M
27	268	Michael Doucet	52	230	29	31:09.2	10:03	26	30:39.3	9:53	1:01:48.6	9:58/M
28	274	Randall Robinson	50	658	26	30:37.0	9:53	28	31:55.2	10:18	1:02:32.2	10:05/M
29	284	Robert Morrow	53	555	31	31:17.7	10:06	30	32:34.2	10:30	1:03:52.0	10:18/M
30	287	Tim Barry	54	43	27	31:01.8	10:01	32	33:42.5	10:52	1:04:44.4	10:27/M
31	289	Barry Walsh	50	816	28	31:04.8	10:02	33	34:01.5	10:59	1:05:06.4	10:30/M
32	293	Jeff Mouton	53	560	32	31:32.3	10:10	34	34:03.3	10:59	1:05:35.7	10:35/M
33	296	Kenneth Green	53	327	35	34:17.5	11:04	29	31:59.5	10:19	1:06:17.1	10:41/M
34	302	John Walters	52	818	34	33:09.4	10:42	31	33:23.7	10:46	1:06:33.2	10:44/M
35	311	Tony Bourgeois	51	91	33	33:01.3	10:39	35	35:39.4	11:30	1:08:40.8	11:05/M
36	330	Ski Veron	51	796	39	39:54.9	12:53	36	36:07.9	11:39	1:16:02.8	12:16/M
37	331	Troy Kibodeaux	53	420	38	38:55.4	12:33	37	37:12.8	12:00	1:16:08.3	12:17/M
38	337	Kyle Soileau	54	730	37	38:33.6	12:26	38	41:17.3	13:19	1:19:51.0	12:53/M
39	342	Jeff Trosclair	51	781	40	42:44.8	13:47	39	43:40.6	14:05	1:26:25.5	13:56/M

Men 55 to 59

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	45	Craig Thompson	57	773	1	22:09.9	7:09	1	21:48.3	7:02	43:58.2	7:06/M
2	53	Keith Delhomme	57	213	3	22:51.3	7:22	2	21:56.6	7:05	44:48.0	7:14/M
3	62	Lester Bergeron	57	60	2	22:23.5	7:13	3	22:50.8	7:22	45:14.3	7:18/M
4	71	Lorenz Leblanc	59	466	4	23:09.7	7:28	4	22:58.9	7:25	46:08.6	7:27/M
5	80	Robert McKinney	57	522	6	23:37.5	7:37	5	23:21.2	7:32	46:58.7	7:35/M
6	92	Dwayne Myers	57	565	5	23:34.0	7:36	7	24:03.6	7:46	47:37.6	7:41/M
7	95	Trevor Casper	56	147	7	24:12.7	7:49	6	23:32.6	7:36	47:45.3	7:42/M
8	120	Gregory Spicer	59	742	11	25:15.2	8:09	8	24:14.0	7:49	49:29.3	7:59/M
9	123	Jim Baron	56	40	9	25:07.5	8:06	9	24:25.7	7:53	49:33.2	8:00/M
10	129	Mike Guidroz	59	330	8	24:57.6	8:03	10	24:57.7	8:03	49:55.4	8:03/M
11	133	John Martin	58	848	12	25:21.6	8:11	11	24:58.6	8:03	50:20.2	8:07/M

*Overall place within gender

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10K Age Group Results

Men 55 to 59

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
12	135	Todd Delahoussaye	58	210	10	25:13.4	8:08	12	25:16.1	8:09	50:29.5	8:09/M
13	148	Joey Leger	55	471	13	25:33.5	8:15	13	25:46.1	8:19	51:19.6	8:17/M
14	182	Ben Ancona	55	16	15	27:04.4	8:44	14	27:26.2	8:51	54:30.7	8:48/M
15	192	Leo Nelson	57	575	18	27:42.2	8:56	15	27:35.9	8:54	55:18.2	8:55/M
16	211	Lawrence Simpson	55	718	14	26:53.1	8:40	20	29:20.6	9:28	56:13.8	9:04/M
17	218	Tony Guilbeau	58	341	16	27:25.8	8:51	21	29:34.2	9:32	57:00.1	9:12/M
18	222	Wayne Hernandez	57	370	17	27:41.1	8:56	22	29:38.7	9:34	57:19.8	9:15/M
19	224	Jeff Laughlin	56	457	21	29:46.9	9:36	16	27:49.9	8:59	57:36.8	9:18/M
20	231	Kendall Allen	55	10	23	30:07.7	9:43	17	27:57.3	9:01	58:05.1	9:22/M
21	233	Vance Olivier	55	594	22	30:06.9	9:43	18	28:03.3	9:03	58:10.3	9:23/M
22	237	Bryan Boudreaux	55	83	19	29:15.7	9:26	19	29:06.6	9:23	58:22.3	9:25/M
23	243	Scott Russo	56	682	20	29:20.4	9:28	24	29:53.6	9:39	59:14.1	9:33/M
24	269	Gary Leonard	55	480	26	31:39.2	10:13	25	30:13.9	9:45	1:01:53.1	9:59/M
25	271	Jay Pierret	57	618	24	31:03.7	10:01	26	31:17.1	10:06	1:02:20.8	10:03/M
26	272	Peter Carmont	57	145	28	32:43.3	10:33	23	29:41.0	9:35	1:02:24.3	10:04/M
27	279	Rodney Norris	59	585	27	31:55.9	10:18	27	31:28.8	10:09	1:03:24.8	10:14/M
28	304	Mitch Boudreaux	57	86	25	31:34.3	10:11	28	35:07.6	11:20	1:06:42.0	10:45/M
29	321	Ivan Farnsworth	55	257	30	36:08.6	11:40	29	36:18.4	11:43	1:12:27.0	11:41/M
30	327	Carl Sam	56	685	29	34:38.1	11:10	31	39:22.9	12:42	1:14:01.1	11:56/M
31	333	Scotty Walker	56	814	31	38:13.5	12:20	30	38:23.5	12:23	1:16:37.0	12:21/M

Men 60 to 64

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	40	Michael Comeaux	61	167	1	21:32.6	6:57	1	21:58.8	7:05	43:31.4	7:01/M
2	68	Mark St. Cyr	61	743	2	22:35.1	7:17	2	23:17.3	7:31	45:52.4	7:24/M
3	114	Russell Caffery	60	138	3	24:31.4	7:55	3	24:27.9	7:54	48:59.3	7:54/M
4	130	Kurt Jagneaux	62	402	4	25:04.6	8:05	4	24:52.6	8:01	49:57.2	8:03/M
5	134	Ken Snodgrass	60	726	5	25:15.9	8:09	5	25:07.9	8:06	50:23.9	8:08/M
6	143	Jeff Livingston	61	488	6	25:35.8	8:15	6	25:36.2	8:16	51:12.1	8:16/M
7	150	David Sorbet	63	741	7	25:44.2	8:18	7	25:47.3	8:19	51:31.6	8:19/M
8	175	Patrick Thibodeaux	62	769	8	25:59.5	8:23	9	27:32.0	8:53	53:31.6	8:38/M
9	184	Anthony Venson	61	792	9	27:36.7	8:54	8	27:05.5	8:44	54:42.3	8:49/M
10	263	Lamont Domingue	60	226	10	30:35.6	9:52	10	30:53.6	9:58	1:01:29.3	9:55/M
11	280	Blaise Camp	62	144	11	32:26.1	10:28	11	31:13.7	10:04	1:03:39.8	10:16/M
12	286	Joseph Diliberto	64	221	12	32:45.0	10:34	12	31:51.0	10:16	1:04:36.1	10:25/M
13	291	Todd Fuselier	60	289	13	32:52.8	10:36	14	32:26.0	10:28	1:05:18.9	10:32/M
14	292	Peter Moles	60	550	14	33:25.9	10:47	13	31:59.6	10:19	1:05:25.6	10:33/M
15	315	Shawn Rudasill	60	676	16	35:22.5	11:25	15	34:41.4	11:11	1:10:03.9	11:18/M

*Overall place within gender

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10K Age Group Results

Men 60 to 64

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
16	320	Mark Toups	62	777	15	34:35.8	11:10	16	37:37.3	12:08	1:12:13.1	11:39/M
17	336	Michael Walz	60	822	17	39:07.3	12:37	17	39:45.6	12:50	1:18:53.0	12:43/M
18	347	David Sumrall	60	750	18	48:43.4	15:43	18	48:24.5	15:37	1:37:07.9	15:40/M

Men 65 to 69

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	76	Manuel Ocampo	68	589	1	23:06.5	7:27	1	23:23.1	7:33	46:29.7	7:30/M
2	124	John Hebert	66	354	4	25:13.0	8:08	2	24:31.3	7:55	49:44.4	8:01/M
3	128	Joseph Ralph Roberson	68	653	2	24:33.6	7:55	3	25:18.6	8:10	49:52.2	8:03/M
4	162	James Pierret	66	617	3	25:13.0	8:08	5	27:13.2	8:47	52:26.2	8:27/M
5	174	Steven Domangue	67	223	5	27:00.2	8:43	4	26:29.7	8:33	53:30.0	8:38/M
6	215	Ashton Eastin	67	246	6	29:07.6	9:24	6	27:45.2	8:57	56:52.9	9:10/M
7	242	Bob Schuler	66	699	7	29:42.8	9:35	8	29:06.2	9:23	58:49.0	9:29/M
8	245	Bobby Aucoin Sr	66	29	8	30:45.3	9:55	7	28:31.6	9:12	59:17.0	9:34/M
9	261	Jose Villagomez	65	806	9	30:58.5	10:00	9	30:26.0	9:49	1:01:24.5	9:54/M
10	267	Randy Foreman	69	859	10	31:16.9	10:05	10	30:29.7	9:50	1:01:46.6	9:58/M
11	301	Kerry Behrens	67	50	11	32:36.6	10:31	12	33:51.9	10:55	1:06:28.5	10:43/M
12	307	Ray Burch	69	134	12	34:34.0	11:09	11	32:48.1	10:35	1:07:22.2	10:52/M
13	345	Don Lachney	65	430	13	46:18.8	14:56	13	46:56.0	15:08	1:33:14.8	15:02/M

Male 70 to 74

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	252	Burk Foster	74	277	1	30:08.6	9:43	1	30:03.1	9:42	1:00:11.8	9:43/M
2 *	318	Thomas Miller	74	542	3	35:25.8	11:26	3	35:53.9	11:35	1:11:19.7	11:30/M
3 *	319	Joseph Caldwell	74	141	4	35:41.8	11:31	2	35:46.4	11:32	1:11:28.3	11:32/M
4	324	Jerry Richard	71	644	2	33:32.1	10:49	5	39:17.7	12:41	1:12:49.9	11:45/M
5	332	Daniel Bourgeois	74	88	5	38:24.6	12:23	4	37:55.0	12:14	1:16:19.6	12:19/M

Male 75 to 79

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	309	Louis Maraist	77	504	1	33:55.6	10:57	1	34:18.7	11:04	1:08:14.3	11:00/M
2	334	Patrick Leonard	76	482	2	38:13.1	12:20	2	38:24.0	12:23	1:16:37.2	12:21/M

*Overall place within gender