

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female Overall Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	1	Courtney Broussard	22	682	1	19:26.8	6:16	1	20:27.8	6:36	39:54.6	6:26/M
2	2	Patty Armond	37	237	2	21:24.1	6:54	3	21:07.8	6:49	42:31.9	6:51/M
3	3	Kate Rountree	36	734	3	21:29.7	6:56	4	21:16.2	6:52	42:45.9	6:54/M
4	4	Leah Kaisler	24	1124	4	22:00.1	7:06	2	21:07.0	6:49	43:07.2	6:57/M
5	5	Lauren Breaux	27	1068	5	22:35.6	7:17	5	22:56.0	7:24	45:31.6	7:20/M

#### Female Masters Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	6	Lindsay Legnon	42	543	1	22:57.0	7:24	1	22:43.3	7:20	45:40.4	7:22/M

#### Female Grand Masters Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	17	Jennifer Castille	58	817	1	24:11.7	7:48	1	24:09.1	7:47	48:20.8	7:48/M

#### Female Senior Grand Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	71	Mitzi Eastin	63	478	1	27:04.1	8:44	1	26:17.1	8:29	53:21.2	8:36/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

Race Date  
November 10, 2018

#### Female 1 to 9

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	557	Juliette Dupont	7	1089	1	46:50.4	15:06	1	45:18.8	14:37	1:32:09.2	14:52/M

#### Female 10 to 14

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	54	Grace Champeaux	13	413	1	25:07.5	8:06	1	26:34.4	8:34	51:42.0	8:20/M
2	65	Catherine Coreil	13	516	2	25:23.6	8:11	2	27:14.5	8:47	52:38.1	8:29/M
3	77	Kaitlyn Self	13	635	3	26:00.9	8:23	3	28:02.2	9:03	54:03.1	8:43/M
4	93	Ellianna Desormeaux	12	1132	4	26:17.9	8:29	4	29:02.8	9:22	55:20.7	8:55/M
5	197	Erin Burnum	13	488	5	29:21.9	9:28	5	31:27.7	10:09	1:00:49.7	9:49/M
6	463	Kaye Leigh Lavergne	14	511	6	37:35.8	12:07	6	38:03.7	12:16	1:15:39.6	12:12/M

#### Female 15 to 19

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	74	Ashley Immel	19	513	1	26:23.5	8:31	1	27:05.2	8:44	53:28.7	8:37/M
2	207	Abby Robertson	17	295	2	30:47.1	9:56	2	30:32.9	9:51	1:01:20.0	9:54/M
3	277	Emma Lebouef	16	257	3	32:39.0	10:32	3	31:55.7	10:18	1:04:34.7	10:25/M
4	359	Jada Venable	17	984	4	33:21.5	10:45	4	35:35.8	11:29	1:08:57.3	11:07/M
5	381	Madison Bourque	18	803	5	34:04.3	10:59	5	36:16.4	11:42	1:10:20.8	11:21/M
6	522	Mia Formby	16	1082	6	39:50.8	12:51	6	42:59.6	13:52	1:22:50.5	13:22/M

#### Female 20 to 24

Place			-----5K Split -----					----- 10K -----			Total	
Place	Overall	Name	Age	Bib No	Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	9	Kali Calkins	22	588	1	23:34.2	7:36	1	22:55.0	7:24	46:29.2	7:30/M
2	34	Hannah Daniel	21	1079	2	24:41.4	7:58	4	25:35.8	8:15	50:17.3	8:07/M
3	41	Katelyn Donald	21	344	4	25:32.4	8:14	3	25:21.6	8:11	50:54.0	8:13/M
4	44	Bree Higginbotham	24	111	5	26:03.0	8:24	2	25:01.7	8:04	51:04.8	8:14/M
5	50	Rachel Hebert	20	427	3	25:26.9	8:12	5	26:03.8	8:24	51:30.8	8:18/M
6	88	Mallory Runner	20	277	6	27:25.2	8:51	6	27:33.1	8:53	54:58.3	8:52/M
7	90	Macy Miller	23	922	7	27:28.8	8:52	7	27:34.3	8:54	55:03.1	8:53/M
8	118	Hannah Dardar	22	1008	12	29:17.7	9:27	8	27:37.0	8:55	56:54.7	9:11/M
9	134	Katherine Kilgore	23	243	9	28:51.0	9:18	10	29:02.0	9:22	57:53.1	9:20/M
10	137	Chasity Potier	24	299	10	28:56.9	9:20	9	28:58.2	9:21	57:55.1	9:20/M
11	152	Katherine Faul	24	838	11	29:05.2	9:23	11	29:12.6	9:25	58:17.9	9:24/M

\*Overall place within gender

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## Age Group Results

Race Date  
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### 10K Participants

#### Female 20 to 24

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
12	167	Megan Farnsworth	23	273	13	30:05.6	9:42	12	29:22.8	9:28	59:28.4	9:35/M
13	188	Caroline Rhoades	24	1173	8	27:46.8	8:57	17	32:45.2	10:34	1:00:32.0	9:46/M
14	201	Mia Quebedeaux	24	364	14	30:26.2	9:49	13	30:42.8	9:54	1:01:09.1	9:52/M
15	228	Morgan Angelle	23	1036	15	30:26.4	9:49	15	31:49.5	10:16	1:02:16.0	10:03/M
16	254	Ra-Shawn Lewis	23	1070	17	31:11.2	10:04	16	32:09.4	10:22	1:03:20.6	10:13/M
17	275	Angelique Bieri	21	745	16	30:45.5	9:55	22	33:44.4	10:53	1:04:30.0	10:24/M
18	291	Maci Quebedeaux	20	530	24	33:24.3	10:46	14	31:48.1	10:15	1:05:12.5	10:31/M
19	298	Brittany King	24	887	20	32:27.4	10:28	18	33:08.5	10:41	1:05:36.0	10:35/M
20	300	Morgan Dennis	23	75	18	31:31.7	10:10	23	34:07.7	11:00	1:05:39.4	10:35/M
21	322	Victoria Culotta	22	317	21	33:06.5	10:41	20	33:35.9	10:50	1:06:42.5	10:45/M
22	326	Ashley Ramirez	22	174	22	33:14.7	10:43	19	33:35.4	10:50	1:06:50.1	10:47/M
23	329	Hannah McMillan	22	731	23	33:23.4	10:46	21	33:36.4	10:50	1:06:59.9	10:48/M
24	340	Alyssa Romero	20	166	19	32:15.7	10:24	27	35:38.2	11:30	1:07:53.9	10:57/M
25	347	Shannon Robertson	21	256	25	33:26.9	10:47	26	34:46.2	11:13	1:08:13.1	11:00/M
26	364	Sara Crockett	21	1183	26	34:47.6	11:13	25	34:26.2	11:06	1:09:13.8	11:10/M
27	365	Ali Hebert	21	1184	27	34:48.0	11:14	24	34:25.9	11:06	1:09:14.0	11:10/M
28	428	Courtnie Richard	20	330	28	37:37.3	12:08	28	36:11.7	11:40	1:13:49.0	11:54/M
29	454	Kaylee Daniels	21	321	29	37:40.5	12:09	29	37:15.8	12:01	1:14:56.3	12:05/M
30	473	Haley Delahoussaye	22	582	30	37:54.3	12:14	30	38:33.8	12:26	1:16:28.1	12:20/M
31	540	Abbigail Wilson	21	1041	31	43:22.9	13:59	31	44:09.5	14:15	1:27:32.4	14:07/M

#### Female 25 to 29

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	19	Ellie Bernstein	27	621	2	24:46.2	7:59	1	24:07.4	7:47	48:53.7	7:53/M
2	26	Marci Hargroder	27	227	1	24:32.9	7:55	2	24:38.9	7:57	49:11.8	7:56/M
3	39	Clarissa Randel	27	494	3	25:07.5	8:06	3	25:27.0	8:13	50:34.5	8:09/M
4	55	Michon Delahoussaye	29	828	4	25:22.4	8:11	4	26:29.0	8:33	51:51.5	8:22/M
5	63	Sara Diliberto	29	507	5	25:49.7	8:20	6	26:45.1	8:38	52:34.8	8:29/M
6	82	Katie Green	27	346	10	27:54.5	9:00	5	26:31.8	8:33	54:26.3	8:47/M
7	85	Mallory Barnes	29	319	6	27:27.8	8:51	8	27:22.0	8:50	54:49.8	8:50/M
8	87	Lauren Shepherd	28	1083	8	27:36.7	8:54	7	27:16.9	8:48	54:53.7	8:51/M
9	91	Paige Thibodeaux	27	307	9	27:49.2	8:58	9	27:23.6	8:50	55:12.9	8:54/M
10	103	Adelle Meche	26	758	7	27:34.5	8:54	11	28:20.0	9:08	55:54.5	9:01/M
11	128	Katrina Sullivan	28	195	16	29:13.3	9:25	12	28:26.2	9:10	57:39.6	9:18/M
12	130	Alexandra Stanley	27	410	21	29:47.1	9:36	10	27:55.5	9:00	57:42.6	9:18/M
13	131	Desirae Richard	29	91	12	28:52.0	9:19	14	28:54.7	9:19	57:46.8	9:19/M
14	145	Hanna Treece	29	982	11	28:20.7	9:08	17	29:44.2	9:35	58:04.9	9:22/M
15	153	Bailey Billeaudeau	28	752	19	29:44.5	9:35	13	28:39.4	9:15	58:24.0	9:25/M

\*Overall place within gender

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## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 25 to 29

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
16	155	Lyndsey Hargrove	28	862	13	28:58.9	9:21	16	29:27.2	9:30	58:26.1	9:25/M
17	162	Gretchen Leger	27	1037	15	29:12.3	9:25	20	30:03.6	9:42	59:16.0	9:34/M
18	170	Brittany Thousand	27	287	23	30:25.6	9:49	15	29:19.9	9:27	59:45.5	9:38/M
19	172	Tamara Goodyear	27	262	22	29:47.2	9:36	19	30:02.3	9:41	59:49.5	9:39/M
20	186	Kali Kasper	27	520	14	29:05.9	9:23	24	31:19.0	10:06	1:00:25.0	9:45/M
21	194	Gaelle Massart	29	915	18	29:43.4	9:35	21	30:59.4	10:00	1:00:42.8	9:47/M
22	208	Blair Broussard	27	703	28	31:25.9	10:08	18	29:56.4	9:39	1:01:22.3	9:54/M
23	224	Emily Turner	26	301	20	29:44.5	9:35	27	32:11.5	10:23	1:01:56.0	9:59/M
24	230	Elizabeth White	29	212	25	31:03.1	10:01	22	31:17.4	10:05	1:02:20.6	10:03/M
25	231	Caroline Nickel	26	201	26	31:03.3	10:01	23	31:17.5	10:05	1:02:20.9	10:03/M
26	249	April Jackson	29	707	27	31:20.8	10:06	25	31:54.2	10:17	1:03:15.1	10:12/M
27	256	Megan Richard	27	1064	24	31:01.9	10:00	28	32:22.0	10:26	1:03:23.9	10:13/M
28	289	Valerie Saunders	28	958	29	32:19.4	10:25	29	32:49.7	10:35	1:05:09.2	10:30/M
29	290	Katie Langlinais	27	474	35	33:00.6	10:39	26	32:09.9	10:22	1:05:10.6	10:31/M
30	293	Kylee Kern	29	105	31	32:28.8	10:28	30	32:52.6	10:36	1:05:21.4	10:32/M
31	302	Elizabeth Ledoux	28	1022	17	29:16.8	9:26	40	36:24.3	11:45	1:05:41.1	10:36/M
32	305	Krystina Stein	25	626	30	32:20.3	10:26	31	33:26.2	10:47	1:05:46.6	10:36/M
33	320	Katie Debaillon	27	473	34	33:00.4	10:39	32	33:30.5	10:48	1:06:30.9	10:44/M
34	323	Halie Richard	28	1189	32	32:48.2	10:35	33	33:56.6	10:57	1:06:44.8	10:46/M
35	336	Aimee Couvillon	25	762	33	32:51.9	10:36	35	34:39.3	11:11	1:07:31.3	10:53/M
36	343	Stacy Calhoun	27	191	36	33:41.2	10:52	34	34:24.1	11:06	1:08:05.4	10:59/M
37	366	Katelyn Dekerlegand	26	1169	38	34:06.4	11:00	36	35:08.9	11:20	1:09:15.4	11:10/M
38	368	Monte Morris	27	504	37	33:55.1	10:56	37	35:22.1	11:25	1:09:17.2	11:10/M
39	383	Katrena Porter	28	940	39	34:15.6	11:03	39	36:18.1	11:43	1:10:33.8	11:23/M
40	401	Grace Heil	28	701	42	35:42.2	11:31	41	36:28.0	11:46	1:12:10.2	11:38/M
41	402	Maggie Bihm	28	343	40	35:13.0	11:22	42	36:57.8	11:55	1:12:10.9	11:38/M
42	418	Brittany Broussard	29	261	41	35:31.3	11:27	46	37:43.3	12:10	1:13:14.6	11:49/M
43	422	Natalie Adams	28	1015	43	35:50.5	11:34	45	37:30.2	12:06	1:13:20.7	11:50/M
44	425	Caki Russo	26	679	44	36:22.7	11:44	43	37:09.1	11:59	1:13:31.8	11:51/M
45	430	Jayme Landry	25	894	46	36:33.9	11:47	44	37:20.6	12:03	1:13:54.5	11:55/M
46	464	Hollie Montet	28	106	47	36:59.1	11:56	47	38:40.9	12:28	1:15:40.1	12:12/M
47	468	Taylor Broussard	25	198	45	36:30.8	11:46	48	39:33.5	12:45	1:16:04.4	12:16/M
48	476	Amanda Owen	26	934	48	37:07.8	11:58	49	39:35.5	12:46	1:16:43.3	12:22/M
49	509	Alexandra Dardar	25	574	49	40:05.7	12:56	50	40:27.4	13:03	1:20:33.2	13:00/M
50	523	Nicole Ward	29	63	55	47:06.7	15:12	38	36:15.2	11:42	1:23:22.0	13:27/M
51	525	Ashley Olivier	26	1519	50	40:42.7	13:08	52	43:30.2	14:02	1:24:13.0	13:35/M
52	529	Nicole Leblanc	29	577	51	41:07.4	13:16	53	43:46.2	14:07	1:24:53.6	13:41/M
53	534	Nyesha Trusty	27	585	54	42:59.3	13:52	51	43:04.3	13:54	1:26:03.6	13:53/M
54	539	Katie Linkhart	27	153	53	42:16.2	13:38	54	45:16.2	14:36	1:27:32.4	14:07/M
55	547	Justine Champagne	29	403	52	41:14.0	13:18	55	47:23.4	15:17	1:28:37.4	14:18/M
56	567	Tyne Brooks	26	769	56	48:33.2	15:40	56	48:21.6	15:36	1:36:54.8	15:38/M

\*Overall place within gender

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## Age Group Results

Race Date  
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### 10K Participants

#### Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	11	Elizabeth Blum	33	424	1	22:34.7	7:17	2	23:58.1	7:44	46:32.9	7:30/M
2	14	Hallie Coreil	32	823	3	24:12.0	7:48	1	23:50.7	7:41	48:02.8	7:45/M
3	21	Mary Stanford	34	248	2	24:11.4	7:48	6	24:47.9	8:00	48:59.3	7:54/M
4	25	Nicole Aucoin	34	533	4	24:22.5	7:52	5	24:46.1	7:59	49:08.7	7:55/M
5	32	Elli Bourque	34	802	5	24:41.3	7:58	9	25:20.3	8:10	50:01.6	8:04/M
6	33	Jessica Rogers	31	1517	7	26:02.2	8:24	3	24:12.4	7:48	50:14.6	8:06/M
7	38	Laina Simon	34	962	8	26:06.6	8:25	4	24:26.2	7:53	50:32.9	8:09/M
8	47	Renee Langlinais	34	609	6	25:03.9	8:05	10	26:11.1	8:27	51:15.0	8:16/M
9	49	Jennifer Lagrange	33	573	9	26:14.5	8:28	8	25:05.5	8:05	51:20.0	8:17/M
10	60	Sophie Guidry	31	188	13	27:21.2	8:49	7	24:50.2	8:01	52:11.4	8:25/M
11	61	Reesa Bazar	32	783	10	26:14.6	8:28	11	26:14.7	8:28	52:29.3	8:28/M
12	76	Amanda Trichel	31	378	12	27:18.2	8:48	12	26:38.1	8:35	53:56.4	8:42/M
13	99	Rae Hill	30	1160	15	28:05.4	9:04	14	27:40.5	8:55	55:45.9	9:00/M
14	109	Brandi Christensen	30	405	16	28:25.4	9:10	15	27:52.0	8:59	56:17.4	9:05/M
15	112	Lacey Viator	30	575	14	27:58.7	9:01	21	28:36.0	9:14	56:34.8	9:07/M
16	113	Starla Morgan	30	733	17	28:26.1	9:10	17	28:12.6	9:06	56:38.7	9:08/M
17	114	Ciji Garcia	32	618	18	28:28.0	9:11	16	28:12.1	9:06	56:40.1	9:08/M
18	120	Leslie Colignon	34	333	27	29:34.6	9:32	13	27:40.5	8:55	57:15.1	9:14/M
19	121	Kristy Lee	33	1033	20	28:51.2	9:18	22	28:42.0	9:15	57:33.3	9:17/M
20	132	Shelly Daigle	34	1005	21	29:02.3	9:22	23	28:46.7	9:17	57:49.1	9:20/M
21	133	Lisa Cantera	30	1156	19	28:30.9	9:12	26	29:20.5	9:28	57:51.4	9:20/M
22	135	Kelsey Tomes	32	683	22	29:06.2	9:23	24	28:46.9	9:17	57:53.2	9:20/M
23	138	Anna Libersat	33	1105	25	29:27.4	9:30	20	28:27.9	9:11	57:55.4	9:20/M
24	157	Shannon Thomas	33	380	26	29:33.6	9:32	25	28:58.3	9:21	58:31.9	9:26/M
25	161	Kacy Lyons	32	1062	30	30:37.2	9:53	19	28:27.7	9:11	59:04.9	9:32/M
26	163	Colette Ellender	30	116	24	29:20.1	9:28	30	29:56.1	9:39	59:16.3	9:34/M
27	166	Jessica Meyer	32	1162	28	29:39.1	9:34	29	29:49.2	9:37	59:28.3	9:35/M
28	168	Kaylee Mahoney	31	97	23	29:09.8	9:24	33	30:22.2	9:48	59:32.1	9:36/M
29	169	Myra Guidry	30	79	36	31:18.1	10:06	18	28:17.1	9:07	59:35.3	9:37/M
30	175	Catherine Boudreaux	33	799	29	30:30.5	9:50	27	29:24.2	9:29	59:54.7	9:40/M
31	199	Andrea Andrews	34	1192	41	31:33.4	10:11	28	29:30.4	9:31	1:01:03.8	9:51/M
32	202	Brittany Fruge	34	1195	34	30:54.6	9:58	32	30:14.6	9:45	1:01:09.3	9:52/M
33	222	Ashleigh Landry	34	893	31	30:42.3	9:54	35	31:07.1	10:02	1:01:49.4	9:58/M
34	229	Amanda Lahaye	34	1063	35	30:58.6	9:59	36	31:20.7	10:06	1:02:19.3	10:03/M
35	241	Ashley Bella	33	1002	51	32:56.1	10:37	31	30:00.0	9:41	1:02:56.1	10:09/M
36	252	Karli Duke	30	1522	33	30:52.5	9:57	45	32:24.7	10:27	1:03:17.2	10:12/M
37	255	Sierra Higgins	31	684	32	30:49.5	9:56	46	32:33.8	10:30	1:03:23.3	10:13/M
38	258	Brittany Bearb	30	622	40	31:31.7	10:10	41	31:54.6	10:17	1:03:26.4	10:14/M
39	263	Brooke Fontenot	34	1120	38	31:28.3	10:09	42	32:05.0	10:21	1:03:33.4	10:15/M
40	264	Leah Dawsey	34	219	50	32:50.4	10:35	34	30:46.9	9:55	1:03:37.3	10:16/M
41	267	Heather Poirier	33	755	43	32:00.6	10:19	40	31:53.0	10:17	1:03:53.7	10:18/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	269	Jacy Lemaire	33	1121	45	32:24.5	10:27	37	31:41.3	10:13	1:04:05.8	10:20/M
43	270	Mary Blanchard	30	795	42	31:58.9	10:19	44	32:15.0	10:24	1:04:13.9	10:21/M
44	272	Joelle Boudreaux	33	252	44	32:11.3	10:23	43	32:06.2	10:21	1:04:17.5	10:22/M
45	278	Samantha Villien	30	1065	49	32:50.1	10:35	38	31:44.9	10:14	1:04:35.0	10:25/M
46	280	Katie McBain	32	579	53	32:57.2	10:38	39	31:48.5	10:15	1:04:45.7	10:27/M
47	285	Casey Giglio	31	547	39	31:31.4	10:10	49	33:17.2	10:44	1:04:48.7	10:27/M
48	304	Cherrelle Castille	34	1020	48	32:47.1	10:35	48	32:58.8	10:38	1:05:46.0	10:36/M
49	307	Mia Fontenot	33	753	37	31:21.6	10:07	55	34:34.2	11:09	1:05:55.8	10:38/M
50	309	Emily Hodges	33	480	46	32:29.3	10:29	50	33:28.4	10:48	1:05:57.8	10:38/M
51	310	Rachael Phillips	33	688	54	33:12.7	10:43	47	32:49.3	10:35	1:06:02.0	10:39/M
52	324	Lanna Roberts	34	107	52	32:56.1	10:37	52	33:49.7	10:55	1:06:45.8	10:46/M
53	338	Nicole Doucet	34	323	47	32:46.7	10:34	56	34:51.7	11:15	1:07:38.4	10:55/M
54	339	Tiffany Thibodeaux	32	1128	58	33:51.3	10:55	51	33:47.1	10:54	1:07:38.4	10:55/M
55	341	Jimi Sonnier	33	566	55	33:33.1	10:49	53	34:22.5	11:05	1:07:55.7	10:57/M
56	362	Amanda Morton	34	336	62	34:42.9	11:12	54	34:24.8	11:06	1:09:07.8	11:09/M
57	375	Cherise Gautreaux	30	1154	56	33:33.8	10:49	59	35:55.7	11:35	1:09:29.6	11:12/M
58	377	Michelle Boudreaux	31	1095	60	34:14.9	11:03	57	35:28.6	11:26	1:09:43.6	11:15/M
59	386	Nicole Bell	30	425	57	33:50.9	10:55	66	37:01.8	11:56	1:10:52.8	11:26/M
60	392	Stephanie Tate	31	164	59	34:07.6	11:00	65	37:01.5	11:56	1:11:09.1	11:29/M
61	397	Shelly Gauthier	34	527	64	35:11.7	11:21	62	36:34.4	11:48	1:11:46.2	11:35/M
62	405	Louisa Onyewadume	30	555	69	36:33.8	11:47	58	35:47.7	11:33	1:12:21.6	11:40/M
63	410	Melinda Castagnos	31	1074	61	34:28.1	11:07	69	38:15.2	12:20	1:12:43.4	11:44/M
64	411	Meagan Callais	33	448	70	36:37.2	11:49	60	36:09.5	11:40	1:12:46.7	11:44/M
65	423	Stephanie Moore	31	1117	65	35:30.8	11:27	68	37:55.2	12:14	1:13:26.1	11:51/M
66	431	Amy Manceaux	33	298	68	36:32.0	11:47	67	37:23.6	12:04	1:13:55.6	11:55/M
67	437	Kelly Ducharme	31	476	73	37:43.7	12:10	61	36:22.3	11:44	1:14:06.1	11:57/M
68	448	Courtney Stakes	34	1133	74	38:01.9	12:16	63	36:36.7	11:48	1:14:38.7	12:02/M
69	457	Bobbi Landry	32	253	66	36:25.2	11:45	70	38:33.8	12:26	1:14:59.1	12:06/M
70	460	Leigh Guidry	31	858	75	38:21.3	12:22	64	37:00.3	11:56	1:15:21.7	12:09/M
71	461	Kiley Leonard	30	726	63	34:57.0	11:16	77	40:28.0	13:03	1:15:25.0	12:10/M
72	462	Amber Clark	34	725	67	36:29.2	11:46	72	39:01.3	12:35	1:15:30.6	12:11/M
73	478	Angèle Louis-Marie	34	908	71	37:20.1	12:03	75	39:42.9	12:48	1:17:03.1	12:26/M
74	483	Lauren Mahfouz	34	1081	77	38:52.0	12:32	71	38:55.7	12:33	1:17:47.7	12:33/M
75	487	Christiane Rivera	31	351	72	37:32.9	12:06	79	40:53.4	13:11	1:18:26.4	12:39/M
76	495	Lauren Popich	32	1066	79	39:22.7	12:42	73	39:34.2	12:46	1:18:56.9	12:44/M
77	500	Christie Oster	30	498	80	39:43.0	12:49	74	39:38.5	12:47	1:19:21.6	12:48/M
78	501	Heather Fontenot	34	258	76	38:46.3	12:30	78	40:41.8	13:07	1:19:28.1	12:49/M
79	503	Caitlin Jacob	32	879	78	39:20.1	12:41	76	40:10.5	12:57	1:19:30.6	12:49/M
80	526	Hope Taylor	32	502	83	42:41.9	13:46	80	41:41.7	13:27	1:24:23.7	13:37/M
81	527	Danielle Marcantel	34	282	81	41:06.0	13:15	83	43:24.0	14:00	1:24:30.0	13:38/M
82	533	Michelle Thomas	33	512	82	42:41.8	13:46	81	42:51.5	13:49	1:25:33.4	13:48/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
83	535	Rainee Elliott	31	586	84	43:01.9	13:53	82	43:04.0	13:54	1:26:05.9	13:53/M
84	551	Meghan Allen	34	152	86	44:12.7	14:15	84	46:48.4	15:06	1:31:01.1	14:41/M
85	552	Michelle Ochoa	31	68	85	43:47.6	14:07	85	47:21.1	15:16	1:31:08.7	14:42/M
86	562	Brianna Howlett	34	88	87	47:23.1	15:17	86	48:21.5	15:36	1:35:44.7	15:26/M

#### Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	7	Lynsey Braniff	36	460	1	23:30.5	7:35	1	22:52.1	7:23	46:22.7	7:29/M
2	18	Jandy Tyl	36	559	4	24:10.4	7:48	3	24:19.5	7:51	48:29.9	7:49/M
3	20	Heather Harris	37	328	5	24:23.6	7:52	6	24:34.4	7:55	48:58.1	7:54/M
4	22	Heather Mason	38	122	3	24:08.5	7:47	7	24:53.4	8:02	49:01.9	7:54/M
5	27	Kayla Rochon	35	466	6	24:50.8	8:01	4	24:22.8	7:52	49:13.6	7:56/M
6	30	Meribeth Huizinga	39	1130	8	25:14.4	8:08	5	24:32.5	7:55	49:47.0	8:02/M
7	35	Cassie Goldsboro	37	449	2	23:44.4	7:39	13	26:33.4	8:34	50:17.9	8:07/M
8	36	Wendy Schmit	39	960	11	26:00.4	8:23	2	24:18.6	7:50	50:19.0	8:07/M
9	51	Mandi Simoneaux	36	275	7	25:13.2	8:08	11	26:18.4	8:29	51:31.6	8:19/M
10	52	Katherine Roy	37	954	10	25:59.0	8:23	9	25:33.0	8:15	51:32.0	8:19/M
11	59	Elise Boutin	36	233	12	26:09.8	8:26	10	25:58.9	8:23	52:08.8	8:25/M
12	62	Jeanne Declouet	35	518	9	25:55.2	8:22	14	26:37.4	8:35	52:32.6	8:28/M
13	64	Kristen Wilson	36	1163	16	27:07.2	8:45	8	25:30.3	8:14	52:37.5	8:29/M
14	69	Jaime Johnson	36	260	14	26:51.3	8:40	12	26:26.3	8:32	53:17.6	8:36/M
15	70	Jamie Mouton	38	101	13	26:17.2	8:29	15	27:02.0	8:43	53:19.2	8:36/M
16	92	Ashley Hebert	37	865	15	26:52.4	8:40	19	28:25.7	9:10	55:18.1	8:55/M
17	94	Melanie Rodrigue	35	160	18	27:49.8	8:58	16	27:32.3	8:53	55:22.2	8:56/M
18	95	Katharine Bleecher	37	796	17	27:49.3	8:58	17	27:33.2	8:53	55:22.6	8:56/M
19	111	Trisha Ancelet	37	628	19	27:50.1	8:59	21	28:31.2	9:12	56:21.4	9:05/M
20	117	Yvonne Ochoa	36	70	23	28:43.0	9:16	18	27:59.6	9:02	56:42.7	9:09/M
21	123	Lynsey Talbot	36	468	22	28:35.7	9:13	23	28:58.8	9:21	57:34.5	9:17/M
22	141	Whitney Busscher	36	1046	20	28:02.5	9:03	31	29:55.9	9:39	57:58.4	9:21/M
23	143	Anri Artigue	39	62	27	29:33.5	9:32	20	28:28.0	9:11	58:01.6	9:21/M
24	144	Mandy Parria	35	290	21	28:30.7	9:12	24	29:33.2	9:32	58:03.9	9:22/M
25	148	Julia Autin Adams	38	770	26	29:33.3	9:32	22	28:33.6	9:13	58:06.9	9:22/M
26	156	Abbey Broussard	38	811	24	28:52.6	9:19	25	29:37.1	9:33	58:29.7	9:26/M
27	173	Mary Richard	37	115	25	29:22.5	9:28	34	30:29.0	9:50	59:51.5	9:39/M
28	178	Jennifer Ledet	36	339	28	29:40.3	9:34	32	30:19.7	9:47	1:00:00.1	9:41/M
29	190	Alena Guidry	38	857	32	30:48.8	9:56	29	29:48.8	9:37	1:00:37.6	9:47/M
30	191	Devin Soeseno	39	66	30	30:10.0	9:44	33	30:27.7	9:49	1:00:37.8	9:47/M
31	193	Stephanie Legnon	36	906	29	30:08.0	9:43	35	30:31.2	9:51	1:00:39.3	9:47/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
32	198	Amie Bodin	38	189	33	31:11.0	10:04	27	29:41.1	9:35	1:00:52.2	9:49/M
33	200	Susan Saad	39	1131	35	31:26.3	10:08	28	29:41.3	9:35	1:01:07.6	9:51/M
34	205	April Broussard	37	193	38	31:34.6	10:11	26	29:39.8	9:34	1:01:14.4	9:53/M
35	211	Nicole Fontenot	37	523	37	31:31.3	10:10	30	29:54.5	9:39	1:01:25.8	9:54/M
36	238	Loni Shaw	35	231	39	31:45.6	10:15	37	31:03.5	10:01	1:02:49.1	10:08/M
37	240	Brandy Daigle	39	1030	31	30:43.8	9:55	44	32:11.0	10:23	1:02:54.9	10:09/M
38	250	Deana Fontenot	38	71	42	31:48.7	10:15	39	31:26.4	10:08	1:03:15.1	10:12/M
39	251	Lisa Bruno	37	724	41	31:48.7	10:15	40	31:26.4	10:08	1:03:15.1	10:12/M
40	253	Trisha Cole	38	139	43	32:17.9	10:25	36	31:00.9	10:00	1:03:18.9	10:13/M
41	257	Monti Smith	35	421	40	31:46.9	10:15	42	31:38.7	10:12	1:03:25.7	10:14/M
42	261	Abby Trahan	35	980	36	31:29.9	10:09	43	31:57.8	10:18	1:03:27.8	10:14/M
43	274	Casey Malbrough	38	1115	49	33:17.8	10:44	38	31:09.0	10:03	1:04:26.8	10:24/M
44	282	Gretchen Daniel	38	113	34	31:15.0	10:05	48	33:31.6	10:49	1:04:46.6	10:27/M
45	284	Andrea Ledee	36	903	48	33:17.3	10:44	41	31:30.2	10:10	1:04:47.6	10:27/M
46	296	Katie Rogers	35	952	46	32:51.2	10:36	45	32:32.4	10:30	1:05:23.6	10:33/M
47	315	Rachel Marquet	39	914	47	32:54.0	10:37	47	33:17.9	10:44	1:06:11.9	10:40/M
48	331	Leigh Hemperley	35	625	44	32:20.7	10:26	55	35:03.1	11:18	1:07:23.8	10:52/M
49	332	Delia Girouard	35	420	59	34:15.5	11:03	46	33:08.5	10:41	1:07:24.0	10:52/M
50	337	Lindsay Hoyt	39	1027	50	33:40.1	10:52	49	33:56.4	10:57	1:07:36.5	10:54/M
51	349	Sarah Bolding	37	798	51	33:50.1	10:55	53	34:41.7	11:11	1:08:31.9	11:03/M
52	350	Emily Walker	37	988	52	33:50.5	10:55	52	34:41.5	11:11	1:08:32.1	11:03/M
53	352	Brandy Gumela	35	860	58	34:12.5	11:02	50	34:30.3	11:08	1:08:42.8	11:05/M
54	356	Mele Gonzales	36	855	60	34:20.2	11:05	51	34:30.5	11:08	1:08:50.8	11:06/M
55	360	Elizabeth Lyons	35	639	45	32:47.7	10:35	67	36:09.8	11:40	1:08:57.6	11:07/M
56	370	Abby Benoit	35	792	54	33:56.2	10:57	59	35:27.9	11:26	1:09:24.1	11:12/M
57	371	Cheli Breaux	37	1127	55	33:57.1	10:57	58	35:27.4	11:26	1:09:24.5	11:12/M
58	372	Molly Beach	39	784	53	33:56.0	10:57	61	35:28.5	11:26	1:09:24.6	11:12/M
59	373	Cearley Fontenot	38	841	56	33:57.4	10:57	60	35:28.0	11:26	1:09:25.4	11:12/M
60	379	Alaina Joubert	36	633	61	34:36.1	11:10	57	35:18.9	11:23	1:09:55.1	11:17/M
61	389	Mandy Romero	36	163	57	34:06.6	11:00	70	36:54.4	11:54	1:11:01.0	11:27/M
62	390	Willie Marinella	39	913	66	35:22.9	11:25	64	35:39.7	11:30	1:11:02.7	11:27/M
63	404	Jessi Gilbert	38	266	68	35:45.5	11:32	68	36:34.9	11:48	1:12:20.5	11:40/M
64	406	Lori Gauthier	37	515	72	36:29.8	11:46	65	36:00.7	11:37	1:12:30.5	11:42/M
65	407	Aimee Yandle	35	1019	76	37:04.9	11:57	62	35:28.8	11:26	1:12:33.7	11:42/M
66	408	Erica Venable	36	1103	71	36:29.2	11:46	66	36:05.1	11:38	1:12:34.4	11:42/M
67	409	Erin Lassalle	36	457	75	37:00.9	11:56	63	35:34.5	11:28	1:12:35.4	11:42/M
68	412	Jessica Norwood	37	932	65	35:16.6	11:23	74	37:31.3	12:06	1:12:47.9	11:44/M
69	413	Emily Gaspard	36	395	69	36:07.0	11:39	69	36:49.5	11:53	1:12:56.6	11:46/M
70	417	Danielle Cole	38	259	63	34:53.7	11:15	80	38:10.3	12:19	1:13:04.0	11:47/M
71	421	Ashley Clark	39	305	67	35:44.5	11:32	76	37:36.0	12:08	1:13:20.6	11:50/M
72	424	Kathleen Leneck	37	371	64	34:58.0	11:17	83	38:31.8	12:25	1:13:29.9	11:51/M

\*Overall place within gender



# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
73	429	Cassie Templet	35	483	70	36:16.7	11:42	77	37:36.9	12:08	1:13:53.6	11:55/M
74	432	Candice Abney	35	563	87	38:51.9	12:32	56	35:04.2	11:19	1:13:56.1	11:55/M
75	433	Celeste Barrett	36	767	88	38:53.8	12:33	54	35:02.6	11:18	1:13:56.4	11:55/M
76	436	Cherice Teets	39	103	73	36:33.8	11:47	73	37:30.3	12:06	1:14:04.2	11:57/M
77	442	Alisha Templet	36	204	62	34:52.4	11:15	87	39:37.5	12:47	1:14:29.9	12:01/M
78	449	Corinne Hester	39	872	77	37:21.5	12:03	71	37:17.7	12:02	1:14:39.3	12:02/M
79	453	Alice Tate	39	501	78	37:23.2	12:04	72	37:30.0	12:06	1:14:53.3	12:05/M
80	458	Gabrielle Daigle	37	1147	79	37:36.8	12:08	75	37:34.1	12:07	1:15:11.0	12:08/M
81	465	Aimee Billeaud	36	510	80	37:37.7	12:08	79	38:07.5	12:18	1:15:45.3	12:13/M
82	466	Tonya Borill	38	1182	81	37:38.5	12:08	81	38:16.2	12:21	1:15:54.8	12:15/M
83	471	Layne Edelman	35	82	74	36:58.0	11:55	86	39:29.8	12:44	1:16:27.8	12:20/M
84	479	Kim Fontenot	37	69	86	38:50.0	12:32	82	38:27.2	12:24	1:17:17.3	12:28/M
85	480	Melissa Kohler	36	890	82	38:12.5	12:19	85	39:10.3	12:38	1:17:22.9	12:29/M
86	486	Abigail Bennett	36	791	90	39:34.5	12:46	84	38:33.8	12:26	1:18:08.3	12:36/M
87	489	Claire Margaglio	39	121	92	40:22.6	13:01	78	38:07.1	12:18	1:18:29.8	12:40/M
88	496	Elizabeth Green	38	856	83	38:28.9	12:25	89	40:29.3	13:04	1:18:58.2	12:44/M
89	506	Kelein Barrow	36	244	85	38:33.9	12:26	90	41:18.7	13:19	1:19:52.7	12:53/M
90	511	Katie Geiger	39	851	91	40:21.9	13:01	88	40:16.5	12:59	1:20:38.4	13:00/M
91	518	Bridgette Biagas	39	271	89	39:26.2	12:43	91	42:49.0	13:49	1:22:15.3	13:16/M
92	520	Amber Frey	37	72	84	38:29.8	12:25	93	43:46.5	14:07	1:22:16.4	13:16/M
93	530	Kellee Kleinke	35	564	93	41:07.7	13:16	92	43:46.4	14:07	1:24:54.1	13:42/M
94	550	Katie Lightfoot	38	151	94	44:12.3	14:15	97	46:48.0	15:06	1:31:00.4	14:41/M
95	553	Jamie Klump	39	402	96	44:44.1	14:26	96	46:34.5	15:01	1:31:18.6	14:44/M
96	555	Brianne Landry	39	750	97	46:40.7	15:03	94	44:55.9	14:29	1:31:36.6	14:46/M
97	561	Elizabeth Davenport	35	998	98	48:29.6	15:38	95	46:23.3	14:58	1:34:53.0	15:18/M
98	565	Rachel McKinsey	36	1104	95	44:13.0	14:16	98	52:20.0	16:53	1:36:33.1	15:34/M

#### Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	8	Michelle Reed	43	439	2	23:23.4	7:33	1	23:05.5	7:27	46:28.9	7:30/M
2	10	Courtney Laser	40	896	1	23:20.2	7:32	2	23:11.2	7:29	46:31.5	7:30/M
3	12	Emily Normand	40	1100	3	23:40.7	7:38	3	23:26.3	7:34	47:07.1	7:36/M
4	15	Emmy Breaux	42	712	5	24:20.4	7:51	4	23:48.4	7:41	48:08.8	7:46/M
5	16	Rhonda Branch	40	806	4	24:05.8	7:46	5	24:14.5	7:49	48:20.4	7:48/M
6	28	Amy Fusilier	41	331	6	24:39.2	7:57	6	24:36.8	7:56	49:16.0	7:57/M
7	42	Margaret Manning	42	442	7	25:22.1	8:11	10	25:32.4	8:14	50:54.6	8:13/M
8	43	Ann Bond	44	1186	11	25:55.8	8:22	7	25:07.1	8:06	51:03.0	8:14/M
9	46	Amanda Breaux	41	807	9	25:41.9	8:17	9	25:31.8	8:14	51:13.7	8:16/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
10	48	Leah Formby	41	1080	13	26:00.6	8:23	8	25:19.0	8:10	51:19.6	8:17/M
11	53	Heather James	43	537	12	25:57.5	8:22	11	25:39.9	8:16	51:37.4	8:20/M
12	56	April Kephart	41	713	8	25:34.0	8:15	13	26:24.0	8:31	51:58.0	8:23/M
13	58	Angelle Hollier	42	874	10	25:52.2	8:21	12	26:14.8	8:28	52:07.1	8:24/M
14	66	Chastity Bernard	43	793	14	26:26.7	8:32	14	26:24.3	8:31	52:51.1	8:31/M
15	68	Maggie Pere	42	1053	16	26:39.7	8:36	16	26:36.7	8:35	53:16.5	8:35/M
16	79	Sondra Morrow	43	1052	17	26:59.6	8:42	19	27:08.8	8:45	54:08.4	8:44/M
17	80	Jonelle Pommier	40	552	20	27:42.2	8:56	15	26:26.2	8:32	54:08.5	8:44/M
18	84	Daphne Olivier	43	611	15	26:38.4	8:35	24	27:55.9	9:00	54:34.3	8:48/M
19	89	Jeanette Runner	42	278	19	27:25.4	8:51	21	27:32.9	8:53	54:58.4	8:52/M
20	97	Kim Girouard	42	852	26	28:43.2	9:16	17	27:02.1	8:43	55:45.3	9:00/M
21	98	Lauren Champagne	42	1076	18	27:12.8	8:46	27	28:33.0	9:13	55:45.8	9:00/M
22	101	Michelle Blanchard	44	1054	25	28:42.3	9:15	18	27:07.5	8:45	55:49.8	9:00/M
23	102	Pamela Payne	43	58	22	28:10.2	9:05	22	27:43.7	8:56	55:54.0	9:01/M
24	106	Melanie Lauer	40	1166	30	28:55.8	9:20	20	27:10.8	8:46	56:06.6	9:03/M
25	110	Kristin Keeter	44	1181	24	28:28.5	9:11	23	27:49.7	8:58	56:18.3	9:05/M
26	122	Tiffanie Bulliard	44	214	21	27:57.5	9:01	40	29:36.3	9:33	57:33.9	9:17/M
27	124	Shaun Soileau	42	255	29	28:54.6	9:19	30	28:40.4	9:15	57:35.1	9:17/M
28	127	Nicole Stutes	41	1122	28	28:50.9	9:18	31	28:48.3	9:17	57:39.2	9:18/M
29	129	Katherine Daigle	42	1044	27	28:49.6	9:18	32	28:50.4	9:18	57:40.1	9:18/M
30	136	Armelle Verre	40	467	36	29:39.9	9:34	26	28:13.9	9:06	57:53.9	9:20/M
31	139	Melana Power	43	306	39	29:50.6	9:37	25	28:04.9	9:03	57:55.5	9:20/M
32	142	Jillian Jones	40	690	35	29:19.7	9:27	29	28:40.2	9:15	57:59.9	9:21/M
33	149	Ali Vincent	40	986	34	29:11.2	9:25	33	28:55.9	9:20	58:07.2	9:22/M
34	150	Jenny Folse	43	1165	32	29:02.5	9:22	36	29:09.3	9:24	58:11.9	9:23/M
35	151	Jolaine McCluer	42	1040	31	29:02.0	9:22	37	29:10.2	9:25	58:12.3	9:23/M
36	154	Karen Burdette	41	381	23	28:28.2	9:11	41	29:56.5	9:39	58:24.8	9:25/M
37	159	Sandra Burnell	40	1018	38	29:47.3	9:36	34	28:59.1	9:21	58:46.5	9:29/M
38	176	Paula Thompson	43	979	48	30:52.8	9:57	35	29:04.7	9:23	59:57.6	9:40/M
39	179	Jennifer Watson	41	493	43	30:29.4	9:50	38	29:31.2	9:31	1:00:00.7	9:41/M
40	181	Christie Delhomme	42	67	33	29:10.3	9:25	48	30:53.3	9:58	1:00:03.6	9:41/M
41	182	Brandi Badeaux	43	1108	40	30:03.4	9:42	42	30:01.1	9:41	1:00:04.5	9:41/M
42	183	Stephanie Buck	44	1077	45	30:34.8	9:52	39	29:33.9	9:32	1:00:08.8	9:42/M
43	185	Christine Blancher	41	651	60	31:41.4	10:13	28	28:37.1	9:14	1:00:18.5	9:44/M
44	189	Maria Lahaye Menard	42	176	41	30:14.3	9:45	44	30:19.2	9:47	1:00:33.5	9:46/M
45	203	Carmen Olivier	43	470	44	30:31.7	9:51	46	30:38.9	9:53	1:01:10.6	9:52/M
46	215	Amber Laprairie	41	895	52	31:10.4	10:03	45	30:29.2	9:50	1:01:39.7	9:57/M
47	217	Candace Bain	43	781	57	31:22.5	10:07	43	30:18.2	9:46	1:01:40.7	9:57/M
48	220	Mandy Martin	42	187	37	29:40.8	9:34	59	32:02.4	10:20	1:01:43.3	9:57/M
49	221	Lyne Mitchell	43	124	47	30:39.4	9:53	50	31:03.9	10:01	1:01:43.3	9:57/M
50	227	Marnie Hoyt	41	1038	53	31:10.9	10:03	49	30:54.9	9:58	1:02:05.9	10:01/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
51	233	Courtney Gerald Elkins	42	1009	61	31:52.5	10:17	47	30:48.2	9:56	1:02:40.7	10:06/M
52	235	Heidi Roma	41	1060	54	31:15.0	10:05	53	31:25.9	10:08	1:02:41.0	10:07/M
53	236	Kerry Hoffpauir	43	375	55	31:17.6	10:05	52	31:25.0	10:08	1:02:42.6	10:07/M
54	237	Stacey Simon	43	966	56	31:17.8	10:05	54	31:27.0	10:09	1:02:44.8	10:07/M
55	242	Ashley Salvaggio	42	1129	58	31:28.2	10:09	55	31:27.9	10:09	1:02:56.2	10:09/M
56	243	Kim Hebert	43	870	46	30:37.0	9:53	60	32:20.1	10:26	1:02:57.2	10:09/M
57	248	Kim Dooley	43	1175	64	32:01.8	10:20	51	31:07.6	10:02	1:03:09.4	10:11/M
58	259	Jamie Trahan	42	1109	42	30:19.6	9:47	69	33:07.0	10:41	1:03:26.7	10:14/M
59	260	Kim Harrison	44	1097	49	30:55.8	9:58	61	32:31.5	10:29	1:03:27.3	10:14/M
60	265	Corie Wells	44	463	50	30:57.5	9:59	63	32:46.7	10:34	1:03:44.3	10:17/M
61	268	Michelle Rome	43	503	51	31:00.5	10:00	67	33:01.0	10:39	1:04:01.5	10:20/M
62	271	Robin Pham	40	936	68	32:46.4	10:34	56	31:29.7	10:09	1:04:16.1	10:22/M
63	276	Kelly Schoeffler	43	1004	69	32:56.6	10:37	57	31:33.7	10:11	1:04:30.3	10:24/M
64	279	Amber Lodrigues	41	613	62	31:56.5	10:18	64	32:47.5	10:35	1:04:44.1	10:26/M
65	287	Hazel Chavis	43	1012	63	32:01.0	10:20	65	32:51.9	10:36	1:04:53.0	10:28/M
66	288	Martina Joseph	44	456	59	31:37.3	10:12	70	33:23.0	10:46	1:05:00.3	10:29/M
67	292	Denise Champagne	41	562	71	33:20.0	10:45	58	31:57.2	10:18	1:05:17.3	10:32/M
68	299	Robin Secco	43	736	65	32:35.7	10:31	68	33:03.4	10:40	1:05:39.1	10:35/M
69	303	Sandra Lejeune	41	119	67	32:46.0	10:34	66	32:58.5	10:38	1:05:44.5	10:36/M
70	319	Wendy Broussard	42	1023	74	33:44.8	10:53	62	32:41.6	10:33	1:06:26.5	10:43/M
71	344	April Holley	41	408	66	32:36.1	10:31	75	35:34.0	11:28	1:08:10.1	11:00/M
72	345	Amy Cavanaugh	42	458	72	33:31.5	10:49	72	34:40.4	11:11	1:08:11.9	11:00/M
73	346	Miranda Usie	40	264	75	33:54.2	10:56	71	34:17.8	11:04	1:08:12.0	11:00/M
74	353	Tommi Angelle	44	1028	73	33:38.9	10:51	73	35:04.3	11:19	1:08:43.3	11:05/M
75	357	Korie Champeaux	44	414	70	33:03.3	10:40	76	35:52.5	11:34	1:08:55.9	11:07/M
76	382	Aimee Doucet	41	832	77	34:23.4	11:05	78	36:09.8	11:40	1:10:33.2	11:23/M
77	384	Charisa Bernard	41	648	84	35:30.1	11:27	74	35:10.2	11:21	1:10:40.4	11:24/M
78	393	Nicole Guidry	41	711	79	34:41.9	11:11	81	36:38.0	11:49	1:11:19.9	11:30/M
79	394	Candace Frazier	44	844	76	34:16.7	11:03	84	37:06.2	11:58	1:11:22.9	11:31/M
80	395	Chris Cormier	44	691	80	35:10.1	11:21	79	36:19.2	11:43	1:11:29.3	11:32/M
81	396	Stephanie Skinner	42	359	81	35:22.3	11:25	77	36:07.7	11:39	1:11:30.1	11:32/M
82	416	Gabrielle Frazier	43	241	85	35:41.0	11:31	85	37:19.7	12:02	1:13:00.7	11:46/M
83	419	Christy Bird	40	545	78	34:35.3	11:09	90	38:39.8	12:28	1:13:15.1	11:49/M
84	426	Dana Altamirano	44	129	90	36:48.8	11:52	83	36:55.7	11:55	1:13:44.6	11:54/M
85	427	Stacey Savoy	44	689	86	36:18.1	11:43	86	37:26.8	12:05	1:13:45.0	11:54/M
86	438	Raegan Doucet	41	1042	93	37:40.9	12:09	80	36:26.0	11:45	1:14:07.0	11:57/M
87	441	Pauline Johnston	43	92	88	36:35.2	11:48	88	37:43.4	12:10	1:14:18.6	11:59/M
88	445	Shelley Johnson	44	881	91	36:52.9	11:54	87	37:41.7	12:09	1:14:34.6	12:02/M
89	450	Emily Pitre	41	937	94	37:53.5	12:13	82	36:51.3	11:53	1:14:44.8	12:03/M
90	451	Charisse Douget	40	634	83	35:27.8	11:26	91	39:22.2	12:42	1:14:50.0	12:04/M
91	452	Callie Schouest	42	382	82	35:26.1	11:26	92	39:24.7	12:43	1:14:50.9	12:04/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
92	459	Kilie Armand	40	85	92	37:12.0	12:00	89	38:09.5	12:18	1:15:21.6	12:09/M
93	469	Nathalie Leroux	42	907	89	36:48.6	11:52	93	39:26.7	12:43	1:16:15.3	12:18/M
94	477	Crystal Pritchard	41	288	87	36:31.8	11:47	95	40:22.2	13:01	1:16:54.1	12:24/M
95	484	Heather Perilloux	44	935	96	38:17.6	12:21	94	39:43.4	12:49	1:18:01.1	12:35/M
96	499	Allyson Womack	42	496	95	37:57.2	12:15	97	41:07.8	13:16	1:19:05.1	12:45/M
97	510	Cindy Reid Landry	42	765	99	39:59.0	12:54	96	40:37.2	13:06	1:20:36.2	13:00/M
98	517	Tasha Cieslak	41	820	98	39:01.9	12:35	98	43:11.3	13:56	1:22:13.2	13:16/M
99	519	Jacqueline Fruge	44	95	97	38:30.3	12:25	100	43:46.0	14:07	1:22:16.4	13:16/M
100	524	Vicki Lambert	44	892	100	40:40.7	13:07	99	43:23.0	14:00	1:24:03.8	13:33/M
101	545	Kim Millien	44	390	101	42:40.3	13:46	101	45:27.6	14:40	1:28:07.9	14:13/M
102	558	Laurel Dupont	41	1518	102	46:50.8	15:06	103	45:56.9	14:49	1:32:47.8	14:58/M
103	560	Louise Pastor	41	315	103	49:01.0	15:49	102	45:47.7	14:46	1:34:48.7	15:17/M

#### Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	13	Pamela Gaillard	47	1035	2	24:03.6	7:45	1	23:46.5	7:40	47:50.1	7:43/M
2	23	Marilyn Rumbaugh	46	350	4	25:05.7	8:05	2	23:57.6	7:44	49:03.3	7:55/M
3	24	Olivia Girouard	46	853	1	23:55.3	7:43	4	25:11.2	8:07	49:06.6	7:55/M
4	40	Christine Willis	45	210	5	25:26.5	8:12	3	25:09.1	8:07	50:35.6	8:10/M
5	45	Misty Walters	46	989	3	24:54.0	8:02	6	26:13.2	8:27	51:07.3	8:15/M
6	67	Beth Perry	47	706	8	27:34.2	8:54	5	25:38.5	8:16	53:12.7	8:35/M
7	73	Sheila Plunkett	47	549	7	27:08.3	8:45	7	26:17.0	8:29	53:25.4	8:37/M
8	81	Laina Fredieu	46	221	9	27:52.8	8:59	8	26:20.5	8:30	54:13.4	8:45/M
9	83	Maria Mendoza	47	1000	6	26:59.8	8:42	9	27:30.0	8:52	54:29.9	8:47/M
10	108	Tricia Massie	46	459	11	28:26.7	9:10	10	27:50.1	8:59	56:16.9	9:05/M
11	115	Carol Fontenot	49	719	13	28:43.9	9:16	12	27:58.0	9:01	56:42.0	9:09/M
12	119	Virginia Woods	46	993	12	28:30.4	9:12	14	28:26.9	9:10	56:57.4	9:11/M
13	126	Tricia Dugas	48	835	15	29:19.4	9:27	13	28:19.5	9:08	57:38.9	9:18/M
14	140	Renee Nugier	47	394	16	29:24.9	9:29	15	28:33.1	9:13	57:58.1	9:21/M
15	146	Karen Sanson	49	957	14	29:10.0	9:25	17	28:55.1	9:20	58:05.1	9:22/M
16	147	Christy Hebert	49	1086	17	29:27.3	9:30	16	28:38.6	9:14	58:05.9	9:22/M
17	160	Tamara Lindner	46	406	27	30:57.4	9:59	11	27:57.9	9:01	58:55.3	9:30/M
18	164	Gale Rhoades	49	1140	19	29:51.8	9:38	18	29:31.5	9:31	59:23.4	9:35/M
19	171	Stefanie Prothro	45	942	20	30:03.6	9:42	21	29:42.2	9:35	59:45.9	9:38/M
20	184	Candace Funderburk	49	136	18	29:35.2	9:33	26	30:41.2	9:54	1:00:16.4	9:43/M
21	187	Alonda Jenkins	47	401	26	30:50.8	9:57	19	29:40.9	9:34	1:00:31.7	9:46/M
22	204	Michele Richard	45	1058	22	30:33.9	9:51	25	30:37.0	9:53	1:01:10.9	9:52/M
23	206	Sandi Stewart	48	423	30	31:07.4	10:02	23	30:10.2	9:44	1:01:17.7	9:53/M

\*Overall place within gender

## 2018 Geaux Run Cajun Cup 10K

Age Group Results**10K Participants**

## Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
24	210	Angela Stewart	49	1024	32	31:29.9	10:09	22	29:55.5	9:39	1:01:25.4	9:54/M
25	213	Simmie Soileau	49	757	21	30:16.8	9:46	31	31:15.0	10:05	1:01:31.8	9:55/M
26	214	Elizabeth Landry	48	1139	24	30:34.8	9:52	28	31:02.7	10:01	1:01:37.6	9:56/M
27	216	Melanie Lebouef	48	902	23	30:34.7	9:52	29	31:05.8	10:02	1:01:40.5	9:57/M
28	218	Deedee McCoy	46	917	31	31:22.4	10:07	24	30:18.2	9:46	1:01:40.7	9:57/M
29	223	Stephanie Reis	49	540	36	32:11.5	10:23	20	29:41.7	9:35	1:01:53.2	9:59/M
30	232	Missy Foster	45	211	28	31:02.9	10:01	32	31:24.1	10:08	1:02:27.0	10:04/M
31	234	Jennifer Daigle	45	268	35	31:51.0	10:16	27	30:49.8	9:56	1:02:40.8	10:06/M
32	245	Nicole Morrow	46	925	25	30:42.0	9:54	38	32:20.9	10:26	1:03:02.9	10:10/M
33	247	Amanda Galloway	46	1142	29	31:04.9	10:01	37	32:01.2	10:20	1:03:06.1	10:11/M
34	262	Andrea Vidrine	49	388	34	31:45.1	10:15	33	31:47.2	10:15	1:03:32.3	10:15/M
35	273	Vanessa Jones	48	738	33	31:42.0	10:14	39	32:39.0	10:32	1:04:21.0	10:23/M
36	281	Wendy Mouton	49	929	38	32:46.7	10:34	36	31:59.5	10:19	1:04:46.3	10:27/M
37	283	Emilie Boudreaux	45	800	39	32:48.9	10:35	34	31:57.9	10:18	1:04:46.8	10:27/M
38	286	Tara Derouen	45	387	44	33:42.3	10:52	30	31:08.0	10:03	1:04:50.3	10:27/M
39	294	Cindy Ardoin	47	778	43	33:23.7	10:46	35	31:57.9	10:18	1:05:21.7	10:32/M
40	318	Montine Howard	49	184	37	32:44.7	10:34	41	33:39.2	10:51	1:06:24.0	10:43/M
41	325	Shantelle Scott	46	662	40	32:57.0	10:38	44	33:49.4	10:55	1:06:46.4	10:46/M
42	334	Nanette Bernard	47	766	46	34:20.3	11:05	40	33:05.2	10:40	1:07:25.6	10:52/M
43	342	Mandy Broussard	45	326	47	34:25.0	11:06	42	33:40.0	10:52	1:08:05.1	10:59/M
44	351	Ann Dore	45	1520	45	33:45.4	10:53	46	34:54.8	11:15	1:08:40.2	11:05/M
45	358	Maria Marshall	45	1107	41	33:04.9	10:40	49	35:51.5	11:34	1:08:56.4	11:07/M
46	363	Sharon Onken	45	338	54	35:30.6	11:27	43	33:41.3	10:52	1:09:11.9	11:10/M
47	376	Rachel Alexander	47	1523	52	35:20.8	11:24	45	34:16.9	11:03	1:09:37.8	11:14/M
48	378	Melisa Blundell	47	659	48	34:28.7	11:07	48	35:25.4	11:25	1:09:54.2	11:16/M
49	380	Leslie Prejean	49	345	49	34:43.4	11:12	47	35:12.2	11:21	1:09:55.6	11:17/M
50	385	Dedra Buddecke	45	535	42	33:19.8	10:45	54	37:22.4	12:03	1:10:42.3	11:24/M
51	400	Phyllis Dennis	48	74	53	35:24.3	11:25	53	36:42.9	11:50	1:12:07.2	11:38/M
52	415	Tammy Waters	47	1116	51	35:15.1	11:22	56	37:42.5	12:10	1:12:57.7	11:46/M
53	434	Pam Thibodeaux	45	617	62	37:36.9	12:08	51	36:26.8	11:45	1:14:03.8	11:57/M
54	435	Paige Veron	47	605	63	37:37.4	12:08	50	36:26.4	11:45	1:14:03.8	11:57/M
55	439	Lori Welch	46	763	64	37:45.7	12:11	52	36:30.4	11:46	1:14:16.1	11:59/M
56	440	Lisa Myers	47	376	55	36:02.2	11:37	58	38:14.1	12:20	1:14:16.4	11:59/M
57	443	Wendy Comeaux	48	500	50	34:53.8	11:15	61	39:36.5	12:46	1:14:30.3	12:01/M
58	444	Michelle Benson	47	746	57	36:39.2	11:49	57	37:54.1	12:14	1:14:33.4	12:01/M
59	447	Joan B Landry	49	81	58	37:00.3	11:56	55	37:35.0	12:07	1:14:35.3	12:02/M
60	474	Katina Ardoin	47	645	60	37:04.8	11:57	60	39:26.8	12:43	1:16:31.6	12:20/M
61	485	Nicolle Campbell	48	469	59	37:04.7	11:57	64	41:01.7	13:14	1:18:06.5	12:36/M
62	492	Liza Granger	45	610	61	37:29.5	12:05	65	41:09.3	13:16	1:18:38.9	12:41/M
63	493	Amy Yarbrough	46	994	56	36:04.1	11:38	66	42:35.2	13:44	1:18:39.4	12:41/M
64	494	Melanie Laviolette	45	475	67	39:37.4	12:47	59	39:14.3	12:39	1:18:51.8	12:43/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Female 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
65	498	Josette Gholson	46	674	65	39:01.9	12:35	62	40:00.9	12:54	1:19:02.8	12:45/M
66	504	Angela Guillory	45	558	66	39:12.1	12:39	63	40:22.4	13:01	1:19:34.5	12:50/M
67	521	Jennifer Theriot	45	1092	68	39:42.3	12:48	67	42:48.7	13:48	1:22:31.0	13:19/M
68	532	Desiree Jackson	47	235	70	41:38.2	13:26	68	43:38.5	14:05	1:25:16.7	13:45/M
69	536	Stacey Carrier	45	199	69	41:30.9	13:23	70	44:50.9	14:28	1:26:21.9	13:56/M
70	543	Valerie Jumonville	48	883	71	43:26.2	14:01	69	44:29.0	14:21	1:27:55.2	14:11/M
71	554	Carrie Chastant	46	653	72	45:00.6	14:31	71	46:22.0	14:57	1:31:22.6	14:44/M

#### Female 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	31	Angela Sellers	51	57	1	24:31.1	7:55	2	25:25.7	8:12	49:56.8	8:03/M
2	37	Leisa Lee	52	324	2	25:13.7	8:08	1	25:07.8	8:06	50:21.5	8:07/M
3	57	Ginger Coreil	50	517	3	25:30.4	8:14	5	26:31.8	8:33	52:02.3	8:24/M
4	72	Mary Broussard	50	743	4	26:54.8	8:41	3	26:30.3	8:33	53:25.1	8:37/M
5	75	Lisa Schneider	53	1113	5	27:03.3	8:44	4	26:30.7	8:33	53:34.0	8:38/M
6	86	Dawn Rippas	52	949	8	27:40.7	8:55	6	27:09.2	8:45	54:49.9	8:50/M
7	96	Tresha Michot	50	921	7	27:29.3	8:52	7	27:58.4	9:01	55:27.8	8:57/M
8	100	Teresa Ernst	51	447	10	27:42.9	8:56	8	28:04.6	9:03	55:47.6	9:00/M
9	105	Shannon Johnson	50	464	6	27:22.8	8:50	10	28:37.6	9:14	56:00.5	9:02/M
10	107	Monique Nelms	52	245	9	27:41.2	8:56	9	28:32.3	9:12	56:13.6	9:04/M
11	125	Donna Girouard	52	109	11	28:16.3	9:07	11	29:19.3	9:27	57:35.6	9:17/M
12	158	Angie Comeaux	54	435	12	29:05.0	9:23	13	29:31.0	9:31	58:36.0	9:27/M
13	165	Uyen Chu	51	818	13	29:25.8	9:29	16	29:59.7	9:40	59:25.5	9:35/M
14	177	Terri Gondron	50	112	16	30:27.4	9:49	12	29:30.8	9:31	59:58.3	9:40/M
15	180	Karen St Germain	51	1014	17	30:28.3	9:50	14	29:35.0	9:33	1:00:03.3	9:41/M
16	192	Mitzi Lalande	53	567	14	30:16.4	9:46	17	30:22.2	9:48	1:00:38.6	9:47/M
17	196	Renee Guillory	52	859	15	30:24.5	9:48	18	30:24.3	9:48	1:00:48.9	9:48/M
18	209	Naomi Friedberg	50	846	21	31:30.9	10:10	15	29:54.4	9:39	1:01:25.4	9:54/M
19	225	Cinnamon Broussard	50	499	18	30:57.6	9:59	19	30:58.8	9:59	1:01:56.5	9:59/M
20	239	Kristi Ikerd	50	597	20	31:30.7	10:10	20	31:21.5	10:07	1:02:52.3	10:08/M
21	266	Annette Kelsch	52	885	19	31:30.7	10:10	21	32:19.4	10:25	1:03:50.1	10:18/M
22	295	Sonya Jumonville	50	1152	23	32:38.8	10:32	23	32:44.6	10:34	1:05:23.4	10:33/M
23	313	Sophia Quebedeaux	53	529	27	33:24.6	10:46	22	32:44.4	10:34	1:06:09.0	10:40/M
24	316	Mary Ethridge	51	587	25	32:58.2	10:38	24	33:15.8	10:44	1:06:14.0	10:41/M
25	321	Kim Hebert	53	313	26	33:06.7	10:41	25	33:35.6	10:50	1:06:42.3	10:45/M
26	327	Tina Dugas	54	694	22	31:55.4	10:18	29	34:55.8	11:16	1:06:51.3	10:47/M
27	330	Bonnie Tharp	53	976	24	32:52.4	10:36	27	34:28.6	11:07	1:07:21.1	10:52/M
28	348	Erin Belsom	50	1050	28	33:26.9	10:47	30	34:58.3	11:17	1:08:25.2	11:02/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

Race Date  
November 10, 2018

#### Female 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
29	361	Angela Concienne	54	614	30	34:18.8	11:04	28	34:45.5	11:13	1:09:04.3	11:08/M
30	367	Marie Dekerlegand	52	1168	29	34:06.8	11:00	31	35:09.3	11:20	1:09:16.2	11:10/M
31	374	Jeri Onken	52	286	34	35:27.8	11:26	26	34:00.6	10:58	1:09:28.4	11:12/M
32	388	Michelle Monte	51	168	32	34:40.7	11:11	32	36:17.0	11:42	1:10:57.7	11:27/M
33	391	Elizabeth Reid	51	943	31	34:40.4	11:11	33	36:22.8	11:44	1:11:03.2	11:28/M
34	399	Cathy Almeida	52	721	33	35:21.6	11:24	34	36:27.9	11:45	1:11:49.5	11:35/M
35	456	Vickie Bailey	52	780	36	37:02.5	11:57	35	37:55.6	12:14	1:14:58.1	12:05/M
36	470	Renee Delahoussaye	51	580	37	37:54.2	12:14	36	38:33.5	12:26	1:16:27.7	12:20/M
37	481	Leslie Fontenot	53	249	39	38:22.6	12:23	37	39:02.1	12:35	1:17:24.8	12:29/M
38	502	Lisa Perry	53	550	38	37:58.0	12:15	41	41:31.8	13:24	1:19:29.8	12:49/M
39	507	Karen Batiste	52	768	41	40:11.9	12:58	39	40:12.7	12:58	1:20:24.7	12:58/M
40	508	Elizabeth Farnsworth	50	272	35	36:49.4	11:53	43	43:38.5	14:05	1:20:28.0	12:59/M
41	512	Adaora Chukudebelu	51	556	42	41:28.8	13:23	38	39:16.4	12:40	1:20:45.2	13:01/M
42	513	Leslie Soileau	50	969	40	39:42.3	12:48	40	41:10.7	13:17	1:20:53.0	13:03/M
43	528	Lisa Landry	52	1134	43	42:36.1	13:45	42	42:01.0	13:33	1:24:37.2	13:39/M
44	559	Yvette Benoit	54	223	46	45:38.7	14:43	44	48:24.2	15:37	1:34:03.0	15:10/M
45	564	Tammy Gremillion	54	1153	45	44:16.3	14:17	45	51:49.0	16:43	1:36:05.4	15:30/M
46	566	Paula Vizinat	51	686	44	44:13.9	14:16	46	52:19.2	16:53	1:36:33.1	15:34/M

#### Female 55 to 59

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	29	Pamela Thibodeaux	57	309	1	24:43.9	7:58	1	24:53.0	8:02	49:37.0	8:00/M
2	78	Lisa Bell	56	431	2	27:37.7	8:55	2	26:27.7	8:32	54:05.5	8:43/M
3	104	Susie Holloway	59	875	3	28:08.3	9:05	3	27:51.4	8:59	55:59.8	9:02/M
4	116	Catalina Batiste	56	1094	4	28:40.9	9:15	4	28:01.3	9:02	56:42.2	9:09/M
5	219	Tina McKissick	55	918	5	30:39.0	9:53	6	31:02.3	10:01	1:01:41.3	9:57/M
6	226	Lori Pritchett	55	709	6	31:03.6	10:01	5	30:59.4	10:00	1:02:03.0	10:00/M
7	297	Roxanne Cole	56	821	13	33:43.0	10:53	7	31:52.8	10:17	1:05:35.8	10:35/M
8	301	Angie Lippman	57	723	9	33:08.0	10:41	8	32:32.6	10:30	1:05:40.6	10:35/M
9	308	Claire Delaune	59	373	7	32:35.8	10:31	13	33:20.1	10:45	1:05:56.0	10:38/M
10	311	Tina Haydel	55	443	11	33:32.5	10:49	9	32:33.6	10:30	1:06:06.1	10:40/M
11	312	Sherry Wright	55	675	10	33:22.9	10:46	11	32:45.6	10:34	1:06:08.6	10:40/M
12	317	Mary Kay Blanchard	57	1125	12	33:40.0	10:52	10	32:39.5	10:32	1:06:19.5	10:42/M
13	328	Tracy Ardoin	56	96	8	32:39.4	10:32	14	34:17.2	11:04	1:06:56.7	10:48/M
14	333	Annette Faulk	55	426	16	34:20.3	11:05	12	33:05.2	10:40	1:07:25.6	10:52/M
15	354	Ria Hebert	58	284	14	33:44.4	10:53	15	34:59.7	11:17	1:08:44.2	11:05/M
16	369	Shuw-Hwey Juang	55	652	15	34:07.8	11:00	16	35:12.0	11:21	1:09:19.9	11:11/M
17	446	Tammy Dugas	58	834	19	37:00.3	11:56	17	37:34.7	12:07	1:14:35.1	12:02/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Female 55 to 59

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
18	455	Ann Dowdy	58	833	21	37:02.4	11:57	18	37:55.6	12:14	1:14:58.1	12:05/M
19	467	Cyndi Vidrine	56	76	18	36:51.7	11:53	19	39:09.7	12:38	1:16:01.5	12:16/M
20	472	Denise Faulk	55	840	20	37:00.5	11:56	20	39:27.4	12:44	1:16:28.0	12:20/M
21	491	Philomena Hatch	57	863	23	38:17.3	12:21	21	40:16.1	12:59	1:18:33.4	12:40/M
22	497	Cathy Walz	55	329	22	38:02.0	12:16	22	40:58.5	13:13	1:19:00.5	12:45/M
23	516	Patty Smith	59	968	24	39:56.2	12:53	23	41:56.8	13:32	1:21:53.1	13:12/M
24	531	Christine Blanc Saucier	57	150	25	41:42.9	13:27	24	43:16.5	13:57	1:24:59.5	13:42/M
25	537	Mary Catherine Hager	57	696	27	43:08.6	13:55	25	43:46.2	14:07	1:26:54.9	14:01/M
26	538	Beth Frith	57	708	28	43:12.2	13:56	26	43:51.1	14:09	1:27:03.4	14:02/M
27	544	Rebecca Ridge	57	363	29	43:14.3	13:57	27	44:45.6	14:26	1:28:00.0	14:12/M
28	546	Stephanie Selvage	57	417	26	42:54.9	13:50	29	45:39.7	14:44	1:28:34.7	14:17/M
29	548	Pam Begnaud	56	785	30	44:46.5	14:26	28	45:17.9	14:36	1:30:04.4	14:32/M
30	563	Becky Howlett	58	86	31	47:23.1	15:17	30	48:26.8	15:37	1:35:50.0	15:27/M
31	570	Patrice Miller	56	729				32	1:56:22.7	18:46	1:56:22.7	18:46/M
32	571	Joanne Miller	57	728	32	49:13.7	15:53	31	1:07:09.7	21:40	1:56:23.5	18:46/M

#### Female 60 to 64

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	174	Cindy Trahan	60	606	1	29:39.2	9:34	2	30:15.4	9:45	59:54.7	9:40/M
2	195	Dona Dietlein	63	572	2	30:21.8	9:47	3	30:25.3	9:49	1:00:47.2	9:48/M
3	212	Cecile Broussard	64	538	6	31:31.7	10:10	1	29:54.0	9:39	1:01:25.8	9:54/M
4	244	Lynette Clement	63	1034	4	31:25.3	10:08	4	31:37.1	10:12	1:03:02.4	10:10/M
5	246	Vicki Hargroder	62	861	3	30:43.8	9:55	5	32:20.6	10:26	1:03:04.5	10:10/M
6	306	Jan Penn	60	93	7	32:37.3	10:31	6	33:10.7	10:42	1:05:48.0	10:37/M
7	314	Donna Comeaux	60	391	5	31:30.9	10:10	9	34:40.1	11:11	1:06:11.1	10:40/M
8	335	Ellen Deaton	61	826	8	33:38.2	10:51	8	33:52.6	10:55	1:07:30.9	10:53/M
9	355	Irene Cloud	61	665	11	35:30.6	11:27	7	33:19.7	10:45	1:08:50.3	11:06/M
10	387	Fran Gibson	61	133	10	34:45.8	11:13	11	36:09.0	11:40	1:10:54.9	11:26/M
11	398	Naomie Plaisance	62	1155	12	35:30.7	11:27	12	36:17.1	11:42	1:11:47.9	11:35/M
12	414	Bonnie Camos	61	399	13	36:56.4	11:55	10	36:01.2	11:37	1:12:57.6	11:46/M
13	420	Priscilla Broussard	60	342	9	34:34.7	11:09	14	38:41.2	12:29	1:13:15.9	11:49/M
14	475	Joan Vidrine	64	646	14	37:05.2	11:58	15	39:27.2	12:44	1:16:32.4	12:21/M
15	482	Mona Richard	61	948	17	39:05.8	12:36	13	38:19.9	12:22	1:17:25.7	12:29/M
16	505	Debbie Fuentes	62	1056	16	38:45.7	12:30	16	40:52.0	13:11	1:19:37.7	12:50/M
17	514	Cindy McCoy	62	546	15	38:39.0	12:28	18	42:45.7	13:47	1:21:24.7	13:08/M
18	515	Janette Merrill	62	920	18	39:54.7	12:52	17	41:57.2	13:32	1:21:52.0	13:12/M
19	541	Tori Guidry	61	727	21	44:43.6	14:25	19	43:07.6	13:55	1:27:51.2	14:10/M
20	542	Deborah Olivier	63	1001	19	43:12.9	13:56	20	44:40.3	14:25	1:27:53.2	14:10/M

\*Overall place within gender



# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

Race Date  
November 10, 2018

#### Female 60 to 64

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
21	549	Karen Kemp	62	886	20	44:26.6	14:20	22	46:31.4	15:00	1:30:58.1	14:40/M
22	556	Kimberly Hebert	61	396	22	46:40.2	15:03	21	44:57.5	14:30	1:31:37.7	14:47/M
23	568	Louise Lovisa	62	357	23	47:51.2	15:26	23	51:55.5	16:45	1:39:46.7	16:05/M
24	569	Joan Adams	64	772	24	50:51.1	16:24	24	53:34.8	17:17	1:44:26.0	16:51/M

#### Female 65 to 69

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	403	Ann Pollingue	68	484	1	35:32.3	11:28	1	36:40.7	11:50	1:12:13.1	11:39/M
2	488	Gwendolyn Tabor	65	554	3	39:07.9	12:37	2	39:18.8	12:41	1:18:26.7	12:39/M
3	490	Mary Mire	68	491	2	38:24.2	12:23	3	40:06.9	12:56	1:18:31.1	12:40/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Male Overall Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	1	Jarrett Leblanc	28	360	1	14:30.9	4:41	1	15:26.3	4:59	29:57.2	4:50/M
2	2	Nathan Jones	24	434	2	14:48.6	4:46	2	15:53.0	5:07	30:41.6	4:57/M
3	3	Brock Moreaux	26	760	3	15:56.4	5:08	3	16:27.2	5:18	32:23.7	5:13/M
4	4	Sean Bezdek	26	386	4	16:00.1	5:10	4	16:41.2	5:23	32:41.4	5:16/M
5	5	Calum Neff	34	53	5	16:16.5	5:15	5	17:38.8	5:41	33:55.3	5:28/M

#### Male Masters Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	6	John Hitter	40	873	1	16:51.2	5:26	1	17:10.1	5:32	34:01.4	5:29/M

#### Male Grand Masters Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	27	Keith Delhomme	54	830	1	21:06.1	6:48	1	21:28.8	6:55	42:34.9	6:52/M

#### Male Senior Grand Master Winners

<u>Place</u>	<u>Place</u>		<u>Age</u>	<u>Bib No</u>	<u>-----5K Split -----</u>			<u>----- 10K -----</u>			<u>Total</u>	
	<u>Overall</u>	<u>Name</u>			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Pace</u>
1	35	Joe Melanson	63	1091	1	21:05.8	6:48	1	22:02.2	7:06	43:08.0	6:57/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Men 0 Age

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	174	Unknown Partic. 8593		8593	3	26:13.1	8:27	1	27:03.5	8:44	53:16.7	8:35/M
2 *	270	Unknown Partic. 50		50	9	30:11.0	9:44	2	28:42.4	9:15	58:53.5	9:30/M
3 *	304	Unknown Partic. 217		217	8	29:20.3	9:28	4	32:34.7	10:30	1:01:55.1	9:59/M
4	319	Unknown Partic. 1770		1770	10	30:44.8	9:55	3	32:20.9	10:26	1:03:05.7	10:10/M
5	368	Unknown Partic. 1719		1719	11	32:31.9	10:29	5	38:16.6	12:21	1:10:48.5	11:25/M
6	392	Unknown Partic. 1451		1451	12	36:25.6	11:45	6	38:35.5	12:27	1:15:01.2	12:06/M
7	403	Unknown Partic. 2645		2645	13	38:13.0	12:20	7	40:16.9	12:59	1:18:29.9	12:40/M

#### Men 10 to 14

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	7	Rhen Langley	14	171	1	19:12.9	6:12	1	18:52.5	6:05	38:05.4	6:09/M
2	76	Sam Gadir	12	739	2	22:43.4	7:20	2	24:13.6	7:49	46:57.0	7:34/M
3	79	Kaser Guidroz	11	1073	3	22:44.0	7:20	3	24:36.7	7:56	47:20.7	7:38/M
4	139	Luke Champeaux	11	416	5	25:07.6	8:06	4	26:02.5	8:24	51:10.1	8:15/M
5	140	Jed Gadir	12	740	4	22:55.1	7:24	6	28:17.5	9:07	51:12.7	8:15/M
6	230	Grayson Konow	12	1141	8	28:25.0	9:10	5	27:59.5	9:02	56:24.6	9:06/M
7	237	Eric Buddecke	10	536	7	28:19.3	9:08	7	28:28.5	9:11	56:47.9	9:10/M
8	253	Luke Jackson	14	236	6	28:16.0	9:07	8	29:31.2	9:31	57:47.2	9:19/M
9	290	James Adams	13	230	9	29:42.8	9:35	9	30:41.0	9:54	1:00:23.8	9:44/M
10	359	Dawson Meehan	10	1179	10	34:24.9	11:06	10	33:39.9	10:51	1:08:04.8	10:59/M
11	377	Corbin Haymon	13	677	11	36:24.1	11:45	12	36:08.0	11:39	1:12:32.1	11:42/M
12	378	Benett Dupont	10	1088	12	37:25.9	12:04	11	35:06.5	11:19	1:12:32.4	11:42/M

#### Men 15 to 19

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	49	Steele Russell III	18	956	1	21:32.1	6:57	1	22:54.5	7:23	44:26.6	7:10/M
2	121	Ethan Comeaux	15	251	2	25:13.5	8:08	2	25:12.3	8:08	50:25.9	8:08/M
3	149	Raleigh Blundell	15	660	4	25:56.5	8:22	3	25:39.1	8:16	51:35.6	8:19/M
4	210	Andrew Daniel	15	1525	3	25:21.6	8:11	4	30:09.9	9:44	55:31.5	8:57/M
5	310	Gabriel Theriot	15	754	5	31:21.1	10:07	5	31:19.3	10:06	1:02:40.4	10:06/M
6	348	Dylan Winston	15	718	7	33:27.6	10:47	6	33:17.0	10:44	1:06:44.6	10:46/M
7	356	Gunnar Deroche	18	658	6	32:09.5	10:22	7	35:17.0	11:23	1:07:26.5	10:53/M
8	384	Case Altamirano	16	130	8	36:49.5	11:53	8	36:55.3	11:55	1:13:44.8	11:54/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 20 to 24

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	10	Ty Foreman	24	700	4	19:52.0	6:25	1	19:17.0	6:13	39:09.0	6:19/M
2	12	Nathan Madsen	20	909	2	19:51.6	6:24	2	19:26.9	6:16	39:18.5	6:20/M
3	13	Ryan Obanion	23	242	3	19:51.6	6:24	3	19:41.7	6:21	39:33.4	6:23/M
4	14	Andrew Brouillette	24	681	1	17:54.6	5:46	6	22:07.7	7:08	40:02.4	6:27/M
5	15	Landon Leblanc	23	900	5	19:56.7	6:26	4	20:21.9	6:34	40:18.7	6:30/M
6	32	Dante Hebert	22	867	6	21:01.0	6:47	5	21:58.2	7:05	42:59.2	6:56/M
7	77	Matt Domas	21	655	8	23:30.6	7:35	7	23:26.4	7:34	46:57.1	7:34/M
8	93	Joshua Sogga	21	656	7	23:23.4	7:33	11	25:04.9	8:05	48:28.4	7:49/M
9	109	Kiefer Moore	24	623	9	24:54.7	8:02	8	24:40.2	7:57	49:34.9	8:00/M
10	126	Christopher Soileau	21	316	12	25:58.4	8:23	9	24:44.5	7:59	50:42.9	8:11/M
11	127	Collin Leblanc	21	247	13	25:58.5	8:23	10	24:46.2	7:59	50:44.7	8:11/M
12	145	Hunter Johnson	23	748	11	25:51.0	8:20	13	25:36.3	8:15	51:27.4	8:18/M
13	156	Matthew Sellers	21	571	14	26:44.7	8:37	12	25:11.5	8:07	51:56.2	8:23/M
14	171	Nicholas Sellers	24	570	15	26:45.4	8:38	14	26:16.6	8:28	53:02.0	8:33/M
15	182	Alex Raymond	24	669	10	25:19.7	8:10	16	28:06.8	9:04	53:26.5	8:37/M
16	195	Jackson Green	20	327	16	27:55.5	9:00	15	26:30.5	8:33	54:26.0	8:47/M
17	262	Grant Bernard	22	148	17	28:01.3	9:02	17	30:19.4	9:47	58:20.7	9:25/M
18	301	Joshua Villagomez	22	630	18	30:58.6	9:59	18	30:48.4	9:56	1:01:47.0	9:58/M
19	357	Josh Keller	24	732	19	31:15.1	10:05	19	36:17.8	11:42	1:07:32.9	10:54/M
20	387	Adam Garza	22	632	21	37:33.7	12:07	20	36:53.7	11:54	1:14:27.4	12:00/M
21	409	Austin McCarty	22	202	20	37:31.9	12:06	21	42:04.2	13:34	1:19:36.2	12:50/M

#### Men 25 to 29

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	17	Matthew Yoder	28	996	1	20:32.7	6:37	1	20:04.1	6:28	40:36.9	6:33/M
2	22	Zachary France	28	1126	2	21:02.1	6:47	2	21:01.3	6:47	42:03.4	6:47/M
3	28	Seth Gary	26	1055	3	21:26.7	6:55	3	21:09.6	6:49	42:36.3	6:52/M
4	33	Joshua Randel	29	495	4	21:46.5	7:01	4	21:20.0	6:53	43:06.6	6:57/M
5	46	Greg Coffin	26	1069	6	22:30.2	7:15	5	21:36.0	6:58	44:06.2	7:07/M
6	48	Ross Calais	29	89	5	22:09.6	7:09	6	22:15.3	7:11	44:24.9	7:10/M
7	75	Anthony Witherspoon	27	695	7	23:25.3	7:33	7	23:29.7	7:35	46:55.1	7:34/M
8	102	Tony Flores	28	544	8	23:47.9	7:40	11	25:24.6	8:12	49:12.5	7:56/M
9	106	Malloy Moulis	29	927	10	25:04.6	8:05	9	24:16.2	7:50	49:20.9	7:57/M
10	119	Matthew Fontenot	26	349	9	24:25.0	7:53	13	25:51.4	8:20	50:16.5	8:06/M
11	122	Grant Wooley	29	98	14	26:32.1	8:34	8	23:56.4	7:43	50:28.5	8:08/M
12	136	John Broussard	26	636	12	26:08.7	8:26	10	24:58.2	8:03	51:06.9	8:15/M
13	146	Luke Morris	29	1047	11	25:54.1	8:21	12	25:36.9	8:15	51:31.1	8:19/M
14	161	Casey Bright	28	1017	15	26:35.0	8:35	14	25:58.3	8:23	52:33.4	8:29/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 25 to 29

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
15	192	Ben Bell	28	432	17	27:39.0	8:55	15	26:27.5	8:32	54:06.6	8:44/M
16	194	Scott Ball	29	404	18	27:47.0	8:58	16	26:35.3	8:35	54:22.3	8:46/M
17	197	Kevin Judice	29	83	13	26:30.4	8:33	18	28:03.6	9:03	54:34.1	8:48/M
18	228	Thomas Frederick	28	608	19	29:02.6	9:22	17	27:21.0	8:49	56:23.6	9:06/M
19	252	Mitchell Goodyear	26	676	21	29:37.6	9:33	19	28:07.9	9:04	57:45.5	9:19/M
20	266	Michael Latiolais	27	505	23	30:27.2	9:49	20	28:16.3	9:07	58:43.5	9:28/M
21	268	Jesse White	29	1145	20	29:32.2	9:32	21	29:17.0	9:27	58:49.2	9:29/M
22	289	Gage Hamby	26	1185	16	27:12.9	8:46	26	33:10.2	10:42	1:00:23.1	9:44/M
23	292	Jeremy White	25	269	22	29:53.6	9:38	23	30:43.6	9:55	1:00:37.3	9:47/M
24	305	Jacob Thibodeaux	25	978	25	31:57.1	10:18	22	30:07.4	9:43	1:02:04.5	10:01/M
25	323	Nicolaus Simon	28	1045	26	32:36.3	10:31	24	30:47.8	9:56	1:03:24.2	10:14/M
26	324	Corey Broussard	29	1025	24	30:34.6	9:52	25	32:53.3	10:36	1:03:28.0	10:14/M
27	369	Christopher Leonards	26	347	29	36:53.4	11:54	27	33:55.7	10:56	1:10:49.1	11:25/M
28	374	Brett Heil	29	1159	28	35:39.2	11:30	28	36:30.7	11:46	1:12:10.0	11:38/M
29	379	Evan Taylor	29	1174	27	35:25.8	11:25	29	37:18.7	12:02	1:12:44.5	11:44/M
30	408	Taylor Larriviere	25	99	31	38:42.7	12:29	30	40:49.9	13:10	1:19:32.7	12:50/M

#### Men 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	19	Bailey Bobbitt	34	525	1	20:39.1	6:40	1	20:55.7	6:45	41:34.8	6:42/M
2	26	Eric Ellender	30	117	5	21:07.6	6:49	3	21:20.8	6:53	42:28.5	6:51/M
3	29	Paul Miller Jr	34	1039	3	20:59.9	6:46	6	21:38.2	6:59	42:38.1	6:53/M
4	30	Matt Vigueira	30	246	7	21:17.0	6:52	5	21:28.7	6:55	42:45.8	6:54/M
5	34	Chris Guidry	32	1059	11	21:58.8	7:05	2	21:08.4	6:49	43:07.3	6:57/M
6	36	John Paul Wells	34	991	6	21:11.9	6:50	8	21:57.6	7:05	43:09.6	6:58/M
7	37	Aaron Boudreaux	30	589	10	21:49.8	7:02	4	21:22.8	6:54	43:12.6	6:58/M
8	39	Hunter Broussard	30	274	4	21:00.3	6:46	10	22:16.2	7:11	43:16.5	6:59/M
9	40	Jacob Palombo	33	383	8	21:23.9	6:54	7	21:57.0	7:05	43:20.9	6:59/M
10	43	Chris Morvant	32	584	9	21:34.6	6:57	9	22:08.5	7:08	43:43.1	7:03/M
11	44	Jamie Ducote	34	602	2	20:44.3	6:41	14	23:07.6	7:27	43:52.0	7:05/M
12	52	Sushant Shekher	34	412	12	22:12.6	7:10	12	22:34.5	7:17	44:47.1	7:13/M
13	56	Rev. Patrick Broussard	33	814	14	22:58.9	7:25	11	22:30.7	7:15	45:29.7	7:20/M
14	62	Adam Christrup	33	182	15	23:16.5	7:30	13	22:46.3	7:21	46:02.8	7:25/M
15	70	Luke Moody	33	481	13	22:24.4	7:14	16	23:53.0	7:42	46:17.5	7:28/M
16	86	Hunter Romero	34	147	18	23:56.1	7:43	19	24:15.9	7:49	48:12.0	7:46/M
17	87	Kipp Leblanc	34	899	19	23:58.4	7:44	17	24:14.4	7:49	48:12.9	7:46/M
18	91	Corey Bazar	34	782	17	23:55.8	7:43	21	24:26.1	7:53	48:22.0	7:48/M
19	94	Thomas David	34	742	20	24:35.5	7:56	18	24:14.5	7:49	48:50.0	7:53/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 30 to 34

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
20	95	Jerrold Vidrine	31	590	23	25:12.2	8:08	15	23:37.8	7:37	48:50.0	7:53/M
21	101	Cory Racca	31	716	16	23:32.6	7:35	26	25:34.3	8:15	49:06.9	7:55/M
22	112	Christopher Clevenger	33	138	21	25:04.1	8:05	24	24:47.8	8:00	49:52.0	8:03/M
23	123	Brooks Dartez	33	825	24	25:47.4	8:19	23	24:43.0	7:58	50:30.4	8:09/M
24	133	Dustin Rogers	34	951	27	26:45.2	8:38	20	24:19.0	7:51	51:04.3	8:14/M
25	135	Bill Hopkins	33	877	22	25:09.6	8:07	28	25:56.2	8:22	51:05.9	8:14/M
26	157	Greg Stanonis	32	462	29	27:00.0	8:43	25	25:04.2	8:05	52:04.2	8:24/M
27	165	Sammy Lazare	34	897	26	26:12.5	8:27	31	26:28.7	8:32	52:41.3	8:30/M
28	178	Jarred Degeyter	30	175	31	27:46.1	8:57	27	25:39.6	8:16	53:25.7	8:37/M
29	185	Brian Fontenot	34	1119	28	26:47.8	8:38	33	27:01.8	8:43	53:49.7	8:41/M
30	188	Bart Robinson	33	595	25	26:07.5	8:25	35	27:46.2	8:57	53:53.7	8:41/M
31	196	Jacob Falgout	31	411	41	30:05.1	9:42	22	24:27.3	7:53	54:32.4	8:48/M
32	206	David Comeaux	33	822	36	29:12.6	9:25	30	26:07.8	8:25	55:20.4	8:55/M
33	207	Bennett Broussard	33	704	37	29:13.0	9:25	29	26:07.6	8:25	55:20.6	8:55/M
34	211	Matt Thibeaux	31	1013	32	28:31.3	9:12	34	27:03.8	8:44	55:35.1	8:58/M
35	214	Travis Scott	30	641	35	29:01.3	9:22	32	26:54.1	8:41	55:55.5	9:01/M
36	257	Thomas Hooks	32	876	38	29:15.6	9:26	37	28:46.2	9:17	58:01.9	9:21/M
37	258	Josh Saboe	30	228	39	29:16.4	9:26	36	28:45.9	9:16	58:02.3	9:22/M
38	260	Cory Taylor	30	521	33	28:45.5	9:16	39	29:33.2	9:32	58:18.8	9:24/M
39	264	Dane Carriere	34	393	34	28:58.1	9:21	38	29:33.2	9:32	58:31.3	9:26/M
40	273	Kevin Lancon	32	663	30	27:20.8	8:49	45	31:39.3	10:13	59:00.2	9:31/M
41	293	Tracy Gautreaux	33	1149	40	30:05.0	9:42	40	30:34.9	9:52	1:00:40.0	9:47/M
42	297	Cody Lantier	30	90	42	30:05.9	9:42	42	31:21.7	10:07	1:01:27.6	9:55/M
43	309	Logan Ray	30	607	43	30:25.1	9:49	47	32:08.7	10:22	1:02:33.8	10:05/M
44	315	Kyle Smith	32	678	46	31:26.3	10:08	43	31:26.6	10:08	1:02:52.9	10:08/M
45	317	Ryan Ward	33	64	45	30:55.5	9:58	46	32:06.4	10:21	1:03:01.9	10:10/M
46	320	George Bellis	33	789	47	31:33.1	10:11	44	31:32.6	10:10	1:03:05.8	10:10/M
47	321	David Zenon, Jr.	30	1067	44	30:51.9	9:57	48	32:14.7	10:24	1:03:06.6	10:11/M
48	327	Benluke Wimberly	33	218	50	32:50.2	10:35	41	30:44.6	9:55	1:03:34.8	10:15/M
49	337	Chris Giglio	30	548	48	31:33.9	10:11	50	33:14.6	10:43	1:04:48.6	10:27/M
50	344	Donald Higgins	32	685	49	31:58.3	10:19	51	34:07.3	11:00	1:06:05.6	10:40/M
51	349	Simon Morton	33	335	52	33:56.3	10:57	49	32:48.4	10:35	1:06:44.7	10:46/M
52	365	Duiet Malbrough	30	180	51	33:55.8	10:56	52	36:44.6	11:51	1:10:40.5	11:24/M
53	381	Jeremy Adams	34	1016	53	35:50.6	11:34	53	37:30.6	12:06	1:13:21.3	11:50/M
54	396	Cortney Onezime	34	933	55	36:56.7	11:55	54	40:08.5	12:57	1:17:05.3	12:26/M
55	413	Adam Marks	33	714	56	37:37.2	12:08	56	42:12.7	13:37	1:19:49.9	12:52/M
56	415	David Kizziar	34	596	54	36:32.3	11:47	58	43:36.1	14:04	1:20:08.5	12:55/M
57	416	Drake Ward	30	997	57	39:59.9	12:54	55	40:14.4	12:59	1:20:14.4	12:56/M
58	420	Douglas Lee	34	1032	58	40:15.5	12:59	57	43:14.5	13:57	1:23:30.1	13:28/M
59	424	Shane Montet	34	206	59	45:01.6	14:31	59	46:25.2	14:58	1:31:26.9	14:45/M
60	427	Corey Hebert	33	866	60	48:01.1	15:29	60	47:44.7	15:24	1:35:45.9	15:27/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	9	Michael Hebert	37	1061	1	19:10.0	6:11	1	19:39.1	6:20	38:49.2	6:16/M
2	20	Brian Rando	39	1176	2	20:53.4	6:44	3	20:47.9	6:42	41:41.4	6:43/M
3	24	Preston Blair	39	794	3	20:57.5	6:45	4	21:12.9	6:50	42:10.4	6:48/M
4	25	Chris Herrington	38	741	4	21:38.1	6:59	2	20:44.6	6:41	42:22.8	6:50/M
5	55	Brad Breaux	39	808	6	22:44.8	7:20	5	22:43.7	7:20	45:28.5	7:20/M
6	57	Marc Comeaux	37	565	5	22:39.1	7:18	9	22:59.3	7:25	45:38.4	7:22/M
7	61	Bill Johnson	36	137	7	23:07.2	7:27	8	22:55.2	7:24	46:02.4	7:25/M
8	73	Matt Judice	36	882	8	23:25.8	7:33	10	23:10.5	7:28	46:36.4	7:31/M
9	78	Corey Trim	38	444	14	24:22.9	7:52	6	22:49.4	7:22	47:12.4	7:37/M
10	82	Don Norman	37	931	9	24:01.7	7:45	13	23:48.5	7:41	47:50.2	7:43/M
11	83	Loren Klein	37	888	11	24:09.1	7:47	11	23:41.1	7:38	47:50.3	7:43/M
12	92	Andrew North	38	551	12	24:12.2	7:48	15	24:14.3	7:49	48:26.5	7:49/M
13	96	Casey Arceneaux	39	239	21	26:05.1	8:25	7	22:52.4	7:23	48:57.5	7:54/M
14	99	Will Rountree	39	735	15	24:32.7	7:55	16	24:27.5	7:53	49:00.3	7:54/M
15	100	John Declouet	37	519	17	24:46.5	7:59	14	24:14.0	7:49	49:00.5	7:54/M
16	111	Billy Pritchard	39	208	16	24:45.4	7:59	19	25:04.2	8:05	49:49.6	8:02/M
17	114	Matthew Tyl	39	560	10	24:08.7	7:47	22	25:44.0	8:18	49:52.7	8:03/M
18	116	Charles Richard	35	944	24	26:11.7	8:27	12	23:43.8	7:39	49:55.5	8:03/M
19	117	Patrick Kane	39	1026	19	25:22.7	8:11	17	24:33.1	7:55	49:55.8	8:03/M
20	118	Randy Bolde	37	1112	13	24:17.0	7:50	24	25:58.2	8:23	50:15.3	8:06/M
21	125	Anthony Lanclos	39	751	18	25:21.8	8:11	21	25:13.0	8:08	50:34.8	8:09/M
22	129	Nick Grove	39	407	27	26:15.5	8:28	18	24:36.0	7:56	50:51.6	8:12/M
23	143	Sean Walker	36	132	26	26:13.6	8:27	20	25:09.6	8:07	51:23.3	8:17/M
24	159	Bogart Marcial	35	911	22	26:09.3	8:26	23	25:57.6	8:22	52:06.9	8:24/M
25	169	Bret Theriot	36	292	25	26:12.2	8:27	25	26:43.5	8:37	52:55.7	8:32/M
26	172	Jeff Dunn	38	836	28	26:17.2	8:29	27	26:57.2	8:42	53:14.4	8:35/M
27	180	Ruben Nambo	38	930	23	26:09.6	8:26	29	27:16.2	8:48	53:25.8	8:37/M
28	183	Chad Cother	38	824	31	26:52.2	8:40	26	26:45.9	8:38	53:38.2	8:39/M
29	193	Paul Viator	35	576	32	27:00.9	8:43	28	27:06.6	8:45	54:07.6	8:44/M
30	198	Michael Delahoussaye	36	827	20	25:58.6	8:23	35	28:41.4	9:15	54:40.0	8:49/M
31	200	Ross Sonnier	35	1096	33	27:16.3	8:48	30	27:36.5	8:54	54:52.9	8:51/M
32	215	Jude Godeaux	38	452	36	27:27.0	8:51	33	28:32.2	9:12	55:59.3	9:02/M
33	216	Chris Richard	36	946	37	27:30.9	8:52	32	28:29.2	9:11	56:00.1	9:02/M
34	224	Jed Huval	36	1071	30	26:40.4	8:36	37	29:38.9	9:34	56:19.4	9:05/M
35	242	Chris Arnold	35	84	35	27:20.8	8:49	39	29:52.5	9:38	57:13.4	9:14/M
36	243	Justin Meriwether	37	509	29	26:39.4	8:36	42	30:34.5	9:52	57:13.9	9:14/M
37	249	Will Comeaux	39	649	38	27:50.6	8:59	38	29:46.2	9:36	57:36.9	9:17/M
38	250	Jerry Theriot	37	1190	39	28:38.7	9:14	36	29:01.7	9:22	57:40.4	9:18/M
39	255	Brook Theriot	35	612	34	27:17.9	8:48	43	30:39.1	9:53	57:57.0	9:21/M
40	256	Justin Krielow	36	1161	40	29:22.7	9:28	34	28:34.9	9:13	57:57.6	9:21/M
41	259	Karl Schott	39	961	44	30:26.3	9:49	31	27:50.1	8:59	58:16.4	9:24/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Men 35 to 39

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	280	Bob Derise	35	1146	42	29:32.4	9:32	41	29:58.0	9:40	59:30.4	9:36/M
43	288	Dan Adams	39	229	43	29:41.6	9:35	44	30:41.2	9:54	1:00:22.8	9:44/M
44	295	Blake Bourque	38	1198	41	29:24.3	9:29	46	31:52.5	10:17	1:01:16.8	9:53/M
45	306	Michael Guidroz	39	209	45	31:06.3	10:02	45	30:58.5	9:59	1:02:04.9	10:01/M
46	332	Tyler Hebert	36	583	46	32:24.1	10:27	48	32:00.8	10:19	1:04:25.0	10:23/M
47	333	Tait Faulk	35	1106	47	32:24.2	10:27	47	32:00.8	10:19	1:04:25.1	10:23/M
48	334	Zoda Bourque	36	804	49	34:33.0	11:09	40	29:53.5	9:38	1:04:26.6	10:24/M
49	373	Douglas Gauthier	38	526	51	35:11.7	11:21	49	36:35.0	11:48	1:11:46.7	11:35/M
50	375	Daniel Hereford	38	761	48	33:29.0	10:48	55	38:54.7	12:33	1:12:23.7	11:40/M
51	376	Josiah Broussard	37	59	52	35:19.6	11:24	51	37:12.2	12:00	1:12:31.8	11:42/M
52	382	Ryan Ledet	39	340	55	36:25.0	11:45	50	37:02.8	11:57	1:13:27.9	11:51/M
53	383	Nick Ueda	38	693	50	34:37.9	11:10	54	38:51.1	12:32	1:13:29.1	11:51/M
54	394	Christopher Sharplin	37	1048	58	38:00.5	12:15	52	37:58.5	12:15	1:15:59.0	12:15/M
55	398	Brandon Chitty	37	55	56	37:03.0	11:57	57	40:38.3	13:06	1:17:41.4	12:32/M
56	402	Matthew Margaglio	38	912	60	40:22.4	13:01	53	38:07.1	12:18	1:18:29.6	12:40/M
57	406	Mike Adams	39	1072	59	39:22.4	12:42	56	39:57.4	12:53	1:19:19.9	12:48/M
58	407	Justin Rodrigue	36	159	57	37:49.1	12:12	58	41:35.6	13:25	1:19:24.7	12:48/M
59	412	Jason Stelly	39	311	54	35:53.0	11:35	59	43:56.2	14:10	1:19:49.2	12:52/M

#### Men 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	11	Andrew Perrin	43	592	1	19:51.9	6:24	1	19:26.3	6:16	39:18.3	6:20/M
2	16	Chip Hebert	41	1085	2	20:01.3	6:27	2	20:26.9	6:35	40:28.3	6:32/M
3	21	Hunter Thibeaux	43	397	4	20:58.7	6:46	3	20:59.7	6:46	41:58.4	6:46/M
4	23	Nicholas Labarbera	42	409	3	20:54.1	6:45	4	21:10.6	6:50	42:04.7	6:47/M
5	47	Jarod Hebert	41	868	5	21:42.5	7:00	6	22:36.7	7:17	44:19.3	7:09/M
6	51	Jason Simoneaux	41	715	6	22:13.9	7:10	5	22:30.6	7:15	44:44.5	7:13/M
7	64	David Reed	44	440	8	23:22.7	7:32	7	22:40.4	7:19	46:03.2	7:26/M
8	66	Angel Rivera	41	1114	7	22:50.7	7:22	8	23:18.5	7:31	46:09.2	7:27/M
9	81	Bj Tassin	40	207	9	23:42.2	7:39	10	24:03.4	7:45	47:45.6	7:42/M
10	88	Brad Doucet	42	1010	11	24:27.5	7:53	9	23:47.5	7:40	48:15.0	7:47/M
11	89	Matthew Manning	40	441	10	24:05.5	7:46	11	24:16.2	7:50	48:21.7	7:48/M
12	103	Patrick Michaelson	40	759	12	24:40.5	7:57	12	24:33.9	7:55	49:14.5	7:56/M
13	128	Harold Hicks	41	142	16	25:24.6	8:12	15	25:22.9	8:11	50:47.5	8:11/M
14	132	Stephen Copeland	43	1093	17	26:08.6	8:26	13	24:51.7	8:01	51:00.4	8:14/M
15	137	Michael Garber	42	1150	15	25:24.2	8:12	17	25:43.2	8:18	51:07.4	8:15/M
16	142	Jason Hebert	40	1177	19	26:13.7	8:27	14	25:05.6	8:05	51:19.4	8:17/M
17	147	Neal Cormier	42	699	13	25:14.0	8:08	19	26:20.4	8:30	51:34.4	8:19/M

\*Overall place within gender



# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Men 40 to 44

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
18	152	Reese Comeaux	40	250	14	25:14.7	8:08	20	26:28.9	8:32	51:43.7	8:20/M
19	162	Andy Blalock	44	1118	23	27:07.5	8:45	16	25:28.4	8:13	52:36.0	8:29/M
20	167	Alex Clostio	44	1051	20	26:52.9	8:40	18	25:58.6	8:23	52:51.6	8:31/M
21	173	Mike Gautreaux	43	744	18	26:13.1	8:27	22	27:03.0	8:44	53:16.2	8:35/M
22	186	Tommy Miller	44	923	22	27:02.2	8:43	21	26:49.5	8:39	53:51.7	8:41/M
23	190	Stefan Schmidt	40	673	21	26:54.4	8:41	23	27:05.8	8:44	54:00.2	8:43/M
24	208	Larry Attenhofer	42	108	26	27:54.1	9:00	25	27:32.9	8:53	55:27.0	8:57/M
25	212	Yogi Barras	41	145	24	27:27.1	8:51	32	28:10.2	9:05	55:37.4	8:58/M
26	213	Nick Usie	40	265	32	28:22.5	9:09	24	27:17.3	8:48	55:39.9	8:59/M
27	218	Vashaun Rodgers	40	1194	28	28:07.1	9:04	27	27:54.6	9:00	56:01.8	9:02/M
28	220	Taz Wininger	42	102	27	28:04.7	9:03	31	28:07.6	9:04	56:12.4	9:04/M
29	223	Michael Simon	44	964	33	28:28.5	9:11	26	27:49.5	8:58	56:18.1	9:05/M
30	229	Chad Dees	41	631	25	27:36.3	8:54	36	28:47.4	9:17	56:23.8	9:06/M
31	234	Stephan Airault	42	773	35	28:37.4	9:14	28	28:03.1	9:03	56:40.6	9:08/M
32	235	Scott Hodges	40	666	29	28:09.4	9:05	34	28:31.7	9:12	56:41.2	9:09/M
33	239	Brad Hawkins	40	864	34	28:30.4	9:12	33	28:26.1	9:10	56:56.6	9:11/M
34	240	Damien Danzie	40	181	30	28:12.0	9:06	37	28:53.0	9:19	57:05.0	9:12/M
35	241	Chris Elliott	40	354	36	29:03.6	9:22	30	28:05.4	9:04	57:09.0	9:13/M
36	261	Bradly Aldridge	44	362	31	28:19.3	9:08	41	29:59.8	9:40	58:19.2	9:24/M
37	269	Zachary Voss	41	987	41	30:46.3	9:55	29	28:03.8	9:03	58:50.1	9:29/M
38	271	Brady Domingue	44	831	38	30:08.1	9:43	35	28:45.6	9:16	58:53.8	9:30/M
39	274	Scott Foreman	40	578	37	30:03.6	9:42	38	29:03.3	9:22	59:06.9	9:32/M
40	282	Jamie Broussard	43	812	39	30:08.5	9:43	39	29:34.7	9:32	59:43.3	9:38/M
41	285	James Meaux	43	919	40	30:14.2	9:45	40	29:58.3	9:40	1:00:12.5	9:43/M
42	341	Brandon Robinson	44	1087	42	31:05.0	10:02	45	34:24.9	11:06	1:05:29.9	10:34/M
43	342	Joe Ghanami	40	1524	48	34:36.2	11:10	42	31:18.5	10:06	1:05:54.8	10:38/M
44	351	Kevin Kennedy	42	616	44	33:23.5	10:46	43	33:26.1	10:47	1:06:49.6	10:47/M
45	358	John Cavell	43	534	47	34:17.3	11:04	44	33:27.7	10:47	1:07:45.0	10:56/M
46	363	Stacey Singleton	43	1164	43	33:11.9	10:42	46	36:02.0	11:37	1:09:13.9	11:10/M
47	364	Sloan Spears	41	601	45	33:23.5	10:46	47	36:28.3	11:46	1:09:51.8	11:16/M
48	391	Brandin Cantu	41	1137	49	38:02.1	12:16	48	36:36.5	11:48	1:14:38.7	12:02/M
49	395	Mims Mitchell IV	41	392	46	33:58.4	10:57	50	42:25.0	13:41	1:16:23.4	12:19/M
50	414	Draper Calais	41	561	50	39:07.6	12:37	49	40:57.5	13:13	1:20:05.1	12:55/M
51	423	Mark Richard	40	947	51	44:22.2	14:19	51	46:29.3	15:00	1:30:51.5	14:39/M
52	428	Matthew Cieslak	40	819	52	48:12.9	15:33	52	48:21.5	15:36	1:36:34.4	15:35/M

#### Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	8	Frederic Bonvillain	45	366	1	19:21.6	6:15	1	18:58.2	6:07	38:19.9	6:11/M
2	18	Todd Lambert	48	891	2	20:02.1	6:28	2	20:35.4	6:38	40:37.6	6:33/M
3	58	David P'Pool	48	542	3	22:26.6	7:14	5	23:13.2	7:29	45:39.9	7:22/M
4	59	Scott Head	49	697	4	22:44.9	7:20	4	22:56.1	7:24	45:41.1	7:22/M
5	67	Brian Lebouef	48	1029	7	23:42.5	7:39	3	22:26.7	7:14	46:09.2	7:27/M
6	71	Philip Landreneau	45	1516	5	23:03.6	7:26	7	23:15.3	7:30	46:18.9	7:28/M
7	72	John Buck	46	1078	6	23:19.6	7:31	6	23:14.9	7:30	46:34.5	7:31/M
8	84	Geoffrey Mire	45	924	10	24:42.3	7:58	8	23:18.9	7:31	48:01.2	7:45/M
9	90	Corey Albarado	48	436	11	24:42.8	7:58	9	23:38.9	7:37	48:21.7	7:48/M
10	104	Arturo Magidin	49	910	9	24:28.5	7:54	11	24:48.8	8:00	49:17.4	7:57/M
11	105	Tom Jarnagin	48	1193	13	25:06.5	8:06	10	24:11.1	7:48	49:17.7	7:57/M
12	107	Steven Bodin	47	279	8	24:11.9	7:48	13	25:10.0	8:07	49:21.9	7:58/M
13	113	Donald Richard	48	1057	12	24:55.1	8:02	12	24:57.5	8:03	49:52.6	8:03/M
14	138	Ray Leach	45	1075	14	25:32.6	8:14	17	25:35.0	8:15	51:07.7	8:15/M
15	141	Mark Bajat	49	222	16	25:58.1	8:23	15	25:19.5	8:10	51:17.6	8:16/M
16	144	Marcus Marullo	47	771	17	26:08.8	8:26	14	25:17.8	8:09	51:26.6	8:18/M
17	164	Andrew Gerard	49	433	15	25:52.3	8:21	18	26:45.0	8:38	52:37.3	8:29/M
18	177	Esau Washington	45	524	18	26:31.5	8:33	19	26:53.7	8:40	53:25.2	8:37/M
19	184	Kevin Sellers	48	569	27	28:10.8	9:05	16	25:30.5	8:14	53:41.3	8:40/M
20	189	Richard Stephens	49	155	21	27:01.0	8:43	20	26:55.0	8:41	53:56.0	8:42/M
21	199	Andrew Robinson	49	642	22	27:18.9	8:48	22	27:30.2	8:52	54:49.1	8:50/M
22	201	Derrion Polk	46	939	19	26:47.5	8:38	24	28:08.5	9:05	54:56.0	8:52/M
23	209	Joshua Crapo	47	220	26	28:08.3	9:05	21	27:20.5	8:49	55:28.8	8:57/M
24	219	Jason Champeaux	46	415	20	26:49.2	8:39	32	29:20.6	9:28	56:09.9	9:03/M
25	221	Donnie Dooley	48	698	25	28:02.5	9:03	25	28:13.5	9:06	56:16.1	9:05/M
26	227	Christian Marino	45	389	23	27:49.1	8:58	27	28:33.2	9:13	56:22.4	9:05/M
27	231	Brad Kohler	45	889	30	28:38.4	9:14	23	27:57.8	9:01	56:36.2	9:08/M
28	236	Greg Howard	47	185	24	27:53.8	9:00	30	28:52.1	9:19	56:46.0	9:09/M
29	244	Reese Fuller	45	300	29	28:21.2	9:09	31	28:54.5	9:19	57:15.7	9:14/M
30	248	Sean Borders	45	194	31	29:13.2	9:25	26	28:19.9	9:08	57:33.1	9:17/M
31	265	Kevin Jones	48	737	33	29:56.6	9:39	29	28:35.5	9:13	58:32.2	9:26/M
32	267	Craig Boyd	48	508	32	29:13.7	9:25	33	29:32.0	9:32	58:45.7	9:29/M
33	277	Bryce Sibley	45	1143	37	30:43.8	9:55	28	28:33.5	9:13	59:17.3	9:34/M
34	284	Shawn Romero	48	165	36	30:39.1	9:53	34	29:32.8	9:32	1:00:12.0	9:43/M
35	294	Colin Burnum	46	487	28	28:10.9	9:05	42	32:50.1	10:35	1:01:01.0	9:50/M
36	298	Cory Lalonde	46	355	34	29:57.0	9:40	38	31:32.2	10:10	1:01:29.3	9:55/M
37	300	Lonny Landry	46	1138	35	30:32.5	9:51	37	31:04.8	10:01	1:01:37.4	9:56/M
38	303	Ray Urdaz	46	541	40	32:11.3	10:23	35	29:41.3	9:35	1:01:52.6	9:59/M
39	307	Stephen Stefanski	45	722	39	31:43.7	10:14	36	30:27.9	9:49	1:02:11.6	10:02/M
40	328	Elvin Grogan	45	1180	38	31:07.2	10:02	41	32:37.2	10:31	1:03:44.4	10:17/M
41	330	Paul Bellow	45	790	41	32:14.5	10:24	39	31:54.7	10:17	1:04:09.3	10:21/M

\*Overall place within gender

## 2018 Geaux Run Cajun Cup 10K

Age Group Results

Race Date  
November 10, 2018

**10K Participants**

## Men 45 to 49

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
42	331	Marcus Fontenot	49	1600	42	32:15.3	10:24	40	31:55.7	10:18	1:04:11.0	10:21/M
43	347	Tony Bourgeois	48	599	43	33:02.1	10:39	43	33:39.0	10:51	1:06:41.1	10:45/M
44	366	Chad Romero	45	627	44	33:54.7	10:56	46	36:46.2	11:52	1:10:41.0	11:24/M
45	367	Edward Broussard	48	325	46	35:41.2	11:31	44	35:03.2	11:18	1:10:44.4	11:25/M
46	371	Sean Skinner	47	967	45	35:21.8	11:24	45	35:38.3	11:30	1:11:00.1	11:27/M
47	401	Laine Conques	46	131	47	38:12.6	12:19	47	40:16.8	12:59	1:18:29.4	12:40/M
48	417	Sean Landry	47	999	49	40:02.5	12:55	48	40:28.1	13:03	1:20:30.6	12:59/M
49	419	Greg Formby	45	1521	48	39:50.6	12:51	49	43:08.8	13:55	1:22:59.4	13:23/M
50	426	Keith Deroche	48	657	50	47:02.5	15:10	50	47:50.8	15:26	1:34:53.4	15:18/M

## Men 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	38	George Gisclair	51	593	2	21:48.2	7:02	1	21:26.9	6:55	43:15.1	6:59/M
2	41	Lester Bergeron	54	200	1	21:27.7	6:55	3	22:10.3	7:09	43:38.0	7:02/M
3	45	Roy Napier	53	332	3	22:03.2	7:07	2	21:56.0	7:05	43:59.3	7:06/M
4	50	Bert Lejeune	50	705	4	22:25.6	7:14	4	22:12.4	7:10	44:38.0	7:12/M
5	60	Mark Gonsoulin	50	226	6	23:14.6	7:30	5	22:37.0	7:18	45:51.6	7:24/M
6	63	Paul Ardoin	51	61	5	22:56.8	7:24	6	23:06.1	7:27	46:02.9	7:25/M
7	98	Craig Thompson	54	1136	8	24:47.3	8:00	7	24:11.7	7:48	48:59.0	7:54/M
8	120	Daniel Schmit	50	959	13	26:00.6	8:23	8	24:18.5	7:50	50:19.1	8:07/M
9	130	Jay Angelle	54	747	11	25:30.3	8:14	9	25:26.3	8:12	50:56.7	8:13/M
10	131	Stephen Kramer	50	1111	9	24:56.1	8:03	13	26:03.5	8:24	50:59.7	8:13/M
11	134	Mark Bounds	53	801	7	24:31.3	7:55	16	26:33.2	8:34	51:04.5	8:14/M
12	153	Garland (joey) Leger	52	904	14	26:01.9	8:24	11	25:43.4	8:18	51:45.4	8:21/M
13	154	Richard Hebert	52	428	15	26:16.6	8:28	10	25:29.3	8:13	51:45.9	8:21/M
14	158	Jay Pierret	54	1011	10	25:16.3	8:09	17	26:48.6	8:39	52:04.9	8:24/M
15	163	Todd Pullin	50	120	16	26:30.2	8:33	14	26:06.0	8:25	52:36.2	8:29/M
16	176	Kenny Guidry	50	749	18	27:17.8	8:48	12	26:01.8	8:24	53:19.7	8:36/M
17	179	Daniel Schwarzenbach	51	304	17	27:04.1	8:44	15	26:21.6	8:30	53:25.7	8:37/M
18	191	Wayne Hernandez	54	318	12	25:45.6	8:18	20	28:14.8	9:06	54:00.5	8:43/M
19	204	Jeff Mouton	50	454	19	27:18.1	8:48	19	27:56.7	9:01	55:14.9	8:55/M
20	222	Christopher Willett	50	992	21	28:28.8	9:11	18	27:48.5	8:58	56:17.3	9:05/M
21	246	Jeffery Harris	50	647	22	28:33.9	9:13	22	28:47.3	9:17	57:21.3	9:15/M
22	247	Bryan Boudreaux	52	186	25	29:11.7	9:25	21	28:20.7	9:08	57:32.5	9:17/M
23	254	Mel Cormier	52	1003	24	28:48.6	9:17	23	29:00.4	9:21	57:49.1	9:20/M
24	276	Douglas Taylor	50	975	20	27:53.5	9:00	31	31:22.9	10:07	59:16.4	9:34/M
25	279	Mark Lemaire	52	1098	28	30:19.9	9:47	24	29:05.2	9:23	59:25.1	9:35/M
26	281	Bill Nice	53	486	27	29:29.7	9:31	25	30:02.3	9:41	59:32.0	9:36/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 50 to 54

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
27	283	Lawrence Simpson	52	377	23	28:38.4	9:14	29	31:08.9	10:03	59:47.4	9:39/M
28	286	Kendall Allen	52	775	26	29:21.3	9:28	27	30:54.7	9:58	1:00:16.0	9:43/M
29	302	Robert Morrow	50	926	30	31:14.8	10:05	26	30:32.5	9:51	1:01:47.4	9:58/M
30	313	William Brown	51	816	29	30:21.7	9:47	33	32:25.7	10:27	1:02:47.4	10:08/M
31	314	Tim Domingue	51	65	31	31:49.6	10:16	28	31:02.8	10:01	1:02:52.4	10:08/M
32	322	Michael Welch	50	764	32	31:52.2	10:17	30	31:20.7	10:06	1:03:12.9	10:12/M
33	340	Todd Ardoin	52	779	35	33:24.2	10:46	32	31:57.5	10:18	1:05:21.7	10:32/M
34	346	Ivan Farnsworth	52	598	33	32:59.7	10:38	34	33:30.6	10:48	1:06:30.3	10:44/M
35	353	Troy Kibodeaux	50	1031	34	33:19.9	10:45	36	33:50.9	10:55	1:07:10.8	10:50/M
36	354	Jimmy Winston	52	717	36	33:27.8	10:47	35	33:43.7	10:53	1:07:11.6	10:50/M
37	361	Clark Leblanc	54	482	38	34:12.7	11:02	37	34:42.7	11:12	1:08:55.4	11:07/M
38	362	Kent Dekerlegand	53	104	37	34:10.2	11:01	38	35:01.0	11:18	1:09:11.2	11:10/M
39	388	Mateo Garza	54	384	40	37:34.8	12:07	39	36:52.7	11:54	1:14:27.5	12:00/M
40	397	Steele Russell	50	955	42	39:28.9	12:44	40	37:44.8	12:10	1:17:13.7	12:27/M
41	400	Kyle Soileau	51	756	41	38:18.1	12:21	41	40:10.0	12:57	1:18:28.2	12:39/M
42	405	Ray Yarbrough	50	995	39	36:03.7	11:38	42	42:36.0	13:45	1:18:39.8	12:41/M
43	425	John Benoit	54	224	43	45:37.8	14:43	43	48:24.1	15:37	1:34:01.9	15:10/M

#### Men 55 to 59

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	31	Stephen Oneil	58	234	1	21:26.0	6:55	1	21:23.9	6:54	42:50.0	6:55/M
2	53	Lorenz Leblanc	56	901	2	22:34.5	7:17	2	22:33.2	7:16	45:07.8	7:17/M
3	54	David Beasley	58	671	3	22:38.3	7:18	3	22:39.5	7:18	45:17.8	7:18/M
4	65	Kyle Deshotel	56	477	4	23:13.6	7:29	4	22:55.5	7:24	46:09.1	7:27/M
5	74	Chris Van Way	56	170	5	23:16.4	7:30	5	23:32.9	7:35	46:49.3	7:33/M
6	85	Russell Caffery	57	1049	6	23:59.1	7:44	6	24:08.5	7:47	48:07.6	7:46/M
7	110	Mark Theriot	55	710	8	25:08.6	8:06	7	24:32.2	7:55	49:40.8	8:01/M
8	115	Todd Prejean	56	232	7	24:53.2	8:02	8	25:01.0	8:04	49:54.3	8:03/M
9	155	Dale Garber	57	849	9	25:23.4	8:11	10	26:28.9	8:32	51:52.4	8:22/M
10	181	Ronald Girouard	55	110	10	26:07.9	8:25	11	27:18.4	8:48	53:26.3	8:37/M
11	226	Wayne Begnaud Jr	59	786	16	29:53.3	9:38	9	26:28.5	8:32	56:21.8	9:05/M
12	232	Richard Perkins	55	289	12	28:27.2	9:11	13	28:09.9	9:05	56:37.1	9:08/M
13	238	Anthony Venson	58	985	14	29:10.2	9:25	12	27:42.7	8:56	56:52.9	9:10/M
14	245	John Breaux	58	1043	11	28:00.8	9:02	14	29:20.1	9:28	57:20.9	9:15/M
15	263	Timothy Oubre	56	322	13	28:32.3	9:12	17	29:53.6	9:38	58:25.9	9:25/M
16	278	J D Morein	57	1123	15	29:51.2	9:38	15	29:32.0	9:32	59:23.2	9:35/M
17	291	Corey Vizinat	56	668	19	30:47.8	9:56	16	29:37.8	9:33	1:00:25.6	9:45/M
18	296	Richard Domas	58	654	18	30:06.5	9:43	19	31:19.9	10:06	1:01:26.5	9:55/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 55 to 59

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
19	308	Terry Ledet	56	281	20	30:49.2	9:56	20	31:38.2	10:12	1:02:27.4	10:04/M
20	311	Lamont Domingue	57	422	23	31:03.7	10:01	21	31:40.1	10:13	1:02:43.8	10:07/M
21	312	Dean Bidstrup	55	1191	25	31:35.8	10:11	18	31:11.1	10:04	1:02:46.9	10:07/M
22	325	Todd Fuselier	57	451	26	31:42.4	10:14	22	31:48.5	10:15	1:03:31.0	10:15/M
23	326	Rod Wimberley	59	1090	17	30:03.7	9:42	25	33:28.3	10:48	1:03:32.0	10:15/M
24	329	Kim Broussard	59	813	24	31:26.4	10:08	23	32:23.2	10:27	1:03:49.7	10:18/M
25	335	Troy Delahoussaye	56	581	22	30:52.5	9:57	26	33:41.6	10:52	1:04:34.2	10:25/M
26	336	Todd Delahoussaye	55	829	21	30:52.4	9:57	27	33:42.0	10:52	1:04:34.5	10:25/M
27	345	Raymond Frost	58	847	28	33:32.3	10:49	24	32:46.5	10:34	1:06:18.8	10:42/M
28	350	Dennis Almeida	55	720	27	32:36.3	10:31	28	34:09.1	11:01	1:06:45.5	10:46/M
29	372	Jay Conciencie	55	615	29	35:18.3	11:23	29	35:58.5	11:36	1:11:16.8	11:30/M
30	399	Michael Walz	57	285	30	39:15.6	12:40	30	38:30.0	12:25	1:17:45.7	12:32/M
31	418	Troy Sorbet	57	972	31	41:05.2	13:15	31	40:36.9	13:06	1:21:42.2	13:11/M
32	421	Patrick Landry	56	1135	32	42:35.1	13:44	32	44:08.3	14:14	1:26:43.4	13:59/M

#### Men 60 to 64

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	80	Acension Fierro	62	672	1	23:12.3	7:29	3	24:28.1	7:54	47:40.4	7:41/M
2	97	David Sorbet	60	970	3	24:54.3	8:02	1	24:03.5	7:45	48:57.9	7:54/M
3	108	James Pierret	63	446	2	24:05.1	7:46	5	25:27.9	8:13	49:33.1	8:00/M
4	124	John Hebert	62	869	9	26:11.7	8:27	2	24:19.5	7:51	50:31.2	8:09/M
5	148	Mitch Penn	60	94	7	26:10.6	8:26	4	25:23.8	8:11	51:34.4	8:19/M
6	150	Jimmy Bienvenu	61	1188	6	25:37.4	8:16	6	26:02.7	8:24	51:40.1	8:20/M
7	151	Stuart West	64	379	4	25:00.0	8:04	11	26:43.4	8:37	51:43.4	8:20/M
8	160	Paul Walters	63	990	5	25:33.8	8:15	12	26:44.8	8:37	52:18.6	8:26/M
9	166	Richard Delaune	60	374	8	26:11.5	8:27	9	26:38.7	8:35	52:50.3	8:31/M
10	168	Greg Gautreaux	64	1021	10	26:15.7	8:28	8	26:36.3	8:35	52:52.0	8:32/M
11	170	Louis Nix	64	154	11	26:16.3	8:28	10	26:40.5	8:36	52:56.8	8:32/M
12	175	Steven Domangue	64	158	13	27:05.7	8:44	7	26:12.5	8:27	53:18.3	8:36/M
13	203	Jose Villagomez	62	629	14	27:47.6	8:58	13	27:18.6	8:48	55:06.2	8:53/M
14	205	Buddy Howlett	60	87	12	26:23.4	8:31	17	28:52.5	9:19	55:16.0	8:55/M
15	225	Stephen Southgate	63	1144	16	28:15.5	9:07	14	28:06.2	9:04	56:21.7	9:05/M
16	233	David Lejeune	60	320	15	28:01.5	9:02	15	28:38.9	9:14	56:40.5	9:08/M
17	272	Ralph Baker Kearfott	64	884	17	29:15.4	9:26	18	29:44.7	9:35	59:00.2	9:31/M
18	287	Robert Schuler	63	650	19	31:41.2	10:13	16	28:39.7	9:15	1:00:20.9	9:44/M
19	299	Lynn Simon	63	963	18	30:08.7	9:43	19	31:22.0	10:07	1:01:30.7	9:55/M
20	338	Robert Faul	60	839	22	33:35.7	10:50	20	31:42.1	10:14	1:05:17.8	10:32/M
21	355	Joe Diliberto	61	506	20	32:26.8	10:28	21	34:45.7	11:13	1:07:12.5	10:50/M

\*Overall place within gender

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

Race Date  
November 10, 2018

### 10K Participants

#### Men 60 to 64

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
22	360	Kerry Behrens	64	787	21	33:16.6	10:44	22	35:07.0	11:20	1:08:23.6	11:02/M
23	380	Walter Camos	61	400	25	36:59.2	11:56	23	35:59.2	11:36	1:12:58.4	11:46/M
24	385	John Ray	61	603	23	35:43.1	11:31	25	38:03.3	12:16	1:13:46.5	11:54/M
25	390	Calvin Johnson	61	880	24	36:55.3	11:55	24	37:40.5	12:09	1:14:35.8	12:02/M
26	410	Manny Fuentes	62	619	26	38:45.1	12:30	26	40:52.3	13:11	1:19:37.4	12:50/M
27	422	Don Lachney	62	314	27	44:22.8	14:19	27	44:52.9	14:28	1:29:15.8	14:24/M

#### Men 65 to 69

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1	42	Michael Alexander	65	774	1	21:59.9	7:05	1	21:40.4	6:59	43:40.3	7:03/M
2	69	Manuel Ocampo	65	594	2	22:54.2	7:23	2	23:22.5	7:32	46:16.7	7:28/M
3	202	Joseph Ralph Roberson	65	950	3	27:17.1	8:48	3	27:41.7	8:56	54:58.8	8:52/M
4	217	Carl Miller	66	296	4	27:19.8	8:49	4	28:41.6	9:15	56:01.4	9:02/M
5	251	Jerry Richard	68	620	5	28:20.9	9:08	6	29:23.7	9:29	57:44.7	9:19/M
6	275	Randy Foreman	66	1178	6	30:30.8	9:50	5	28:44.5	9:16	59:15.3	9:33/M
7	339	Jules Gaudin	69	118	7	31:51.7	10:16	7	33:29.7	10:48	1:05:21.4	10:32/M
8	404	Glen Mire	69	490	9	38:26.7	12:24	8	40:05.2	12:56	1:18:32.0	12:40/M
9	411	Scott Lebleu	68	638	8	36:00.3	11:37	9	43:38.3	14:05	1:19:38.6	12:51/M
10	430	Richard Walsh	69	361	10	47:53.4	15:27	10	51:56.4	16:45	1:39:49.8	16:06/M

#### Male 70 to 74

Place	Place		Age	Bib No	-----5K Split -----			----- 10K -----			Total	
	Overall	Name			Rnk	Time	Pace	Rnk	Time	Pace	Time	Pace
1 *	68	Sherman Stanford	71	661	1	22:51.7	7:22	1	23:19.3	7:31	46:11.0	7:27/M
2 *	187	Jean Dugas	73	664	2	26:44.9	8:37	2	27:08.5	8:45	53:53.5	8:41/M
3 *	316	Patrick Leonard	73	134	3	31:37.7	10:12	4	31:17.5	10:05	1:02:55.2	10:09/M
4	318	Rob Guidry	71	485	6	33:53.7	10:56	3	29:10.8	9:25	1:03:04.5	10:10/M
5	343	Joe Caldwell	71	51	5	33:25.0	10:47	5	32:35.4	10:31	1:06:00.4	10:39/M
6	352	Mike Keating	71	312	4	31:54.5	10:17	6	35:12.9	11:21	1:07:07.5	10:50/M
7	370	Donald Richard	72	352	7	35:09.7	11:20	7	35:41.9	11:31	1:10:51.7	11:26/M
8	386	Tom Guidry	72	1110	9	37:27.9	12:05	8	36:21.0	11:44	1:13:49.0	11:54/M
9	389	Thomas Miller	71	600	8	36:39.2	11:49	9	37:51.9	12:13	1:14:31.1	12:01/M
10	429	Del Leblanc	75	356	10	47:53.4	15:27	10	51:43.5	16:41	1:39:36.9	16:04/M

\*Overall place within gender

Race Date  
November 10, 2018

# 2018 Geaux Run Cajun Cup 10K

## Age Group Results

### 10K Participants

#### Male 80 and over

<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Age</u>	<u>Bib No</u>	<u>Rnk</u>	<u>-----5K Split -----</u>		<u>Rnk</u>	<u>----- 10K -----</u>		<u>Total</u>	<u>Pace</u>
	<u>Overall</u>					<u>Time</u>	<u>Pace</u>		<u>Time</u>	<u>Pace</u>	<u>Time</u>	
1	393	Edmond Dugas	85	56	1	36:50.3	11:53	1	38:19.6	12:22	1:15:10.0	12:07/M

\*Overall place within gender